Mental Health & Counseling Services

Adams County Integrated Health Care Service - Behavioral Health Services 488-4074

Affordable Counseling-Survivor Support Services 9507 N Division, Ste G 484-4021 Holland Bldg, Spokane 99218 
survivorsupportservices@msn.com Counselor: Rich Paulson, BS, MBA, M.Ed Provides Christian and secular affordable counseling for or in free workshops for individuals, couples and families.

AMEND Center 208-665-2432 
520 Government Way, Cda 83814 
highland@icehouse.net 
amendcenter.com Fax: 655-2433 Educational treatment and support center for men and people in their lives. Domestic violence/batterer treatment and support services offered for men participating voluntarily or under court order.

Catholic Charities Counseling Program 242-2308 
Rising Strong, 1960 N Holy Names Ct Spokane 99224 
cc easternwa.org Offers therapy using evidence based practices to adults and teens insured by Medicaid.

Center for Counseling Services 105 Pine St 208-265-2271 Sandpoint 83864 Fax: 946-7854 marinaeritderphd.com 
Marina Ferrier, PhD

Center for Family Development 1404 E 11th Ave 744-1117 Spokane 99202 
cfdspokane.com Offers mental health services for children, adolescents and adults promoting healthy families through decreasing the impact of stress and build and nurture healthy relationships.

Community Health Plan of WA 
chpw.org For Members/Mental Health Resources Access to providers, crisis help lines, local support groups, and information on managing mental health and substance use conditions. These tools aim to improve access to care and encourage more people to get treatment.

DSHS Behavioral Health Org 
Spokane County Regional Behavioral Health Organization 312 W 8th Ave 477-5722 Spokane 99204 800-273-5868 spokane county.org/250/Need-Treatment-for-You-Or-Your-Family Helps select a network of dedicated and caring providers who will help people find treatment.

Greater COLUMBIA BHO 101 N Edison St 735-8681 Kennewick 99336 gcboh.com 800-795-9296 
Greater COLUMBIA Behavioral Health RSN 800-257-066 Benton Franklin Dispute Resolution Center, 5219 W Clearwater, Ste 11 Kennewick 99336

Eastern State Hospital (DSHS) 850 W Maple St 565-4352 PO Box 800, Medical Lake 99022

Fairchild AFB Family Advocacy Mental Health 247-2687/2731 
701 Hospital Lp, Fairchild AFB 99011 
fairchildfamilysupport.org 
New Parent Support Program for pregnancy-age 3; Exceptional Family Member offers medical/ special education services, identities families with special needs. Offers alcohol and drug abuse prevention and treatment.

Family Essentials 892-1100 
721 N Pines Rd 
Spokane Valley 99206 
familysessentials@counseling.com 
Offering individual, marriage, parenting and family counseling.

Fresh Hope freshhope.us 
Ledgerwood Presbyterian 4449 N Neva ko, Spokane 99207 waynediebel@gmail.com 981-6047 
Dir: Wayne Diebel Fresh Hope On FB Church Christian Support Group for those with mental health challenges and their loved ones. meets at 7pm, Th.

LEVIston 83501 208-743-3000 
CrossPoint Alliance, 1330 Powers 
terrybrentnats@gmail.com 7pm, M

Frontier Behavioral Health 107 S Division St 838-4651 
Spokane 99202 TTY 624-0004 
fbha.org Fax: 458-7456 
Services include 24-hour crisis intervention services, Involuntary Treatment Act evaluations, medication management for adults and youth, psychological assessment services, adult recovery services, and mental health counseling and case management. Additional programs include: Homeless Outreach, Health Homes and Care Transitions, the US Department of Agriculture’s Childhood Adult Care Food Program & Mental Health First Aid training.

Kootenai Behavioral Health c/o Kootenai Medical Center 3202 Kootenai Hwy 208-665-4800 
Kootenai 83814 
Coeur d’Alene 981-6047

EVERGREEN CLUB TDD 624-0004 
2102 E Sprague, 99202 458-7454 
An accredited member of Clubhouse International. Helps members who are enrolled in behavioral healthcare services pursue vocational and rehabilitation goals.

First CALL for HELP 838-4428 
Telephone intervention and access to mental health professionals and community resources 24-hours a day.

Genesis Institute, Inc 1220 N Howard St 467-7913 
Spokane 99201 Fax: 467-0344 
gi@genesisinstitute.org 
David Hutchins, Linda Depew, Crystal Specht, Dennis Roach, Todd Patrick, Amanda Fuchs, Katrina Mason, Lynnette Palmer; Admin: Denise Sloan, Amy Cutler, Cathy Hutchins Biblically-based Counseling for individuals, families and couples. Classes for parents of adolescents children. Training & mentoring classes.

