

Medical & Dental Care

Adams County Health Dept
108 W Main 659-3315
Ritzville 99169 [co.adams.wa.us/
departments/health.asp](http://co.adams.wa.us/departments/health.asp)

Adams Cnty Public Hospital District
c/o East Adams Rural Hospital
903 S Adams St 659-1200
Ritzville 99169 earh.com
Lind Clinic 677-8116
Ritzville Clinic 659-1200
Washtucna Clinic 646-3290

Benewah Medical Center
PO Box 388 208-686-1931
1115 B St 800-325-7371
Plummer ID 83851 bmcwc.com

Adventist Community & Medical Services
BETTER LIVING CENTER 325-1258
15 E North Foothills Dr, 99207
PO Box 48124, Spokane 99205
TOTAL HEALTH PHYSICIAN GROUP CMTY
HEALTH CARE OF THE PALOUSE
619 S Washington, Ste 203
Moscow ID 83843 208-892-8306
1256 SE Bishop Blvd, Ste 1
Pullman 99163 Robert Spady MD
totalhealthphysicians.com

Bonner General Hospital
520 N 3rd Ave 208-263-1441
PO Box 1448, Sandpoint 83864
bonnergen.org
Social Services 208-686-3201

Bonner Partners in Care Clinic
1020 Michigan St 208-255-9099
Sandpoint ID 83864 Fax: 263-6963
bonnerpartnercareclinic.org
Catherine Perusse bpidd@nctv.com
Volunteer doctors, practitioners
and others provide health care to
residents who have no medical
insurance and meet eligibility
criteria. Clinics T & Th.

Boundary Community Hospital
7402 Caribou, Bonners Ferry 83805
boundaryhospital.org 208-267-3141
Social Services 208-263-1441

Boundary Regional Community Health Center 208-267-1718
6635 Comanche St Fax: 267-9197
PO Box Q, Bonners Ferry 83805
Comprehensive medical, dental,
behavioral health to rural areas.
Serves 1,500+ patients a month
regardless of health-insurance.

Brain, Sleep, and Nervous System Disorders/Health
ALZHEIMER'S ASSN INLAND NW 473-3390
910 W 5th Ave, Ste 256, Spokane 99204
joel.loiacono@alz.org Fax: 473-3389
alz.org/inlandnorthwest

Exec Dir: Mark Havens
Educates and advocates on
Alzheimer's disease and related
dementia. Information and referral
services to patients and families in
16 E WA and 9 N ID counties.
AMERICAN HEART/STROKE 536-1500
140 S Arthur, Ste 610, Spokane 99201
DEACONESS SLEEP LAB 473-7750
EPILEPSY FOUNDATION NW 325-1128
315 W Mission, Ste 21
Spokane 99201 epilepsynw.org
NATIONAL HEADACHE FOUNDATION
888-643-5552

NATIONAL SLEEP FOUNDATION
sleepfoundation.org 202-347-3471
NATIONAL SPINAL CORD INJURY ASSN
spinalcord.org 800-962-9629
NATIONAL STROKE ASSN 800-787-4535
NEUROPATHY ASSN
neuropathy.org 800-247-6968
PROVIDENCE EPILEPSY CENTER 479-6650
PROVIDENCE SACRED HEART
NEUROSCIENCE & SPINE CNTR 474-4567
PROVIDENCE STROKE & TIA CENTER
474-2894
SEIZURE EDUCATION & RESOURCE CENTER
315 W Mission, Ste 19, 99207
seizuresite.org/spokaneinfo.html 315-8848
SLEEP & PERFORMANCE RESEARCH
CENTER (WSU-SPOKANE) 358-7750
SLEEP INSTITUTE OF SPOKANE 474-4895
getzzzz.com
SLEEP DISORDERS CENTER-PROVIDENCE
HOLY FAMILY HOSPITAL 482-2116

