Healthy Living classes:
203 N Washington, Ste 300
910 W 5th Ave, Ste 100
803 S. Main, Moscow 83843
chas.org/healthy-living

Pharmacy Services:
338 6th St, Ste 101, Lewiston
medical/pharmacy/behavioral health

LA TAH community HEALTH clinics in Palouse/LC Valley
-1502 N Vercrel Rd 444-8204

Skin Cancer Foundation
skincancer.org 212-725-5176

CHAS Health 444-8200
203 N Washington, Ste 300
Spokane 99201 Billing: 444-7880
chas.org Fax: 444-8046
24/7 Nurse Advice Hotline:
866-418-1002

Nonprofit system of community clinics providing medical, dental, behavioral health, pregnancy and pharmacy services to people of all ages regardless of insurance status or ability to pay. Assist in enrolling patients in WA Apple Health and other marketplace insurance options. Bills private insurance or uses sliding fee scale based on income and household size.

SPOKANE CITY & COUNTY 444-8200
All of these locations offer medical, pharmacy, and behavioral health—unless otherwise noted:
5921 N Market, Spokane 3919 N Maple, Spokane 1001 W 2nd Ave, Spokane 817 S Perry, Ste B, Spokane 15812 E Indiana, Spokane Valley 15812 E Indiana, Ste 101, Spokane Valley 401 S Main St, Deer Park 99006–1720 2nd St, Cheney 99004 (medical and behavioral health)

URGENT Care Clinics
-Spokane Urgent Care-North, 5901 N Lidgerwood, Ste 126 434-1990
-Spokane Urgent Care - Valley 1502 N Vercrel Rd 444-8204

CLINICS IN PAUDE/LC VALLEY
-LATAH COMMUNITY Health 208-848-8300
803 S. Main, Moscow 83843 medical/pharmacy/behavioral health
-Lewis & Clark Valley 208-848-8300
338 6th St, Ste 101, Lewiston medical/pharmacy/behavioral health

OTHER Services:
-Healthcare for Homeless 444-8200
-Pharmacy Services 444-8200
-Healthy Living classes 444-8200
chas.org/healthy-living

CPR & First Aid Classes
Offers classes in the Spokane area. Call for specifics on class size, schedule, fees and age of participants.

ABC Training Center 534-0826
12310 E Mirabeau Parkway, Ste 100
American Red Cross 326-3330
redcross.org

CPR Safety Services 888-415-8870
-1104 W Wellesley Ave, B1
-9212 E Montgomery Rd, Ste 104
cpsafetyservice.com 638-8828

Health Training Network 638-8828
866-630-4033

MEDICWORKS Training Centre
28 W 3rd Ave, 99201
medicworks.org 954-6555
The Safety Center
1317 W Kiernan Ave thesafetycenter.us/first-aid-cpr-training/
Sheri’s First Aid/CPR Classes 995-4879
12308 E Broadway Ave, Ste 7
Spokane Valley sheris-americanheartcenter.pccraples.com

Spokane Valley Fire Dept 928-1700
St Luke’s Rehab 232-8138

Deer Park Family Care Clinic
905 E St dpfcc.com 466-5346
PO Box 1529, Deer Park 99006
Deer Park Family Care Clinic
905 E St dpfcc.com 466-5346
PO Box 1529, Deer Park 99006

Dental/Oral Hygiene

ASSOCIATED Dentists 326-5620
CHAS Dental Clinic chas.org
-3919 N Maple
-1001W 2nd Ave
-1720 2nd St, Cheney
-401 S Main St, Deer Park
-Lewis & Clark Dental Clinic, 844 6th St, Clarkston 208-848-8300

EWU Dental Hygiene Clinic
310 N Riverpoint Blvd 828-1300
Spokane 99202 ewu.xray@ewu.edu ewu.edu/cshp/programs/dental-hygine/patient-information

FAMILY Medical Center
1120 W Rose St 525-0247
Walla Walla 99362 ywlc.com

HERITAGE Health Dental
1090 W Park Pl 208-292-0697
Coeur d’Alene 83814 myheritagehealth.org Fax: 292-0337

THE NATIVE PROJECT Dental Clinic
1803 W Maxwell, 99201
NativeProject.org 483-7535

NE Washington Dental Clinics
-Cowlitz Community Dental Clinic 684-1440
370 N Main, 99114 Fax: 684-1277
-Lake Spokane Community 464-0002
Dental Clinic Fax: 464-2378
-952 Blackstone Way, Ste 100
Nine Mile Falls 99026
-Springle Valley 258-7543
Dental Clinic Fax: 258-7524

Riverside Dental Clinic 292-2211

434705 N Newport Hwy, Ste A
Chattaroy 99003 riversidemdc.com Weekdays and 9 - noon, Sat. Accepts medical coupons and insurance.

