Disabilities Resources, Adult

**Athletics & Activities**
**Access 4 All Spokane** 216-2611
PO Box 910, 99210
Dave@Access4AllSpokane.org
access4allspokane.org

**Coord:** Dave Reynolds
Coalition of organizations and individuals that celebrate and encourage accessible and disability-friendly places, services and events in Spokane County.

**Day out for the Blind Spokane**
1502 E Holyoke, 99217 710-0841
PO Box 7593, 99207 624-2850
FB: DayOutForTheBlindSpokane
Provides entertainment and socializing for those who are legally blind. Activities include bingo, dancing and field trips.

**ParaSport Spokane** 999-6466
10210 E 9th Ave, 99216
parasporsportso.org

**Project ID**
4209 E Pacific, 99202
PO Box 18703, 99228 475-7185
projectidspokane.org
Provides recreation, socialization, work, personal development, and transitional opportunities to adults with intellectual and developmental disabilities in Spokane County.

**Special Olympics Washington**
1809 7th Ave Ste 1509
Seattle 98101 206-362-4949
info@sovwa.org 800-752-7559
specialolympicswashington.org

**YMCA of the Palouse**
332-3524
NE 105 Spring St, Pullman 99163
info@palouseymca.org
palouseymca.org

**Specialized Needs Recreation**
3700 N Government Way, Ste J
Coeur d’Alene 83815 208-752-6781
snridaho.org 208-769-9332
Provides recreation programs for those with learning disabilities, sensory impairment, mental, emotional or physical handicap.

**Team St. Luke’s**
473-6232
PO Box 469, 99210
Sports team and recreation for those with physical disabilities.

**Therapeutic Recreation Services**
Spokane Parks & Rec 625-6245
808 W Spokane Falls Blvd, 99201
spokaneparks.org
Recreation for ages 6+ with developmental and physical disabilities.

**Audiology, Hearing Services**
**MultiCare Rockwood Audiology Center**
multicare.org

**Downtown**
342-3350
Deaconess Medical Office Bldg
801 W 5th Ave, Ste 205, 99204

**Spokane Audiology**
835-5111
801 W 5th, Ste 421, 99204
spokaneaudiologyclinic.net

**Autism**
**Autism Society of WA, Spokane**
spokaneautismsofwa.org

**Disability Services, Adult**
**Autism Society of WA, Spokane**
spokaneautismsofwa.org

**Provides intentional social activities for people diagnosed on the autism spectrum. Activities and promotions are included and not limited to diagnosis.**

**NW Autism Center**
328-1582
528 E Spokane Falls, Ste 14, 99202
nwautism.org
Community Connections Dir: Jill Ide
Mngr: Adam Kogler
Provides direct treatment services including ABA, speech therapy, family navigation and resource referral, free screenings, ADOS evaluations by referral, community provider education, university practicums and school district training/consultations.

**SOAR Behavior Services**
11707 E Sprague Ave, Ste 106
Spokane Valley 99206
info@soarbehavior.com
soarbehavior.com
999-5567
Provides individualized, compassionate ABA therapy to people with autism and other developmental disabilities.

**The ISAAC Foundation**
325-1515
28 W 3rd Ave, 99201
kryster@theISAACFoundation.org
theisaacfoundation.configio.com
in Spokane, Stevens, Lincoln, Whitman and Kootenai counties.

**Boost Collaborative**
332-6561
SE 1235 Professional Mall, Pullman
99163
boostcollaborativewa.org
info@boostcollaborativewa.org
Improves lives of individuals with disabilities and their families in Whitman and Latah counties.

**Brain Energy Support Team**
2607 Bridgeport Wy, W 1H
University Place 98467 877-719-2378
admin@brainenergysupportteam.org
Brainenergysupportteam.org
Mail: 1314 S Grant, Ste 2-128, 99202
877-719-2378 x115
Cent/EA Coach: Marysa Kozyrnski
marysa@brainenergysupportteam.org
Provides Adams, Asotin, Columbia, Franklin, Ferry, Garfield, Lincoln, Pend Oreille, Spokane, Stevens, Walla Walla and Whitman counties with education, peer support, tools and strategies for individuals and families impacted by brain injury.