Cancer Support/Treatment
AMERICAN CANCER SOC 455-3440 x3
AMERICAN PROSTATE SOCIETY
ameripros.org 800-308-1106
CANCER CARE NW 228-1300
5105 E 3rd, Spokane Valley 99212
Admin: Pam Goforth 866-696-3149
cancercarenorthwest.com
DOWNTOWN 228-1600
910 W 5th Ave., Ste 102 & 130
SOUTH HILL 228-1000
601 S Sherman 800-866-9809
NORTH SIDE 228-1400
605 E Holland, Ste 100 800-784-1873
SPOKANE VALLEY 228-1200
12615 E Mission, Ste 200
RITZVILLE 228-1000
903 South Adams, 99169
COLVILLE 228-1400
143 Garden Homes Dr, 99114
CHEWELAH 410 East King 228-1400
DAVENPORT 228-1400
100 Third St, Ste 1, 99122
Newport 228-1400
Newport Hospital, 714 W Pine St, 99156
CANCER PATIENT CARE 456-0446
1507 E Sprague, Spokane 99202
cliff@cancerpatientcare.org
cancerpatientcare.org
Exec Dir: Cliff Evans, SFO, MA
CANCER RESPONSE HELPLINE 800-227-2340
LEUKEMIA & LYMPHOMA SOCIETY
leukemia.org 800-955-4572
POSITIVE IMAGE CENTER 474-5490

Healthcare for the
Whole Family

CHAS serves all of the Inland Northwest!

- Medical
- Dental
- Pharmacy
- Mental Health
- OB/GYN
- Prenatal and more



INSURED | UNINSURED | MEDICARE & MEDICAID

Visit us at any of
our clinics throughout
Spokane County and the
Lewis-Clark Valley.

509.444.8200
chas.org



PROVIDENCE REGIONAL CANCER CENTER
 474-5490 800-228-6618
 ROCKWOOD CANCER TREATMENT 838-2531
 SKIN CANCER FOUNDATION
skincancer.com 800-754-6490
 WELLBEING INSTITUTE 800-422-6237

CHAS - Community Health Assn of Spokane 444-8888
 203 N Washington, Ste 300
 Spokane 99201 **Billing: 444-788**
chas.org Fax: 444-7806

Nonprofit system of community clinics providing medical and dental health care to families and individuals of all ages, regardless of insurance status. Enrolls patients in Health Options, Basic Health Plan, First Steps, Medicare, Medicaid; bills private insurance, or uses a sliding-fee scale based on income for uninsured patients. Locations:
 9227 E Main - medical 434-0313
 5921 N Market - medical 487-1604
 3919 N Maple - medical 444-7801
 1001W 2nd Ave - medical 444-8200
 3919 N Maple - dental 242-1824
 1001W 2nd Ave -dental 434-0308
 924 S Pines, 99206 434-0313
 Lewis & Clark Health Cntr 208-848-8300
 North Country Clinic 434-0292

OTHER SERVICES:
 Healthcare for Homeless 444-8200
 Pharmacy Services 343-1116
 Patient Billing Info 444-7880

Christ Clinic 325-0393
 914 W Carlisle, Spokane 99205
admin@christclinic.org Fax: 325-7209
 Brenda Dasovich christclinic.org
 Christian centered Nonprofit medical clinic care for low-income persons with limited or no medical insurance.

Community Health Education & Resources - CHER 232-8138
 INHS, 601 W 1st, Spokane 99201
 POB 469, 99210 cherspokane.org
 Comprehensive community health education, classes on childbirth, family health, stop smoking, nutrition, baby-sitter safety, CPR, and diabetes. Many are free. Class schedule and registration on web.

CPR & First Aid Classes
 Offers classes in the Spokane area. Call for specifics as to class size, schedule, fees, and age of participants.

ABC TRAINING CENTER 534-0826
 12310 E Mirabeau Parkway, Ste 100
AMERICAN RED CROSS 326-3330 x210
spokaneredcross.org
COMMUNITY HEALTH EDUCATION RESOURCES (CHER) 232-8138
DABOT TRAINING CENTER 879-1368
HEALTH TRAINING NETWORK 242-4264
 866-630-4033
INLAND EMPIRE EMS TRAINING COUNCIL 242-4264
SPOKANE FIRE DEPT 625-7061
SPOKANE VALLEY FIRE DEPT 924-3750
ST LUKE'S REHAB 232-8138

Deaconess Medical Center
 800 W Fifth Ave, 99204 458-5800
deaconessmedicalcenter.org
 Acute-care hospital in downtown Spokane. Identified as one of the top heart hospitals. Chemical Dependency Unit.