Heritage Health Psychiatric Service Dept 208-620-5210 
2025 W Park Pl, Ste B, Coeur d’Alene 83814 
myheritagehealth.com Offers a variety of services in psychiatry and psychotherapy.

Mental Health Services Idaho Dept of Health & Welfare - Behavioral Health Svcs healthandwelfare.idaho.gov 
Region 1: Crisis Line 888-769-1405 
- COEUR D’ALENE 208-769-1406 
Kootenai Bldg, 2195 Ironwood Ct 83814 After hrs crisis line 888-769-1405 
-KELLOGG 208-784-1352 x 217 
-SANDPOINT/PONDERAY 208-265-4535 
Region 2: 
- GRANGEVILLE 208-983-2300 
- LEWISTON 208-799-4440 
- MOSCOW 208-882-0562

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Spokane 99202 TTY 624-0004 
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CRISIS RESPONSE Services 838-4651 
Telephone intervention, mobile outreach and Involuntary Treatment Act services 24-hours a day to individuals of all ages.

We Can Help CALL 509.838.4651 
Know someone experiencing a crisis? Needing help? Needing information?

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121 S. Perry St. - Spokane, WA 99202 - 509.515.1813
multicare.org Fax: 459-1335
Treats children, families and adults for a multitude of mental health conditions: individual, couples, and family counseling; depression, grief, and loss; learning disabilities, stress and anxiety management; eating disorders, weight loss and body image issues; coping with physical illness, mental illness and developmental disorders.

NAMI - National Alliance on Mental Illness 838-5515
10 N Post St, Rm 638, Spokane 99201 office@namispokane.org namispokane.org
Volunteer program helping people affected by mental illness by providing and promoting education, support and advocacy.
-LATAH AllIANCE ON MENTAL ILLNESS info@latah-idaho.org latah-idaho.org Jane Pritchett 208-882-7743
-NAMI Far North 208-597-2047 Bonner General Hospital Classroom, Third Ave & Alder St PO Box 2415, Sandpoint 83864 namifarnorth.org
-Coeur d’Alene cdanami.org namica@gmail.com

NE Washington Alliance Counseling Services
E 301 Clay Ave, #201 935-4808
Chelewah 99109 165 E Hawthorne Ave Colville 99114 684-4597
columbia.wa.us/counseling/
Diagnosis and treatment center provides mental healthcare and chemical dependency treatment services for children to adults.

NW Family Advocates
319 W Hasting Rd, Ste A110 Spokane 99218 326-8875
nwfamilyadvocates.org
A ministry to families, individuals and youth. Provides counseling, mentoring and coaching to help people reach their life goals. Specializes in parenting and working with families at risk.

Panic Disorder
301-443-4513
nih.gov 866-615-NIMH (6464)
nimhinfo.nih.gov TTY 301-443-8015

Palouse River Counseling
340 NE Maple 334-1133
Pullman 99163 Fax: 332-1608
palouserivercounseling.org
Treats patients with depression, anxiety, alcoholism & drug dependence. Creates targeted treatment plans for patients with developmental disabilities, childhood and family problems, and geriatrics.

-Harvest House 334-6873
400 NE Maiden Ln, Pullman 99163
harvesthouse_pr@yahoocom
Psycho-social rehab for those with severe, persistent mental illness.

Providence RISE Program
235 E Rowan, Ste 107 252-6446
Spokane 99207 Fax: 252-6490
washington.providence.org
Behavioral Health outpatient program for adolescents and adults. Health concerns who are at risk for inpatient hospitalization or are being discharged in the traditional outpatient setting.

Providence Sacred Heart Medical Center & Children’s Hospital
474-3131
101 W 8th Ave, Spokane 99204
Future location: 5th & Browne
washington.providence.org
New inpatient and emergency psychiatric care hospital opening in fall 2018 with 100 beds for seeking short-term hospital care for mental health illness, personality disorder and substance abuse, serving adults 18-55. Will offer observation, stabilization and symptom management.

Quality Behavioral Health
900 7th St, Clarkston 99403
843-3341
GARFIELD CNY Health Services
856 Main St
Pomeroy 99347
Classes on substance abuse disorder, child/adolescent services, adult counseling, crisis services, mental health, first aid, psychiatric services, community sexual assault, domestic violence services, and alcohol and drugs.

Dr Ray Wm. Smith, LMHC
9507 N Division, Ste A 466-6632
Spokane 99218 Fax: 466-0117
RaySmith@healthyCounselingCenter.com
healthyCounselingCenter.com
Healthy Counseling Center: Ray Wm. Smith, EdD, DMb; Holly Meginniss, MSW; Patrice Codd, ARNP; Kurt Leonard, MSW; Meghan Anderson, LMHC Pastoral counseling for relationships. Psych med management. Spanish speaking psychotherapy. Mental health problems.