SE Washington Dental Partnership
-310 Main St 332-6752
Colfax 99111

Pullman 397-6280
-Pomeroy: 121 S Tenth St
PO Box 130, 99347 843-3412

Spokane District Dental Society
23403 E Mission Ave, Ste 218
Liberry Lake 99019 838-0436
spokaneditalsociety.org

UNIFY COMMUNITY HEALTH, Mission Ave Dental Clinic 326-3832
UNIFY Community Health, Northeast 326-3832

WA Dental Refferal 800-800-1850
WA Denturists Assn 800-680-9255
Outside of WA 360-657-1940
wadenturist.com

WA STATE Dental Outreach Program 458-2509

Donor Organ/Marrow
DONATE LIFE American
donatelife.net 804-377-3580
Life Center Northwest
lcsw.org 877-275-5269
National Marrow Donor Program - Be The Match Registry bethematch.org 800-672-7692

East Adams Rural Hospital
Adams County Public Hospital District #2 903 S Adams St 659-1200

Ritzville Clinic 659-1200
903 South Adams
-Washtucna Clinic 646-3290
545 SE Church

Empire Health Foundation
1020 W Riverside, Spokane 99201
PO Box 244, Spokane 99210
tristen@imperielhealthfoundation.org

Kiana McKenna 315-1323
Receptionist: Tristen Canfield
Invests in ideas and organizations that improve access, education, research, public policy and wellness to improve overall health to the regions residents.

Family Medical Center 525-6650
1120 W Rose St Dental: 525-0247
Walla Walla 99362 ywlwc.com
Clinic Dir: Matthew Davy
Serves the families of the Walla Walla area with medical, dental, Nutrition Services/WIC, adolescent counseling and more in an up-to-date clinic.

Ferry County Memorial Hospital
Ferry County Public Hospital District 36 Klondike Rd 775-3333
Republic 99166 lcpdho.org
-Republican Medical Clinic 775-3153
10 Ros Circle, 99166

At Heritage Health we are committed to providing the highest quality, culturally sensitive, coordinated health care and social services to every patient, regardless of their ability to pay.

Primary Care | Dental | Psychiatric | Counseling | Pediatrics | Post-Acute Care

- Accepting New Patients -
(208) 620-5250

myHeritageHealth.org

Heritage Health Healthcare from the Heart
General Information: (509) 324-1500
Toll Free: 1 (888) 535-0597
TDD: (509) 324-1454

1101 West College Avenue, Spokane, WA 99201-2095

Administration
Health Officer, Administrator ........................................... 324-1501
Finance ........................................................................... 324-1511
Client Services (billing) ...................................................... 324-1691
Human Resources .............................................................. 324-1558
Job Line ........................................................................ 324-1506
Vital Records (birth and death certificates) ...................... 324-1601

Community & Family Services
Dental/Oral Health (ABCDF/ABCD/E) ............................ 324-1478
Early Intervention Program ............................................ 324-1696
Infant Toddler Network - Birth to 3 Program .................. 324-1651
Neighborhoods Matter/Weaving Bright Futures .............. 324-1650
Nurse Family Partnership ................................................ 324-1621

Disease Prevention & Response
Data Center ................................................................... 323-2853
Communicable Disease Epidemiology ............................ 324-1442
HIV/AIDS, STDs .............................................................. 324-1542
Immunization Outreach/Vaccine Accountability ................ 324-1611
Public Health Emergency Preparedness & Response ....... 324-1442

Environmental Public Health (324-1560)
Animal-Carried Diseases (including animal bites) .............. Est. 7
Food Safety (restaurants) .................................................... Est. 2
Food Worker Cards .......................................................... Est. 8
Liquid Waste (septic systems) ........................................... Est. 1
School Safety Program ..................................................... Est. 4
Solid Waste (inspections and complaints) ......................... Est. 3
Water Recreation (public pool/spa inspections) ................. Est. 4
Environmental Resources: Land Use, Enviroserts, Site Hazard Assessment, Water Well Drilling ...... 324-1560

Health Promotion
Breast Cervical & Colon Health/SNAP-Ed ......................... 324-1553
Healthy Communities ...................................................... 324-1530
WIC (Women, Infants & Children Nutrition) ..................... 324-1620

Treatment Services
Opioid Treatment Program .............................................. 324-1420
Tuberculosis ................................................................. 324-1613

Always working for a safer and healthier community
Complete health care services regardless of ability to pay

- Medical, dental, and behavioral health
- Nutrition services
- Pharmacy services for clinic patients
- Services for children and adults
- Same-day appointments available
- Medicaid and private insurance accepted

Unify Community Health

Three Spokane locations to serve you:

Northeast: 4001 North Cook Street (509) 483-3427
Mission Avenue: 120 West Mission Avenue (509) 326-4343
West Central: 1603 North Belt Street (509) 327-4646

Call for an appointment today.

www.yvfwc.com/I/unify-community-health
Spokane 99207  Dental 326-4382
- UNIFY COMMUNITY HEALTH - WEST CENTRAL  327-4646
1603 N Belt St  Fax: 327-7209

