

Mental Health, Counseling, & Family Crisis

A Brief Counseling Center

9507 N Division, Ste A 466-6632
Spokane 99218
DrRaySmith@DrRaySmith.com
Barbara Folden, Lucinda Rotter,
Ray Smith DrRaySmith.com
Pastoral counseling for relationship.

ABBA Christian Counseling

3828 E 29th, Spokane 99223
Counselor: Mark Jones 534-6509
Christ-centered approach to
depression, anxiety, chemical
dependency, abuse survival, co-
dependency and marital problems.
Sliding fee.

Amend Center

520 Government Way 208-665-2432
Coeur d'Alene 83814 Fax: 665-2433
highland@icehouse.net
Counseling for individuals, couples
and families and treatment for sex
addiction. Sliding fee for groups.

Bancroft School

1025 W Spofford Rd, Spokane 99205
TeresaHu@spokaneschools.org
spokaneschools.org 354-707
Contact: Teresa Hurliman
Behavior-intervention high school
for special ed students with
behavioral problems. Family
Connections for children (grades
1-8) with emotional/behavioral
needs. Parent collaboration vital.

Bipolar and Depression Support Group

DBSA North Idaho 208-691-9674
10263 N Maple St 208-437-0629
Coeur d'Alene ID 83835
kempisfj@yahoo.com
[Lee Underkofler DBSAAlliance.org](http://LeeUnderkoflerDBSAAlliance.org)

Boundary Regional Community Health Center Mental Health dba Kaniksu Health Svcs

208-267-1718

Catholic Charities Counseling Program

12 E 5th Ave 242-2308
Spokane 99202 800-831-1209
catholicchartiespokane.org
Pam Brown pbrown@ccspokane.org
Serves everyone regardless of
religion. Includes individual,
couples, family, group and post
abortion counseling. Sliding fee.
Accepts T19 medical coupons.
PULLMAN OFFICE: 332-4141
115 NW State, Ste 212, Pullman 99163

Cedar Bridge Assoc

703 W 7th Ave # 240 747-7350
Spokane 99204

Center for Counseling Services

105 Pine St 208-265-2271
Sandpoint ID 83864 Fax: 946-7854
Marina Feisier, PhD

Center for Family Development

1404 E 11th Ave 744-1117
Spokane 99202
cffdspokane.com
Offers family counseling, support
groups and education

Community Christian Ministries

516 S Main 208-883-0997
PO Box 9754 Fax: 883-0997
Moscow ID 83843
ccm@moscow.com ccmbooks.org
Marriage, family, child and
individual counseling.

Divorce Care divorcecare.org

Christian-based divorce support.
CHURCH OF CHRIST
6439 N 4th St 208-772-0541
Dalton Gardens ID 83815

CONGREGATIONAL PRESBYTERIAN
709 6th St, 208-743-4444
Lewiston ID 83501

CORNERSTONE BAPTIST 414-6413
5920 Hwy 291
Nine Mile Falls 99026

EASTPOINT CHURCH 533-6800
15303 E Sprague
Spokane Valley 99037

FIRST PRESBYTERIAN 235-5895
HILLYARD BAPTIST CHURCH 487-2795
2121 E Wabash, Spokane 99207

LIFE CENTER CHURCH 327-4422
1202 N Government Way
Spokane WA 99224

LIFE CENTER NORTH 444-8445
202 E Lyons Ave, Spokane 99208

NORTHVIEW BIBLE 466-1770
13521 N Mill Rd, Spokane 99208

REAL LIFE MINISTRIES 777-7325
1866 Cecil Rd, Post Falls 83854

Eastern State Hospital
850 W Maple St, 565-4473
PO Box 800, Medical Lake 99022

Fairchild AFB Family Advocacy
210 N Chennault, Ste 100 247-2687
Fairchild AFB 99011 fairchild.af.mil

MENTAL HEALTH 247-2731
New Parent Support Program for
pregnancy-3; Family Advocacy and
Outreach Program on parenting,
anger management, domestic
violence, stress management, skills
for teens, couples and families;
Exceptional Family Member offers
medical/special education services,
identifies families with special
needs.

Family Help Line 800-932-4673

Statewide DSHS-funded program
by Parents Trust, provides
emotional support, resources,
family problem solving and
referrals 9 am-11pm daily.

Family Service Spokane

7 S Howard, Ste 321 838-4128
Spokane 99201
familyservicespokane.org
Provides outpatient mental health
counseling and case management
services for adults, children and
families. Also at:
112 N. University, Ste 100, 99206
and 521 W First Ave, 99201.