**Brain Injury Assn of America**
biausa.org
800-444-6444

**Brain Injury Alliance WA**
biaiswa.org
PO Box 3044
Seattle 98114
877-982-4292
Resource Center
877-824-1766

**Catholic Housing Communities**
Catholic Charities Eastern WA
12 E 5th Ave, 99202
cceasternwa.org
456-2279

**Offers service enriched apartments to disabled and others disadvantaged across Eastern WA.**

**Client Assistance Program (CAP)**
2531 Rainier Ave
Seattle 98114
800-544-2121
TTY 888-721-6072
washingtoncap.org
Provides information about the Division of Vocational Rehab (DVR), the Dept of Services for the Blind (DSB), Independent Living Programs (ILPs) and Tribal Vocational Rehabilitation Programs. Includes independent-living programs and projects with industry, Help with mediation and administrative proceedings.

**Compass Career Solutions**
5709 W Sunset Hwy, Ste 100, 99216 7-795-8205
Supportive housing, case management, disabilities support, offers Fundamental Community Services Pilot Project.

**Disability Action Center - NW**
Services for persons with any kind of disabilities. Locations: daczw.org
Post Falls 83854
800-457-3891

Moscow 83843
800-854-9500

Wallingford 83835
800-475-0070

Lewiston 83501
800-746-9033

330 5th St
888-746-9033

**Disability Assistance-WA (DSHS)**
Aged, Blind, of Disabled Cash Assistance Program
Disability Assistance-WA (DSHS)
Disability Support Services
info@soarbehavior.com
soarbehavior.com

**Provides academic counseling and accommodations to students with disabilities along with information and referral.**

**EWU**
121 Tawanka 359-6871
dss@ewu.edu
tty 888-665-5806

**Gonzaga University Disability Access - The Center for Student Academic Success**
313-4134
Foley Center Library, RM 208
501 E Boone, AD Box 19, 99258
disability@gonzaga.edu
gerenacondy@ewu.edu

**Lewis & Clark State College - LCSC**
500 8th
800-333-5272

Lewiston 83501
800-792-2211
disabilityservices@lcscl.edu

**North Idaho College**
208-769-5947
CENTER for EDUCATIONAL ACCESS
Seiler Hall 100 208-665-4520
Mail: 1000 W Garden Ave
Coeur d’Alene 83814
ttc@aci.duidaho.edu
nic.edu

**Scc Center for Students with Disabilities**
353-7169
1810 N Greene St, MS 2151
Bldg 15, Rm. 113, 99207
dss@spokane.edu
spokane.scc.spokane.edu

**Spokane Falls Community College**
3410 W Whitstalls Wy 533-4166 #201, 99204
spokanefalls.edu

**Udahl Center**
208-885-6307
Walla Walla Community College 500 Tausick Wy 527-4543
Walla Walla 99362

Clarkston: 758-1701/TTY 522-4415

**Whitman College**
527-3213
Academic Resource Center
Memorial 325 522-4415
345 Boyer Ave, Walla Walla 99362 keithham@whitman.edu

**WSU Access Center**
217 Washington Bldg 335-3417
PO Box 642322, Pullman 99104
accesscenter.wsu.edu
accesscenter.wsu.edu

**DDA - Developmental Disabilities Administration (DDSH)**
Field Office: 1611 W Indiana, 99205
DD1FSO@dshs.wa.gov 800-462-3038
dshs.wa.gov/dda
TTY 568-3038

Supports and services for people 18+ with developmental disabilities such as cerebral palsy, epilepsy, autism or other neurological issues.

**Clarkston DDA**
571-4637

**Dirkson DDA**
525 5th St, 99403

**Okanogan DDA**
826-6191
130 Main St S, 99841

**Tri County DDA**
685-5649
1100 S Main 866-715-3646

**Colville 99114**

**Walla Walla DDA**
394-1069
1371 W Pine 99362

**LakeLand Village**
299-1800
2320 S Salwae Rd
PO Box 200, Medical Lake 99022
dshs.wa.gov/dda

**Consumers and Families/lakeland-village**

Residential Habilitation Center
Empire Concussion & Trauma Recovery 701-7651
office@empirepediatrictherapy.com
office@empireCTR.com
empirepediatrictherapy.com
Maile & Arman Mohsenian
Provides occupational, physical and
speech therapy for individuals,
referral and support to individuals
and families affected by epilepsy
through the lifespan, while
specializing in MNRI and
concussion/trauma recovery.
Downtown Clinic
811 W 2nd St, Ste 302, 99201
North Clinic
1117 E Wavestream Ct, 99218
South Clinic
2527 E 27th St, Ste 100, 99223

Empire Foundation WA
2311 N 45th #134 206-487-5251
Seattle 98103
Epilepsy.NW.org
Offers advocacy, information,
referral and support to individuals
and families affected by epilepsy.
Provides community education
programs and materials.