SEER (Supported Education & Employment Enhancing Rehabilitation) - SCC
279-6033
scspokane.org
SEERprogram on FB 279-6055
Provides support through education and employment that helps individuals recovering from psychiatric disabilities prepare for, gain access to, and sustain participation in post-secondary education and vocational opportunities.

Spokane Fire Department Behavioral Response Unit
my.spokeancity.org/fire/operations 911
Partners with Frontier Behavioral Health to offer care and resources that individuals need suffering from behavioral issues as alternative to hospital care.

Suicide & Mental Crisis Hotlines
ADAMS COUNTY (24 hour)
Ritzville, Lind, Waitschutna 695-4357
Asotin-Garfield Crisis Line - Quality Behavioral Health - Clarkston 758-3341 - Pomeroy 843-3791
After Hours Counselors - Clarkston 758-4665 - Pomeroy 843-3791
Crisis After Hours 888-475-5665
American Foundation for Suicide Prevention asp.org
Info (non-crisis line) 888-333-2377
Crisis Text Line crisisline.org
24/7 Text “HOME” to 41741
Faithful For Life failedafortlife.org
PO Box 28955, Spokane 99228 svotava@failedafortlife.org 475-7344
Works to end suicide in Spokane.
First Call For Help 838-4428
24 hr Resources 877-678-4428
Helpline (Walla Walla) 522-3377
info@helplinewsw.org
Idaho Suicide Prevention Hotline 208-398-3457
(often text 3pm to midnight, M-F)
Lifeline Crisis Chat chat.suicidepreventionlifeline.org
National Suicide Hotlines - National Grad Crisis Line 800-472-3457
-National Hopeline Network 800-SUICIDE
-National Suicide Prevention 800-273-TALK (8255)
TTY 800-799-4771
suicidepreventionlifeline.org
Northeast Washington Alliance Counseling Services
684-4597
After hours 888-380-6823
TTY 877-485-6212
Ferry, Pend Oreille, Stevens
PEND ORB COUNTY MENTAL HEALTH After hours crises Services 866-847-8540
QPR Institute - Suicide Prevention Training 888-726-7926
qprinstitute.com
The Palouse Regional Crisis Line 332-1505
Washington State Mental Health Crisis Lines - Suicide Prevention Services 800-273-Talk (8255)
TTY 800-799-4771-4774
808 W Spokane Falls Blvd, 99201 eracoshrc@spokane.org
my.spokeancity.org/bcc/commissions/spokane-human-rights-commission/
Sunshine Terrace
1102 S Raymond Rd 892-4342
Spokane Valley 99206 shine.org Provides long-term living opportunities for people with mental health disabilities in a home-like environment. Offers a variety of treatment to residents. Provides 128 beds, as a boarding house with independent living options.

The Big Table 979-1005
1023 W Riverside, Ste 201, 99201 PO Box 141510 big-table.com
Spokane Valley 99214 information@big-table.com
Kevin Finch, Jill Lemon, Laura Lympus, Chris Delz, Annee Compagno
Seeks to live the lives of those working in the restaurant and hospitality industry transformed by building community around shared meals and caring for those in crisis, transition, or falling through the cracks.

Trinity Group Homes of St Vincent de Paul 208-667-9607
PO Box 1861, Coeur d’Alene 83816 trinitygrouphomes.org
Clark Richman Fax: 765-2732
Provides adults experiencing severe, persistent mental illness with safe, affordable housing in 32 units. Offers a caring, community-supportive environment. Teaches them life skills.

Volunteers of America/ Kiemle & Hagood info@khco.org
Affordable housing for chronically mentally-ill adults with comprehensive case management and 24-hour staff supervision. Managed by Kiemle & Hagood. voaspokane.org/housing
Applewood Apts 534-6562
4403 E 8th Ave Spokane Valley 99212
Country Heights Apts 6709 N Country Homes Blvd Spokane 99028 327-7132
Trent Terrace Apts 12462 E Broadway Ave Spokane Valley 99216 927-8102
Washington State Psychological Association 206-547-4220
9 S Washington, Ste 201 Spokane 99201 wspapsych.org
Psychologically Healthy Workplace Award apxeceelence.org

WSU Psychology Clinic
Johnson Tower 362 335-3587
P.O.Box 644820, Pullman 99164 psychologyclinic.wsu.edu
Nonprofit community mental health center operated by the WSU Dept of Psychology.