Family Support Services of North Idaho, LLC

1115 Ironwood Dr, Ste C
Coeur d'Alene 83814 208-769-4222
Tami@fssofni.com Fax: 667-7557
<http://fssofni.com/Home.html>
Provides affordable support and
therapy to N Idaho individuals
and families: psychosocial
rehabilitation services, medication
management, developmental
therapy, family decision making,
interviewing and mediation.

Genesis Associates

421 Coeur d'Alene Ave, Ste 2
Coeur d'Alene 83814
PO Box 1677 208-664-1606
Coeur d'Alene 83816
genesissass@verizon.net
Christian-based individual, family,
and marital counseling.

Genesis Institute, Inc

1220 N Howard St, 99201
PO Box 10436 467-7913
Spokane 99209
genesisinstitute.org Fax: 467-0344
Contacts: David Hutchins, Charles
Ray Hopkins, Cathy Hutchins
Biblical-based counseling for
individuals, families and couples.
Classes for parents of adolescent
children. Training and mentoring.

Harvest House

338 NE Maple 334-6873
Pullman 99163
Psycho-social rehab those with
severe, persistent mental illness.

Institute for Family Development

720 W Boone, Ste 102 328-3802
Spokane 99201 institutefamily.org
Homebuilders and Phase
II program includes crisis
intervention, family counseling,
parenting and life skills. Educates
families whose children are at risk
of placement or engaging in risk-
taking behaviors. Referrals through
DCFS social workers only.

Kootenai Behavioral Health

c/o Kootenai Medical Center
2301 N Ironwood Pl 208-765-4800
Coeur d'Alene 83814 Fax: 664-1805
cmiewald@healthkmc.org
kootenaihealth.org
Dir: Claudia Miewald
Treats children, teens and adults
with emotional and psychiatric
problems. Acute inpatient hospital
treatment, adolescent residential
treatment, therapeutic day school,
in and outpatient chemical
dependency programs.

Marriage Friendly Communities

735 E Jackson Ave 482-2868
Spokane 99207 Fax: 482-7994
Byan Mossey, Ruby Hogan
Admin: LeAnna Benn teen-aid.org
Help couples build relationships
increasing quality of time in
couples and teach skills for strong
commitments to thrive.

Mental Health Services

IDAHO DEPT OF HEALTH &
WELFARE - REGION 1 208-769-1406
Moody Building, 2195 Ironwood Ct
Coeur d'Alene 83814 Fax: 769-1430
Prog Mngr: Jack Cotton
healthandwelfare.idaho.gov
Community mental health center.
After hours crisis line 888-769-1405
BENEWAH COUNTY 208-245-2542
BONNER COUNTY 208-265-4523

FIRST CALL FOR HELP
(509)
838-4428

Trained volunteers and professionals
provide telephone intervention.

Know Someone Experiencing a Crisis?
Needing Help?
Needing Information?

**SPOKANE
MENTAL HEALTH**



BOUNDARY COUNTY 208-267-3188
LATAH (REGION 2) 208-882-0562
Crisis and ongoing mental health services to individuals suffering mental health issues.
SHOSHONE COUNTY 208-784-1352

NAMI - National Alliance for the Mentally Ill 838-5515
10 N Post St, Peyton Bldg, Rm 638
Spokane 99201 **800-950-6264**
namispokane@armcomm.com
Volunteer program helping people affected by mental illness by providing and promoting education, support, and advocacy.
LATAH ALLIANCE FOR THE MENTALLY ILL 208-882-8550

d.kinzr@idvr.state.id.us
COEUR D'ALENE 208-772-9650
PO Box 2068 **208-664-8485**
Coeur d'Alene 83816
fischersusies@gmail.com
namicoeurdalene.org
Susie Fischer, Agnes Harger
NAMI PALOUSE 332-5945
Pullman Presbyterian
1630 NE Stadium Way, Pullman 99163
elizabethanne@turbonet.com
Elizabeth Anne

North Idaho Community Mental Health
221 S Second Ave,
208-263-8948 Sandpoint 83864

NE Washington Alliance Counseling Services
E 301 Clay Ave, #101 **935-4808**
Chewelah 99109
Colville **684-4597**
165 E Hawthorne Ave, 99114
Davenport **725-3001**
1211 Merriam, 99122
Newport **447-5651**
105 S Garden Ave, 99156
Republic **866-807-7131**
42 Klondike Rd, 99166 **775-3341**

NW Behavioral Health Clinic
905 W Riverside Ave, Ste 610
Spokane 99201 **742-3460**
smabee@nw-bcc.com **Fax: 742-3461**
Dir: W Scott Mabee

NW Family Advocates
319 W Hasting Rd **326-8875**
Spokane 99208 **Fax: 443-3764**
info@nwfamilyadvocates.org
nwfamilyadvocates.org
Rick Kienholz
Family and individual counseling, parenting training, mediation and life coaching. Works with adolescents and military families.