University of Washington - School of Medicine
carolw7@uw.edu  washington.edu/spokane/medical-school/

US Health Medical Clinics
ushealthworks.com
Urgent care, work injuries and employment listing. Discounts for cash for uninsured clients.
Hrs: 8-7, M-F; 9-5, Sat; 10-5 Sun.
Clinics locations at:
- 9222 N Newport Hwy, Ste 1  467-4545
- 2005 E 29th Ave  747-0770
- 15425 E Mission  924-7010

Vision/Eye Clinics
LIONS LOW VISION CLINIC  484-4259
4001 N Cook St, Spokane 99207
MULTICARE ROCKWOOD EYE AND OPTICAL CENTER  multicare.org
-DOWNTOWN CENTER  342-3870
400 E 5th Ave, Ste 2 N, 99202
-NORTHPOINTE  342-3010
605 E Holland, Ste 200, 99218
SPokane EYE Clinic  456-8121
spokaneeye.com  800-824-0664
Outside of WA  800-523-1384
South Clinic  456-0107
427 S Bernard, 99204
North Clinic  489-1270
31 E Central, 99207
Valley Clinic  924-7271
16201 E Indiana, Ste 5000, 99216

WA Assn of Community & Migrant Health Centers
101 Capitol Way N, Ste 201
Olympia 98501  360-786-9722
staff@wacmhc.org  wacmhc.org
Advocates for low-income, uninsured and under-served populations of WA state served by community health centers.
Services in Spokane at CHAS, NATIVE Project and Yakima Valley Family Wellness Centers.

Washington Rural Health Assn
PO Box 882  489-4641
Spokane 99210  wria.com
Rural health services & advocacy.

Whitman Hospital & Medical Center
TDD/TDY 397-2379
1200 W Fairview  397-3435
Collfax 99111  whitmanhospital.com

WSU Health Sciences
POB 1495, 99210  324-7360
Shipping: 412 E Spokane Falls Blvd
Spokane 99202  Fax: 324-7341
spokane.wsu.edu

Women's Health
Healthy Woman
Welks@EmpireHealth.org  womenshealth.gov
BecAuse tHere iS Hope
beth@becausethereishope.org  becausethereishope.org
Temporary charitable housing to patients touched by cancer.

- Faye's House-BecAuse there iS Hope  258-6851
7594 Hwy 291, Ford 99013
- Melody's House of Hope  4711 N Maple, 99205  939-9672
BEYOND PINK  863-7776
PO Box 30895 Spokane 99223
info@beyondpink.net  BeyondPink.net
Teaches about thermography and provides opportunity and funds for certified breast exams.

BEAST & CERVICAL HEALTH
srhd.org  888-461-8876
EVERY WOMAN CAN  315-5940
915 W 2nd Ave, Ste 2
Spokane 99201  everywomancan.org
give@everywomancan.org
Provides breast cancer awareness, education and funding.

MULTICARE ROCKWOOD  multicare.org
-CANCER AND BLOOD SPECIALTY CTR
DOWNTOWN SPOKANE  755-5800
Deaconess Health & Education Ctr, 910 W 5th Ave, Ste 700
Spokane 99204  Fax: 755-5845
NORTH SPOKANE  724-4440
309 E Farwell Rd, Ste 100
Spokane 99218  Fax: 459-1343

MULTICARE ROCKWOOD  multicare.org
-BREAST HEALTH CTR
12410 E Sinto Ave, Ste 105
Spokane Valley 99216  755-5801
Fax: 343-0157

-OB/GYN and MIDWIFERY CENTER
Deaconess Health and Education Center, 910 W Fifth Ave, Ste: 300
Spokane 99204  755-5205
Fax: 755-6580

Lauren Armstrong, Kathleen Bentley, Valerie Elwert, Renata Gruber, Nita Kofpchock, & Leanne Zilar
Menopause care, breast and cervical program, and management of common illnesses.

- WOMEN'S HEART CLINIC
1414 N Houk Rd, Ste 104
Spokane Valley 99216  755-5500
Fax: 755-6580

NATIVE PROJECT  483-7535
PLANNED PARENTHOOD  866-904-7721
1117 Tieton Dr, Yakima 98902
plannedparenthood.org/ppgwni/

-DOWNTOWN SPOKANE
123 E Indiana Ave, 99207
- SPOKANE VALLEY HEALTH CENTER
12104 E Main St, 99206
-PULLMAN HEALTH CENTER
1525 SE King Dr, 99163
-WALLA WALLA HEALTH CENTER
828 S First Ave, 99362

Providence
washington.providence.org
-BREAST CANCER SUPPORT GROUPS
PROVIDENCE REGIONAL CANCER CENTER  474-5490

-WOMEN'S SVCS
474-2400
101 W 8th Ave, Spokane 99204
Inpatient and outpatient programs. Osteoporosis and other screenings. Includes mammography and education.

WHITMAN COUNTY PUBLIC HEALTH
310 N Main St, Colfax 99111