Deer Park Family Care Clinic
 905 E D St 466-5346
 Deer Park 99006 Sliding fee scale.

Dental/Oral Hygiene Care
ADAMS ORAL HEALTH 659-3317

ASSOCIATED DENTISTS 326-5620
BRIGHT NOW DENTAL CLINIC
brightnow.com 464-2001
CHAS DENTAL CLINIC 242-1824
DENTAL REFERRALS 489-2266
DIRNE EMERGENCY DENTAL CLINIC & PEDIATRIC DENTAL 208-292-0697
EWU DENTAL HYGIENE CLINIC 368-6510
 310 N Riverpoint Blvd, Box E, Spokane 99202 Leila Al-Tassan
ewuxrays@ewu.edu
ewu.edu/cshel/programs/dental-hygiene/dental-patients.xml
GRINS & GIGGLES 928-4746
 500 S Stone, Spokane 99202
dentalgrinsandgiggles.com
 50% off for patients without insurance.
KOOL SMILES 590-2421
NE WASHINGTON DENTAL CLINICS
 -Colville Community Dental Clinic 370 N Main 684-1440
 Colville 99114 800-948-3049
 -Lake Spokane Community Dental Clinic 5952 Blackstone Way, Ste 100 Nine Mile Falls 99026 464-0002
 -Springdale Community Dental Clinic 105 N Second 258-7543
 PO Box 429 877-345-6193
 Springdale 99173
SE WASHINGTON DENTAL PARTNERSHIP
 N 310 Main St, Pullman 332-6752
 Colfax 99111 397-6280
SPOKANE DENTAL SOCIETY 838-0436
 202 E Pacific Ave, 99202
SPOKANE FALLS FAMILY DENTAL CLINIC 326-4382
WA DENTAL REFERRAL 800-800-1850
WA DENTURISTS ASSN 800-680-9255
 Outside of WA 360-657-1940

wadventurist.com
WSSDA OUTREACH PROGRAM (ALTCEW) 458-2509

Dirne Health Center
 1800 Lincoln Way, Ste 202
 Coeur d'Alene 83814 208-292-0292
dhcidaho.org Fax: 292-0705
 CEO: Tiffany David 208-292-0255
 Medical, dental and mental health services, regardless of income or insurance. Sliding scale and payment plans for uninsured.
 Dental Clinic 208-292-0697

Family Medicine Spokane
 104 W 5th, Ste 200W
 Spokane 99204 624-2313
info@fammedspokane.org
fammedspokane.org

Family Health Hotline (WA)
hmhbwa.org 800-322-2588
 Information/referrals on children, maternal health family planning child care and smoking cessation. Eligibility screenings for children, maternity, family planning. Take Charge medical benefits, WIC and Basic Food.

Ferry Cnty Public Hospital District 775-3333
 c/o Ferry County Memorial Hospital 36 Klondike Rd, Republic 99166
fcphd.org TDD/TTY 775-2345
 Curlew Medical Clinic 779-4049
 Republic Medical Clinic 775-3153

Spokane's Medisoft Patient Accounting Software Dealer!

FOCUS Medical Business Solutions
 Bob Morlon - Spokane WA (509) 624-6505 bob@focusmed.com

Medisoft is the best value in physician practice management solutions! Heighten productivity & efficiency & improve cash flow.

Providing local cancer patients a safety net of vital support for more than 50 years.

Cancer Patient Care
a fighting chance

Income-based assistance for those who qualify:
 • Utilities
 • Gas combustion power
 • Groceries
 • Prescriptions


Essential support and resources for all who battle cancer in our community and region.

For help or to give support visit cancerpatientcare.org or call (509) 456-0446 Toll Free 1 (866) 696-3149




EWU Dental Hygiene Clinics Provide Low Cost Dental Care

EWU's Dental Hygiene Clinic on the Riverpoint campus provides examinations, x-rays, scaling, polishing, fluoride, desensitizing treatments, sealants, the placing of simple silver or tooth-colored fillings and whitening trays all at costs 50-70 percent less than private dental offices.



Open Monday-Friday, during the academic year. Please call 509.828.1388 to schedule an appointment.