Priest River Rehab 208-448-4151
314 E Albeni Highway, Ste 102
PO Box 729, Priest River ID 83856

Regional Support Networks

DSHS MENTAL HEALTH DIVISION
PO Box 45320 **800-446-0259**
Olympia 98504
dshs.wa.gov/mentalhealth
NORTH CENTRAL WA
119 Basin St SW **754-6577**
Ephrata 98823 **800-251-5350**
Ombuds 800-572-4429
Provides services for Adams, Ferry, Lincoln, Pend Oreille, and Stevens counties.
SPOKANE REGIONAL SUPPORT NETWORKS
312 W 8th Ave, 3rd Flr **477-5722**
Spokane 99204 **800-273-5864**
Ombuds Services: 866-814-3904 477-4666
24 Hr Crisis Line: 877-678-4428
spokanecounty.org/mental_health

Salvation Army Visitation & Counseling Services
204 E Indiana **325-6821**
Spokane 99207
makingspoaknebetter.com
Coord: Jaycanna Day/Christine Kapral
Customized case management for those in need of counseling, family reunification and visitation processes among other services.

Spokane Mental Health
107 S Division St **838-4651**
Spokane 99202 **Fax: 458-7456**
smhca.org **TTY 624-0004**
Mental health services for persons 18+ who suffer from serious and persistent mental illness: case management, individual and group therapy, specialist consultation, rehabilitation services, co-occurring disorders services and outreach services to homeless.
ADULT OUTPATIENT/MULTICULTURAL SVCS
103 E First, Spokane 99202 **838-4651**
Culturally sensitive mental health services to African-American, Asian, Native American and Hispanic people: advocacy, individual counseling, assistance with housing and social services.

CHILD & FAMILY SERVICES 838-4651
107 S Division **TTY 624-0004**
Spokane 99202 smhca.org
Serves children experiencing emotional/behavioral problems. Works with parents, family members and community professionals. Children having relationship/school problems, multiple foster care placements, suicidal attempts, and/or history of physical/sexual abuse.
CRISIS RESPONSE SERVICES 838-4651
smhca.org **TTY 624-0004**

In person or phone services 24-hours for all ages in emotional and/or psychiatric crisis. Face-to-face, in-home or community evaluations, crisis intervention and Involuntary Treatment Act services are as appropriate.

EVERGREEN CLUB 458-7454
2102 E Sprague **TDD624-0004**
Spokane 99202
Psychosocial rehabilitation clubhouse for county residents, 18+, whose lives are disrupted by mental illness. Promotes the wellbeing and success of each individual. Consists of vital, relevant jobs, both internally and externally, with supportive outreach programs at the work site.
FIRST CALL FOR HELP 838-4428
877-678-4428 TDD 624-0004
Admin: Nancy Linerud smhca.org
Free 24-hour telephone assistance, referrals, supportive listening and links to community individuals/agencies with trained volunteers. Professional outreach teams provide face-to-face in-home or community evaluations and crisis intervention services.
MENTAL HEALTH OMBUDSMAN FOR SPOKANE COUNTY 477-4666
Tisha Robbins **866-814-3409**
Assists persons eligible for publicly funded mental health services who have complaints or grievances about their services. Advocates, negotiates and mediates to resolve issues and conflicts swiftly.

St Joseph Family Center
COUNSELING SERVICES 483-6495
1016 N Superior St,
Spokane 99202 sjfconline.org
Exec Dir: Sr Pat Millen
Nonprofit counseling, retreat and healing arts center that focuses on the integration of the whole person. Helps create a healthy community. Offers counseling for couples, individuals, families and children, anger management, parenting children of divorce classes, relationship enhancement series and additional workshops. Most insurance is accepted. Assistance for those who qualify.

Suicide & Mental Crisis Hotlines
ADAMS COUNTY CRISIS LINES 659-HELP 488-5611
AMERICAN ASSOCIATION OF SUICIDOLOGY 202-237-2280

AMERICAN FOUNDATION FOR SUICIDE PREVENTION 888-333-AFSP
NW CHAPTER 503-297-0614
BENEWAH COUNTY 888-769-1405
BONNER COUNTY 208-265-4535
888-769-1406

BOUNDARY COUNTY 208-267-3187
888-769-1405
-24-Hour Helpline **265-4535**
-Youth Crisis Line **267-5211**
-Suicide Prevention Hotline **800-564-2120**
CAMP FIRE BOYS & GIRLS 747-6191
FERRY COUNTY 800-269-2380
FIRST CALL FOR HELP (SPOKANE CNTY) 877-678-4428