EWU Disability Studies and
Universal Access 359-2333
208 Senior Hall, Cheney 99004
Kelly Munger kmunger@ewu.edu
research.ewu.edu/sbjdisabilitystuid
Educates students about disability
as diversity, disability culture and
pride, and disabled people as
valuable members of society.
EWU offers an undergraduate disability
studies minor and certificate for
graduate students. Courses online
and in classrooms.

Harger Club House
St Vincent De Paul
117 E Walnut 208-664-3095 x340
Coeur d'Alene 83814
stvincentdepaul.org
Gives people living with
cognitive disabilities a chance
to regain jobs, companionship,
ties to their community and self-
respect.

L'Arche Spokane 483-0438
703 E Nora, 99207
larcheofspokane.org
Provides people with and without
intellectual disabilities, sharing
life in communities belonging to
an international federation.
Non-denominational ministry
with spiritual emphasis. Licensed
with state as an adult family home.

Lilac Services for the Blind
1212 N Howard, 99201 328-9116
contact@lilacblind.org lillacblind.org
Exec Dir: Cheryl Martin
Client-centered training, support
and optical aids so people can
be independent and active while
living with vision loss. Training
for safe and independent travel.

Merry Glen 487-0232
2917 N Cincinnati, 99207
Dir: Doug Overlock merrylfen.org
Offers encouragement and
support in a family oriented
approach for loved ones who are
disabled.

Muscular Dystrophy Ass (MDA)
101 W Indiana, 99205 325-3747
mda.org
Serves as a gateway to information,
resources and specialized health
care for individuals and families
coping with neuromuscular disease.

National Multiple Sclerosis
Society (MS) 800-344-4867
192 Nickerson St, Ste 100
Seattle 98109
info@nsmss.org
Serves people with MS, their
families, professionals and
community members: referral/
information, education, self-help
groups, counseling, social activities
and equipment loans.

Nexus Inland NW 328-9220
1206 N Howard St, 99201
info@nexusinlandnw.com
Serves those with hearing loss
in Eastern WA. Offers interpretive
services and payee program.

Panhandle Special Needs Inc
1424 N Boyer 208-263-7022
Sandpoint 83864
panhandlespecialneeds.org
Features specialized employment
training, individualized life skills
training, an adult day health
care, a retail greenhouse and a
retail thrift store, The Cottage.

People First of Washington
PO Box 97156 253-999-7222
Lakewood 98497
peoplefirstofwashington.org
Disabilities awareness and
education for adults and high
school/transition students
learning self advocacy and
leadership.

Sheehah 685-0680
Clarkston People First 751-6474
Grandville lucas7919@msn.com
Lake Roosevelt 680-4634
Lilac Chapter FB: peoplefirstoflilac
Pauline Capt bar@go cougs.wsu.edu
Republic/Ferry 685-0680

Protective Payee Program
Receipts/disburses funds for
clients on SSI (Supplemental
Security Income) and HEN
because of mismanagement of
funds or mental incapacity.
Provides self-sufficiency training
in money management and
financial counseling.

American Indian CC 535-0886
The Arc of Spokane 328-6326
Goodwill 838-4246
Saluk ’In 606 W Sharps, 99201 209-2500
St Vincent De Paul 208-664-3095

Providence Multiple Sclerosis
Center 252-9602
5633 N Lidgerwood, Ste 1800, 99208
washington.providence.org
Serves people with MS and their
families. Comprehensive
diagnosis, treatment and quality
of life issues: self-esteem,
independence and self-reliance.

Rehabilitation Hospital of the
Northwest - Ernest Health
3372 E Jenalan 208-262-8700
Post Falls 83854
rhn.ernesthealth.com
Provides specialized inpatient
and outpatient rehabilitative
service to patients, serving
Idaho and surrounding states.
Sees patients recovering from
disabilities caused by injuries,
illeges or chronic medical
conditions.

SKILSKIN 326-6760
4004 E Boone, 99202
skils-kin.org
Training, employment programs,
financial assistance-payee,
residential services and structured
jobs for developmentally
disabled.

SL Start Idaho - Supportive
Living 208-772-4639
280 W Prairie Ave #4
CDA 83815
slstartidaho.com
Offers residential habilitation to
empower children and adults with
developmental and intellectual
disabilities to live their own lives.