Grace Clinic

823 W 7th Ave, Ste 102 326-6474
Spokane 99204 Fax: 326-2565
After Hours Pager: 354-0309
GraceClinics@graceclinics.com
www.graceclinics.com

Gritman Medical Center

700 S Main St 208-882-4511
Moscow ID 83843 800-526-CARE
gritman.org
Kendrick Clinic 208-289-3841
Potlatch Clinic 208-875-2380

Health for All 209-2621

COMMUNITY-MINDED ENTERPRISES
Community Building Saranac
25 W Main, Ste 300, Spokane 99201
Debbie Brown, Kerry Whitsitt
Independent, community-based
project that helps connect people
with health care. Helps low-
income people find free and low-
cost health-care options and
access to health-care providers in
Spokane County.

Healthy Options

State-funded managed medical
care for Medicaid clients.
Comprehensive care based on
prevention. Apply through DSHS
(CSO) office. May be eligible for
Temporary Assistance to Needy
Families. Low-income children
maybe eligible for Medicaid.
Asuris NW Health 866-240-9560
Group Health 888-901-4636
Community Health Plan of WA
800-440-1561
Molina 800-869-7165

HIV/AIDS & Sexual Health Programs

CHAS HIV SUPPORT 444-8200

COMMUNITY HEALTH ACCESS SERVICES
Provides prevention 236-2435

education, outreach services,
education in HIV and other
STDs, unplanned pregnancy and
substance abuse. Anonymous
HIV testing & referral.

HIV/AIDS SPEAKER'S BUREAU
PO Box 8758 455-8405
Spokane 99203 979-3786

jbilove@earthlink.net
hivaidspeakersbureau.net
Puts a face on the disease through
education and personal stories
from people living with HIV/AIDS
at schools and other venues.

NORTH IDAHO AIDS COALITION
infor@northidahoaidscoalition.org
Danielle Mahoney 208-665-1448

REGIONAL OUTREACH & PREVENTION
EDUCATION (ROPED) 236-2430
Comprehensive, holistic
approach to teach prevention
and risk reduction in HIV and
other STDs, unintended pregnancy
and substance abuse. Individual
sessions include risk reduction

methods, anonymous HIV
antibody testing, resource
information, educational literature
and referrals.

SPokane AIDS NETWORK
905 S Monroe St 455-8993
Spokane 99204 Fax: 455-9743
info@san-nw.org spokaneaids.org

Provides direct care services to
people living with HIV/AIDS;
reduces spread of HIV through
prevention programs and free HIV
testing in the Inland NW.

SPokane REGIONAL HEALTH DISTRICT
HIV/AIDS PROGRAM 324-1542
1101 W College Ave, Rm 372
Spokane 99201 srhd.org

HIV and Hepatitis C testing,
partner notification, needle
exchange, case management,
education, and health care
provider training. Resources about
HIV/AIDS are available to the
community.

WISH MEDICAL 208-892-WISH
wishmdical.org
Provides medical testing for
pregnancies and STI/STDs.

In Health NW - THE INLANDER

1020 W Riverside 325-0634
Spokane 99201 Fax: 325-0638
Ed: Ted McGregor Jr inhealth.com
Gen Mngr: Jeremy McGregor
Magazine about local health care.

Inland NW Blood Center

210 W Cataldo Ave 624-0151
Spokane 99201 800-423-0151
inbc2.org Fax: 232-4532
CEO: Jeff Bryant

Nearly 65 years as Inland NW's
only independent, nonprofit blood
provider. Serves more than 35
hospitals and medical centers. Call
or visit website for referral to other
locations and mobile drives.

Internal - Digestive, Diabetes, and Food Allergies

AMERICAN DIABETES ASSOCIATION
624-7478 888-342-2383

AMERICAN LIVER FOUNDATION
liverfoundation.org 800-465-4837

ASTHMA & ALLERGY FOUNDATION OF
AMERICA aafa.org 800-727-8462

CROHN'S AND COLITIS FOUNDATION
OF AMERICA 800-932-2423

CHER DIABETES 232-8145
DIABETES EDUCATION CENTER 835-8960
GRITMAN MEDICAL DIABETES

208-883-6341
INSTITUTE OF DIABETES, DIGESTIVE &
KIDNEY DISEASE niddk.nih.gov

FOOD ALLERGY & ANAPHYLAXIS NETWORK
foodallergywalk.org 800-929-4040

INLAND EMPIRE FOOD ALLERGY
SUPPORT TEAM i-fast.org 323-6623

INLAND EMPIRE TASK FORCE ON EATING
DISORDERS - CHER 232-8138/482-2437

NATIONAL KIDNEY FOUNDATION
888-354-3639

NATIONAL ASSOCIATION FOR
CONTINENCE 800-252-3337
POISON CONTROL 800-222-1222
PROVIDENCE CONTINENCE CNTR 474-3750
SIMON FOUNDATION FOR CONTINENCE
800-237-4666