IDAHO DEPT OF HEALTH & WELFARE
- Idaho Careline **800-926-2588**
- Mental Health - Suicide Prevention **208-265-4535**
- After Hours Emergencies: Mental Health **888-769-1405**
LINCOLN COUNTY 725-3001
Hotline: 800-767-6081

NATIONAL SUICIDE HOTLINES
800-SUICIDE 800-273-TALK
TTY 800-799-4TTY

THE PALOUSE REGION 332-1505
PANHANDLE REGIONAL MENTAL HEALTH SERVICES CRISIS LINE
208-769-1406 888-769-1405
PEND OREILLE CNTY 800-404-5151
QPR (SUICIDE PREVENTION) 536-5100
STEVENS COUNTY 684-4597
Hotline: 800-767-6081

Suicide Prevention Action Network (SPAN of Idaho)
2366 Hickey Rd, Sandpoint 83864
spannorth@gmail.com
Catherine Perusse spanidaho.org
Plans and conducts regional and local suicide prevention training, awareness campaigns, media education and other activities.

Suncrest Wellness Center
c/o Country Homes Medical Center, Lower Lvl, 5998 Hwy 291
Nine Mile Falls 99026 **468-9848**
mary@psychiatricwellness.com
psychiatricwellness.com
Mary Moller, Michael Rice, Jeff Hastings
Outpatient clinic-medication education; stress management; sleep center; psychiatric

FIRST CALL FOR HELP
(509) 838-4428
Trained volunteers and professionals provide telephone intervention.

Know Someone Experiencing a Crisis?
Needing Help?
Needing Information?

SPOKANE MENTAL HEALTH

consultation; trauma and abuse, family and marriage counseling, chronic health problems, Christian counseling.

Survivor Support Services

9507 N Division, Ste G **484-4021**
Holland Bldg
PO Box 28805, Spokane 99218
survivorsupportservices@msn.com
Counselor: Rich Paulsen
Provides support and affordable counseling for individuals, couples, and families. Workshops and conferences are free. Offers communication, family/relationships, depression, trauma bonds, addiction, codependency, abuse survivors, and more. Works with area hospitals, agencies, support groups and churches.

Tamarack Center

2901 W Fort George Wright Dr
Spokane 99224 **326-8100**
info@tamarack.org
Dir: Tim Davis tamarack.org
Long-term, residential and psychiatric services for emotionally disturbed children and teens. Multi-disciplined, accredited treatment team. Family involvement urged for reintegration into the community.

Trinity Group Homes, Inc

PO Box 1861 **208-667-9607**
Coeur d'Alene 83816
info@trinitygrouphomes.org
rrunkle@gmail.com **Fax: 765-2732**
trinitygrouphomes.org
Exec Dir: Robert Runkle
Life Skills Coord: Lisa Crumb
Trinity Group Homes has provided homes and services in Coeur d'Alene, Idaho, for individuals with major mental illness.

WA Counties Counseling

Assessment and education for children and adults includes. Case management with support, education, assessment, screening, prevention and treatment for mental health. Emotional crisis/suicide prevention hotlines. Some bilingual staff.

ADAMS COUNTY COMMUNITY COUNSELING
425 E Main, Ste 600 **488-5611**
Othello 99344 **Fax: 488-0166**
-Ritzville Office **659-4357**
120 E First Ave, Ritzville 99169
PALOUSE RIVER COUNSELING **334-1133**
340 NE Maple **Fax: 332-1608**
Pullman 99163 Mike Berney
mberney@prcounseling.org
SPOKANE COUNTY COMMUNITY SERVICES, HOUSING, AND COMMUNITY DEVELOPMENT DEPT

312 W 8th Ave **477-5722**
Spokane 99204 **Fax: 477-6827**
spokanecounty.org

Worldwide Marriage Encounter

wwme.org **800-795-LOVE**
Offers a weekend for good marriages in which a tool of communication is taught to enrich marriage.

WSU Psychology Clinic

PO Box 644820 **335-3587**
Pullman 99164
psychologyclinic.wsu.edu
nonprofit community mental health service center operated by the Washington State University Department of Psychology. Psychology Clinic therapists offer cutting-edge, research-based diagnostic and treatment services.

<h2>Professional Counseling at SJFC</h2>	
	
PROFESSIONAL COUNSELING	
Individual Family	Couple Seniors
CLASSES	MEDIATION SERVICES
Relationship Enhancement Anger Management Classes Parenting Children of Divorce	{509} 483-6495 1016 N Superior St. Spokane WA 99204 www.sjfconline.org