

Multiservices

AGING & LONG TERM CARE OF EASTERN WASHINGTON

1222 N Post
Spokane 99201 458-2509
www.altcew.org
Nick Beamer

(Same # for Title XIX Medicaid Personal Care, WA State Dental Assn Outreach, WA State Home Care Quality Authority Registry)
Elders Services 489-7450
SHIBA 800-562-6900
Care Cars for Elders 458-2509

CATHOLIC CHARITIES

PO Box 2253 358-4250
Spokane 99201 800-831-1209
catholiccharitiesspokane.org
Robert McCann

Catholic Housing Communities 624-5133
Catholic Relief Services 358-4273
Childbirth & Parenting Along Program & Doula 325-7667
Counseling Services 242-2308
Cuddles & Care Children's Service 474-4615
House of Charity 624-7821
Parish Social Ministries 358-4273
Refugee Resettlement 455-6190 x20
Senior & Vulnerable Adults Service 624-6060
Senior Nutrition/Deer Park Senior Center 276-2411
Spokane Multifaith AIDS CareTeams 358-4273
Sponsored Apartments 459-6102
St Anne's Children & Family Center 232-1111
St Margaret's Shelter / Vinegar Flats Garden 624-9788
Volunteer Chore Services 328-8400

DEPARTMENT OF SOCIAL & HEALTH SERVICES

Aging & Disability Services 800-422-3263
Basic Health Plan 800-826-2444
Consumer Complaints 800-466-0259
Contacts for Child Care 866-231-0764
DASA Main Line - Substance Abuse 877-301-4557
Disenrollment/Complaints/Exemptions 800-794-4360
Division of Children & Families 363-3550 800-557-9671

Division of Disability 800-562-6074
DVR (Vocational Rehab) 800-637-5627
Emergency Contraception 888-688-2528
Family Planning Information & Referral TAKE CHARGE 800-770-4334
Family Reconciliation Services 363-3339
Family to Family 487-1603
First Steps/Health Mothers, Healthy Babies 800-322-2588
Food Stamp Eligibility 227-2600

Foster Family Support Services 363-3350
Home Community Services 323-9400
Indian Policy & Support Services 363-3531
Interpreter & Translation Services 800-605-5126

Interpreter Services: Special Mobility Services 800-710-5030 534-2016
Juvenile Rehabilitation 363-4660
Lakeland Village 200-1800
Medical Transportation 800-634-4793
North CSO 227-2200
North CSO Clinic 277-2301
Patient Review & Coordination 800-794-1780

Problem Gambling HL 800-547-6033
Provider Inquiry 800-563-3022
Residential Care Services 456-3117

Provider Billing 800-562-6288
Southwest CSO 227-2400
Spanish Speakers 800-66-AYUBA

Substance Abuse Crisis Counseling & Referral Services 800-562-1240
Substance abuse clearinghouse 800-662-9111
Third Party Liability 227-2302
Valley CSO 227-2700

Volunteer Drivers 747-5284
WA Telephone Assistance 888-700-8880

Welfare Fraud 800-562-6906
Working Connections Child Care 227-2200

SALVATION ARMY

PO Box 9108
Spokane WA 99209 325-6810
salvationarmyspokane.org
Captain Kyle Smith

Camp Gifford 233-2511
Family Emergency Shelter 325-6814

Family Services 325-6821
Ray & Joan Kroc Corps Community Center 208-6301

Sally's House 325-6826
Salvation Army Church 329-2723 329-2742

The Link 329-2743
Transitional Housing 326-7288

SNAP

2116 East 1st Ave
Spokane WA 99202 456-7111 x200
www.snapwa.org
Larry Stuckart

Access Banking 456-7174x103
Affordable Rental Program 456-7106
Downtown 456-7164
Energy Assistance 242-2376
Energy Resource Workshops 744-3370
Homeless Program 456-7106
Housing Opportunities 456-7106

Individual Develop Accounts 456-7174 x103
Living Green 744-3370 x205
Long Term Care Ombudsman Program 456-7133 or 800-660-7133
Microenterprise Develop 456-7174 x111
Minor Home Repair/Weatherization 744-3370
Mortgage Assistance Programs 456-7106

Neighborhood Assets 456-7174
Northeast Food Bank 487-1114
Second Ave Dinner 456-6597 or 953-6578

SPOKANE MENTAL HEALTH

Adult Outpatient & Multicultural Services 838-4651
Child & Family Services 838-4651
Crisis Response Services 838-4651
Evergreen Club 458-7354
Family Caregiver Support 458-7450

First Call for Help 838-4428 877-678-4428
Respite Care-Relief for Care Givers 458-7450

SPOKANE REGIONAL HEALTH DISTRICT

1101 W College Ave 324-1500
Spokane 99201 TDD 324-1464 888-535-0597
www.srhd.org
Health Officer: Dr. Joel McCullough

See Spokane Regional Health District Ad Pg 135

TRANSITIONS

1002 N Spokane St
Spokane 99202 328-6702
www.help4women.org
Dia Maurer

EduCare 325-8632
Miriam's House of Transition 747-9222
New Leaf Bakery & Cafe 496-0396
Transitional Living Center 325-2959
Women's Hearth 455-4249

UNION GOSPEL MISSION

1224 E Trent
Spokane 99202 535-8510
www.ugmspokane.org
Phil Altmeyer

Anna Ogden Hall 327-7737
Classy Rack Thrift Stores 326-3316
Spokane Valley 927-5905
Men's Shelter 535-8510
Tshimakain Creek Camp 258-7198

Union Gospel Mission's Crisis Shelter for Women and Children 535-0486
Union Gospel Mission Motors 327-HELP
Youth Outreach Ministry 535-0315 535-8510

VOLUNTEERS OF AMERICA (VOA)

525 West 2nd Ave
Spokane 99201

624-2378

www.voaspokane.org

Marilee Roloff

Affordable Housing

456-7106

Alexandria's House

489-0349

Appleway Apartments

534-6562

Aston-Bleck Apartments

535-8267

Crosswalk

838-6596

Emergency Services

634-2378

Flaherty House 489-4043

Hope House/Downtown

Women's Shelter

455-2887

Independent Living
688-1115

Maud's House 325-3740

Meal Sites

838-6596 676-0772

Passages 892-9241

688-1103

Permanent Supportive Housing
328-4685

Project Safe Place
624-2378

Veteran's Housing
328-4685

VOA Thrift Store
427-4112

Words Travel / Love Travel
624-2378

YMCA (YOUNG MEN'S CHRISTIAN ASSOCIATION)

See Children & Youth Support, and Church Outreach, Community Gardens, Community Centers, Seniors (for RSVP), and Crime, Law, and Military.

YWCA (YOUNG WOMEN'S CHRISTIAN ASSN)

829 W Broadway

Spokane 99210

326-1190 x111

www.ywca.org/spokane

After School Program

326-1190 x151

Alternatives to DV

326-1190

Child-Family Care Program

326-1190x160

ECEAP Program

326-1190 x131

Homeless Education & Resource

Team (HEART) Program

353-7675

Our Sister's Closet

326-1190 x150

Opportunity Center

326-1190

Spokane Regional Domestic
Violence Team & YWCA
Alternatives to DV Legal Liaison
835-4540 x139
YWCA @ WSU 335-3916