Internal - Heart and Lungs

AMERICAN HEART/STROKE 536-1500
AMERICAN LUNG ASSN

lungmtacific.org 800-LUNGUSA
HEART ATTACK PREVENTION CLINIC

363-0000
PROVIDENCE CARDIAC SVCS 474-3278

Internal Medicine Spokane

101 W 8th Ave 474-3022
PO Box 2555 Fax: 474-5316
Spokane 99220 intmedspokane.org
yaegert@intmedspokane.org
Prog Dir: Teri Yaeger
Sliding scale fee available.

Interpreter Services: Special Mobility Services

534-2016 800-710-5030

Broker for oral interpreting in
Spokane County/NE Wash. DSHS
provides certified interpreters for
Medicaid-paid appointments only.
Medicaid providers can request
service. Need 24-hour notice with
client's name, medical coupon
number, phone number, doctor's/
dentist's name, address and
phone, and appointment.

SPokane INTERNATIONAL TRANSLATION
& LANGUAGE SERVICES, INC 327-8064
502 E 3rd Ave, Spokane 99202

Kootenai Health

Kootenai Medical Cntr 208-666-2000
2003 Kootenai Health Way
Coeur d'Alene 83814
kootenaihealth.org

Lincoln County Health Dept

90 Nicholls St, Davenport 99122
co.lincoln.wa.us/health/725-1001
Environmental Health: 725-2501

Lincoln County Public

Hospital District omhc.org
Odessa Memorial Healthcare Center
502 E Amende Dr 982-2611

PO Box 368, Odessa 99159
Rural Health Clinic 982-2614

Lincoln Hospital

10 Nichols St 725-7101
Davenport 99122 lincolnhospital.org
Clinic 725-7501 888-747-2728
Reardan Health Clinic 796-2737
Wilbur Clinic 647-5321

NATIVE Health of Spokane- The Native Project

1803 W Maxwell 483-7535
Spokane 99201 nativeproject.org
Provides primary and preventive
care for all ages: sport physicals,
well-child checks, immunizations,
health education, chronic illness
management, treatment of minor
diseases, women's/men's health
care, mental health, and substance
abuse. Helps patients secure
medical coverage. Sliding fee.

Newport Hospital & Health Services

c/o Newport Community Hospital
714 W Pine St, 447-2441
Newport 99156 phd1.org
Family Health Center 447-4885
Family Medicine Newport 447-3139

NE Tri-County Health District

240 E Dominion 800-827-3218
Colville 99114 684-1301
Community Health/Clinic 684-5048
Family Planning: 684-6209
Environmental Health 684-2262
Newport (C & E) 447-3131
Republic (C & E) 775-3111
netchd.org

NE Washington Health

Programs 935-6001

509 E Main Ave Fax: 935-4196
PO Box 808, Chewelah 99109

newhp.org Billing: 935-4730
CHEWELAH COMMUNITY HEALTH CNTR

518 E Clay St 935-8424
PO BOX 198 Fax: 935-8402
Chewelah 99109

KETTLE RIVER COMMUNITY HEALTH
CENTER 684-5521
141 Third Ave Fax: 684-1464
PO Box 1384, Orient 99160

DIRECT SERVICES & PREVENTION PROGRAMS



One day someone
will discover a cure
for HIV/AIDS.

Until then we need
Spokane AIDS
Network.