St Luke's Rehabilitation Institute
711 S Cowley St, 99202 473-6000
st-lukes.org
Specializes in comprehensive
inpatient and outpatient therapy
for children and adults. Provides
rehabilitation treatment for stroke,
spinal cord injuries, orthopedic
issues and brain injuries.

OUTPATIENT:
North, 235 E Rowan Ave, Ste 210
North Occupation Rehab
551 E Hawthorne Rd, 99218
South Occupation Rehab
421 S Division St, 99202
Valley, 16528 E DeSmet Ct
Tesh, Inc 328-6326
320 E 2nd, 99202
arc-spokane.org
Dir: Sima Thorge
Promotes independence and
choice, and enhances quality of
life for people with
developmental disabilities and
their families. Provides
information, resources,
education, advocacy, emotional
support and direct support.

ARC Community Center
richardson@arc-spokane.org
Lynn Richardson
Offers a community living
program, supporting about 40
adult men and women with
developmental disabilities who
live as house mates in
homes they own, lease or rent
together. With the freedom to
work, socialize and recreate as
they wish, clients are provided a
comfortable home and life, full
access to the community
and caring staff able to meet their
health and personal care needs.

Vision Problems & Screenings
EYECARE AMERICA 877-887-6327
aao.org/eyecare-america
Lilac Blind Foundation 328-9116
800-422-7893

Your Independence is Our Goal!
Living with an illness, a disability or growing older sometimes means being
apart from our community and people we know. COVID-19 has made
gaining care, information or supplies and connecting with people harder.

We can help! We assist with transportation, grocery pickup and PPE.

Call or visit us online to learn more!

D A C DISABILITY ACTION CENTER
332 E Mullan Ave
Post Falls
208-457-3893 / 800-475-0075 • www.dacnw.org
WA Vocational Rehabilitation (VocRehab) exists to help people with disabilities. VocRehab’s mission is to help people with disabilities prepare for, obtain and retain employment, including job readiness.

The Division of VocRehab provides services to help people with disabilities prepare for, obtain and retain employment. Vocational rehab programs are custom-designed.

**Programs**

- **Employment Support and Individual Job Development:** Provides services necessary for people in ID with disabilities. Services include job readiness, interviewing skills, development of a job search plan, and assistance to return to the workforce.

**Contact Information**

- **Central Office:** 1530 Stevens, 99362
- **Tel:** 208-769-2762
- **TTY:** 800-548-8755
- **Fax:** 208-769-2763
- **Email:** department.info@vr.idaho.gov

**Web Link:** [www.vr.idaho.gov](http://www.vr.idaho.gov)

**Other Resources**

- **山西省残疾人联合会**
- **National Center for the Blind**
- **Washington State Department of Developmental Disabilities**
- **Washington State Department of Social and Health Services (DSHS)**
- **Western Area Education & Resource Center (WAREC)**
- **Washington State University Hearing & Speech Clinic (UPCD)**
- **WEKN: Washington State Relay**

**Web Links**

- [www.wsb.gov](http://www.wsb.gov)
- [www.dshs.wa.gov](http://www.dshs.wa.gov)
- [www.spokanecounty.org](http://www.spokanecounty.org)
- [www.scc.spokane.edu](http://www.scc.spokane.edu)
- [www.scc.spokane.edu](http://www.scc.spokane.edu)

**Contact Information**

- **Community Services**
  - 200 E 2nd, Ste A, 99202
  - 208-334-3390
  - charly@gowise.org

- **Developmental Disabilities Services**
  - 312 S Euclid, Ste 209, 99201
  - 208-816-5321
  - plantowork@community-minded.org

- **Employment Opportunities**
  - 102 S Euclid, Ste 211, 83864
  - 208-799-5070
  - 866-497-9443

- **Inclusive Community**
  - 165 E Hawthorne Ave, 99114
  - 509/328.6326
  - www.arc-spokane.org

**Support Services**

- **Speech Clinic (UPCD)**
  - 310 N Riverpoint Blvd, 99202
  - 828-1333
  - upcd@wsu.edu

- **Speech Language Hearing Services**
  - 310 N Main, Colfax 99111
  - 509/328.6326
  - www.arc-spokane.org

**Conclusion**

Vocational Rehabilitation (VocRehab) is a division of Developmental Disabilities Services that offers services to help people with disabilities prepare for, obtain and retain employment. VocRehab programs are custom-designed to meet the needs of individuals with disabilities.

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**Inclusive Community**

Every life fulfilled.

We promote independence and choice and enhance the quality of life for people with developmental disabilities and their families.

509/328.6326 | www.arc-spokane.org