FREE HIV TESTING

905 S. Monroe • Spokane, WA 99204 • 509-455-8993

www.spokaneAIDS.org

LAKE SPOKANE COMMUNITY HEALTH CENTER 464-3627
5952 Blackstone Wy Fax: 466-9517
Nine Mile Falls 99026

LOON LAKE COMMUNITY HEALTH CENTER 233-8412
3994 Colville Rd Fax: 233-2864
PO Box 303, Loon Lake 99148

NORTHPORT COMMUNITY HEALTH CENTER 732-4252
411 Summit Fax: 732-4318
PO Box 178, Northport 99157

SELKIRK COMMUNITY HEALTH CENTER
208 Cedar Creek Ter 442-3514
PO Box 197 Fax: 442-3436
Ione 99139

SPRINGDALE COMMUNITY HEALTH CENTER
114 S Main 258-4234
PO Box 126 Fax: 258-4499
Springdale 99173

Northern Idaho Advanced Care Hospital 208-262-2800
600 N Cecil, Post Falls ID 83854
niach.ernesthealth.com

Panhandle Health District
8500 N Atlas Rd 208-415-5100
Hayden ID 83835 Fax: 415-5106
phd1.idaho.gov 208-667-3481

Environmental 208-415-5200
Family and Community Health Division 208-415-5100
Home Health 208-415-5160
Public Health Preparedness 208-415-5180

BENEWAH COUNTY 208-245-4556
BONNER COUNTY 208-263-5159
BOUNDARY COUNTY 208-267-5558
SHOSHONE COUNTY 208-786-7474

Project Access 532-8877
Orange Flag Bldg, 104 S Freya, Ste 114
Spokane 99202 Fax: 532-1375
projectaccess@spcms.org
spcms.org/projectaccess
Arranges for more than 800 physicians and all five hospitals to donate health-care services: specialty-level office visits, surgeries and treatments, lab and radiology services, hospitalizations, durable medical equipment, transportation, translation and low-cost medication.

Providence Holy Family Hospital 482-0111
5633 N Lidgerwood Spokane 99208 holy-family.org
Full-service, 272-bed hospital offering advanced medical and surgical care, specialty support and outpatient services.

Providence Mount Carmel Hospital 684-2561
982 E Columbia, Colville 99114
mtcarmelhospital.org

Providence St Joseph's Hospital 935-8211
500 E Webster sjhospital.org
POB 197, Chewelah 99109

Providence Sacred Heart Medical Center & Children's Hospital 474-3131
101 W 8th Ave Spokane 99204 shmc.org
Comprehensive, advanced medical and surgical care, specialty support and outpatient services in the second largest medical center in the state (623 beds).

Pullman Regional Hospital 332-2541
835 SE Bishop Blvd, Pullman 99163
pullmanhospital.org 332-2541
SUMMIT THERAPY 332-5106
1620 SE Summit Ct, Pullman 99163

Rare/Chronic Disorders
AMERICAN CHRONIC PAIN ASSOC
theacpa.org 800-533-3231
DEACONESS CYSTIC FIBROSIS UNIT
105 W 8th, #660E 474-6990
Spokane 99204 Fax: 474-6991
Coord: Toni Huff hufft@pps-co.org
Kendra Darnell RN

INLAND NW GENETICS 535-2278
2607 SE Blvd, Bldg A1000, 99223

LUPUS FOUNDATION OF AMERICA
Pacific NW Chapter 877-774-2992
800-558-0121 west 916-973-0776
lupuspnw.org

NATIONAL ORGANIZATION FOR RARE DISORDERS 203-744-0100
V800-999-6673 TDD 203-797-9590
rarediseases.org

POLIO OUTREACH 448-8517
12811 S Fairway Ridge, 99224
<http://polionet.org>

SCLERODERMA FOUNDATION 467-8725
WA INTRACTABLE CHRONIC PAIN 328-8534

Riverside Clinic
34705 N Newport Hwy, Ste A
Chattaroy 99003 292-2700
Weekdays & 9 - noon, Sat. Accepts medical coupons and insurance.

Rockwood Clinic 838-2531
400 E 5th Ave PO Box 3649
Spokane 99202 rockwoodclinic.com
CEO: Craig Whiting
Outside Spokane 800-776-4048

Urgent Care Center 838-2531
CHENEY CLINIC & EWU STUDENT HEALTH CENTER 235-6151
19 N 7th St, Cheney 99004

MEDICAL LAKE CLINIC 299-5145
725 N Stanley St, Ste D
Medical Lake 99022 Fax: 299-5154

ROCKWOOD NORTH CLINIC 755-5340
9001 N Country Homes Blvd
Spokane 99218 Fax: 466-8208

QUAIL RUN CLINIC 755-5250
2214 E 29th Fax: 755-5251
Spokane 99203

VALLEY CLINIC 744-1744
14408 E Sprague Fax: 928-6025
Spokane Valley 99216

Shoshone Medical Center
25 Jacobs Gulch 208-784-1221
Kellogg ID 83837
shoshonehealth.org

Spokane County Community Services, Housing, Community Development Dept 477-5722
312 W 8th Ave, Spokane 99204
spokanecounty.org Fax: 477-6827
Referrals for substance abuse treatment and prevention, developmental disabilities and mental health.

Spokane County Medical Society 325-5010
104 S Freya, Ste 114 Spokane 99202
Provides telephone-only referrals to physicians who accept medical coupons, serve low-income or provide services for a reduced fee. Provides info on physician based on location, medical speciality and medical insurance requirements.

CHEWELAH ASSOCIATED PHYSICIANS 935-8711
410 E King, 99109

Yakima Valley Family Wellenss Center yvfwc.org
SPOKANE FALLS FAMILY CLINIC 326-4343
120 W Mission Ave Spokane 99201 Fax: 326-4289
Full range medical services, prenatal care and delivery. Includes dental clinic and pharmacy.

RIVERSTONE FAMILY HEALTH, NORTHEAST CLINIC 483-3427
4001 N Cook St Fax: 482-5062
Spokane 99207

Spokane Regional Health District Public Health Clinic 324-1600
1101 W College Ave Spokane 99201 srhd.org
Immunizations, flu shot and travel vaccines; HIV and Tuberculosis testing; head lice checks, refugee screening. Fees may be reduced, Medical coupons accepted. T-Th 8-5, F 9:30-5.

US Health Medical Clinics 467-4545
9222 N Newport Hwy, Ste 1 Spokane 99218 Fax: 467-2304
Urgent care, work injuries, employment-listing. Discounts cash pay program, available for uninsured clients. Hours: 8-7, Mon-Fri; 9-5, Sat; 10-5, Sun.
Other clinics at:
2005 E 29th Ave 747-0770
15425 E Mission 924-7010

Valley Hospital & Medical Cntr 924-6650
12606 E Mission, Spokane Valley 99216
valleyhospital.org
Acute medical facility delivering care since 1969. A 123-bed facility with a trauma center.

Vision/Eye Clinics
LIONS LOW VISION CLINIC 484-4259
4001 N Cook St, Spokane 99207
ROCKWOOD CLINIC EYE CENTER
510 S Cowley 838-2531 x6701
Spokane 99202 800-776-4048
rockwoodclinic.com
-Valley Rockwood Clinic



PROJECT ACCESS

Our volunteer doctors are here to serve
Spokane County's low income and
uninsured residents.

Check out our website for more information:
www.spcms.org/projectaccess

We coordinate access to:

- Physician office visits
- Surgeries, treatments and procedures
- Laboratory and radiology services
- Prescription medications



A program of the Spokane County Medical Society Foundation

Tel: 509-532-8877

14408 E Sprague Ave
Spokane 99216 744-1744x6700
SPOKANE EYE CLINIC 456-8121
spokaneeye.com 800-824-0664
(outside of WA) 800-523-1383
South Clinic 456-8121
427 S Bernard, Spokane 99204
North Clinic 489-1270
31 E Central Spokane 99207
Valley Clinic 924-7271
12525 E Mission, Ste 201
Spokane Valley 99216

WA Assn of Community & Migrant Health Centers

2120 State Ave NE 360-786-9722
Ste 220 Fax: 786-9723
Olympia 98506 wacmhc.org
Nonprofit formed in 1985
advocates for low-income,
uninsured and under-served
populations of WA state served
by community health centers.
Services in Spokane at CHAS,
NATIVE Project, Spokane Falls
Family Clinic.

Washington Basic Health Plan

PO Box 442683 800-660-9840
Olympia 98504 888-842-7712
basichealth.hca.wa.gov Fax: 360-923-2618
Affordable health-care coverage—
individuals and families who meet
income guidelines pay reduced
monthly premium for services
from 14 private health plans.
Additional benefits for children in
families meeting guideline.

Washington Rural Health Assn

PO Box 1495 358-7653
Spokane 99210 wrha.com
Rural health services & advocacy.

Whitman County Public Health

310 N Main St Colfax 99111
fran@co.whitman.wa.us 397-6280
whitmancounty.org Fax: 397-6239
Fran Martin, Lavonne Hall
Admin: Tanya Charles
Provides immunizations, WIC,
First Steps maternity support,
emergency preparedness, school
health, and environmental health.

Whitman Hospital & Medical

120 W Fairview 648-3331
Colfax 99111 haleyk@whmc.org
whitmanhospital.com

ZLB Plasma Services

104 W Third Ave 624-1252
Spokane 99201 ZLBplasma.org
Pays for blood plasma donations.
Also at 9621 E Sprague 926-1881

WOMEN'S HEALTH

Breast & Cervical Health srhd.org

Spokane Regional Health District
1101 W College Ave 324-1553
Spokane 99201 888-461-8876
Women 40-64, living in state on
limited income with no insurance
or high co-payments may be
eligible for free services.

Breast Cancer Support Groups

PROVIDENCE REGIONAL CANCER CENTER
474-5490
ROCKWOOD CLINIC 838-2531

Breast Health Program 397-6280

WHITMAN COUNTY PUBLIC HEALTH
310 N Main St, Colfax 99111

Deaconess Healthy Woman

DEACONESS MEDICAL CNTR 473-7692
800 W Fifth Ave, Spokane 99204
Childbirth Services, Breast
Evaluation Center, cardiovascular
wellness, & osteoporosis
screening. Breast Evaluation Cntr
473-7950 473-7777
DEACONESS WOMEN'S CLINIC
1603 N Belt 473-7060
Spokane 99205 Mgr: Shirley Keith
Providers: Catherine Shields,
Kathleen Bently, Lauren Armstrong
Menopause care.

DSHS Breast/Cervical Cancer

INFO 800-438-2247

My Sister's Temple - THE LINKS INC

mysterstemple@yahoo.com
www.facebook.com
Prog Mngr: Andrea Blake Hubbard
Provides education and
screenings to low-income
women and offers fellowship.
Engages the community and
networks with organizations and
faith groups.

Pink Shamrock Foundation

2910 E 57th, Ste 5-282
Spokane 99223 Megan Murphy
mmurphy@pinkshamrock.com
pinkshamrock.com 954-5458
Access treatment for breast cancer
to women of low income.

Providence Women's Services

101 W 8th Ave 474-2400
Spokane 99204
Inpatient and outpatient programs,
osteoporosis and other screening,
including mammography and
education.

Susan G Komen for the Cure

1315 N Napa, Ste 3 315-5940
Spokane 99202 Claudia Bell
admin@komeneasternwashington.org
komeneasternwashington.org
Breast cancer awareness,
education and screening.
COEUR D'ALENE AFFILIATE
PO Box 3309 208-665-9888
Coeur d'Alene 83816 komecnda.org

Women's Services & Therapies

GRITMAN MEDICAL CENTER THERAPY
CENTER 208-883-1522
700 S Main, Moscow ID 83843
gritman.org
Recognizes physical challenges
women face in pregnancy and
aging, including postpartum and
pregnancy incontinence rehab,
headaches, lymphadema and
otherspecialized needs.

prenatal care and delivery • immunizations • Well child and adolescent care • School and sports physicals • On-site laboratory
 on-site pharmacy (at our Spokane Falls site) • Dental care (at our Riverstone site)

We're Here For Your Family

Count on us to provide quality care
for everyone in your family.

Since we want everyone to have a
healthy start in life, we especially look
forward to caring for your children.
If you call for an appointment today,
we can often see your child that same
day or the next.



Most insurance plans are accepted,
including state-sponsored plans.
Plus, a sliding fee scale is available for
patients without insurance coverage.

We will work with you to make
your care affordable.

Two locations to serve you...

SPOKANE FALLS
family clinic

Comprehensive Family Medicine

120 West Mission Ave.

Phone 326-4343

Riverstone
Family Health

Northeast Clinic

Comprehensive Family Medicine and Dental Care

4001 N. Cook Street
in the Northeast Community Center

Phone 483-3427