

## Mental Health & Counseling Services

**SUICIDE & MENTAL CRISIS LINES**  
**24/7 REGIONAL CRISIS LINE -**  
**FRONTIER**

**BEHAVIORAL HEALTH 877-266-1818**  
**TTY: 800-833-6384**

Serves Spokane, Adams, Ferry,  
Lincoln, Pend Oreille & Stevens.  
**FAILSAFE FOR LIFE** [failsafeforlife.org](http://failsafeforlife.org)  
POB 28955, 99228 **475-7334**  
[svotava@failsafeforlife.org](mailto:svotava@failsafeforlife.org)  
**Works to end suicide in Spokane.**  
**GREATER COLUMBIA BHO**  
**888-544-9986**

Serves Asotin, Columbia,  
Garfield, Walla Walla, Whitman.  
**HELPLINE (WALLA WALLA)** 522-3377  
[liz@helplinevw.org](mailto:liz@helplinevw.org)  
**IDAHO SUICIDE PREVENTION HOTLINE**  
**208-398-3457**

Offers text 3 pm to midnight, M-F  
**LIFELINE CRISIS CHAT** [contact-usa.org/chat](http://contact-usa.org/chat)  
**NORTH IDAHO CRISIS 208-947-5595**  
**NATIONAL SUICIDE HOTLINES**

**AMERICAN FOUNDATION FOR SUICIDE**  
**PREVENTION** [afsp.org](http://afsp.org)  
Info (non-crisis line) **888-333-2377**  
**CRISIS TEXT LINE** [crisistextline.org](http://crisistextline.org)  
24/7 Text "HOME" to **741741**  
**NATIONAL HOPELINES NETWORK**  
**800-SUICIDE**

**NATIONAL SUICIDE PREVENTION**  
**800-273-8255 TTY800-799-4889**  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)  
Crisis Hotline 998 in July 2022.

**Adams County Integrated**  
**Health Care Service -**  
**Behavioral Health Services**  
210 W Broadway, Ritzville 99169  
[co.adams.wa.us](http://co.adams.wa.us) **488-4074**

Offers services to families,  
individuals and groups, from  
children to seniors. Bilingual  
services offered.

**Affordable Counseling-**  
**Survivor Support Services**  
9507 N Division, Ste G **484-4021**  
Holland Bldg, 99218

[survivorsupportservices@msn.com](mailto:survivorsupportservices@msn.com)  
Rich Paulsen  
Provides Christian and secular  
affordable counseling, free  
workshops for individuals,  
couples and families.

**AMEND Center 208-665-2432**  
520 Government Wy, Coeur d'Alene  
83814 [amendcenter.com](http://amendcenter.com)  
[highland@icehouse.net](mailto:highland@icehouse.net)  
Educational treatment and  
support center for men and  
people in their lives. Offers  
domestic violence/batterer  
treatment and support  
services offered voluntarily or  
under court order.

**American Behavioral Health**  
**Systems 866-729-8038**

44 E Cozza, 99208 **325-6800**  
Stabilization/secure withdrawal facility.

**Calispel E & T Facility**  
1401 H Calispel, 99201 **838-4651**  
Evaluation and treatment of  
psychiatric caused disability.

**Catholic Charities Counseling**  
1960 N Holy Names Ct, 99224  
[cceasternwa.org](http://cceasternwa.org) **242-2308**  
Individual therapy, group  
and peer support, with case  
management. Accepts  
Medicaid.

**Eastern State Hospital (DSHS)**  
850 W Maple St **565-4352**  
PO Box 800, Medical Lake 99022  
[dshs.wa.gov/bha/](http://dshs.wa.gov/bha/)  
317-bed inpatient psychiatric  
hospital accredited by the Joint  
Commission and certified by the  
federal Centers for Medicare and  
Medicaid Services.

**Family Essentials 892-1100**  
721 N Pines, Spokane Valley 99206  
101 W Cascade Wy, Ste 103, 99208  
[familyessentialscounseling.com](http://familyessentialscounseling.com)  
Offers individual, marriage,  
parenting and family counseling.

**Foothills Evaluation &**  
**Treatment Facility 838-4651**  
505 E North Foothills, 99207  
Evaluates and treats for those with  
mental, behavioral or substance  
abuse issues.

**Fresh Hope** [freshhope.us](http://freshhope.us)  
Christian support group for those  
with mental health challenges  
and their loved ones.

**CROSSPOINT ALLIANCE 208-743-3000**  
1330 Powers, Lewiston 83501  
**EMMANUEL BAPTIST 208-476-1211**  
2200 11th Ave, Lewiston 83501

**Frontier Behavioral Health**  
17 E 1st, 99201 **838-4651**  
[fbhwa.org](http://fbhwa.org) **TTY 624-0004**

Offers 24-hour crisis intervention  
services, Involuntary Treatment  
Act evaluations, medication  
management for adults and  
youth, psychological assessment  
services, adult recovery services,  
and mental health counseling  
and case management. Other  
programs: Homeless Outreach,  
Health Homes and Care  
Transitions, the USDA Child  
and Adult Care Food Program &  
Mental Health First Aid training.  
**CRISIS RESPONSE SERVICES 838-4651**  
Telephone intervention, mobile  
outreach and Involuntary  
Treatment Act services 24-hours  
a day to individuals of all ages.  
**EVERGREEN CLUB TDD 624-0004**

2102 E Sprague, 99202 **458-7454**  
Accredited member of  
Clubhouse International. Helps  
members enrolled in behavioral  
health services, pursue vocational  
and rehabilitation goals.  
**REGIONAL CRISIS LINE 877-266-1818**  
**TTY 800-833-6384**

Telephone intervention by  
volunteers to access inpatient and  
outpatient behavioral healthcare  
services. Spokane, Adams, Lincoln,  
Pend Oreille and Stevens counties.

**Genesis Institute, Inc 467-7913**  
1220 N Howard St, 99201  
[genesisinstitute.org](http://genesisinstitute.org)  
Counselors: Halley Hansen,  
Bethany Seipp, Todd Patrick,  
Katrina Mason, Kelly Walters,  
Tim Ledbetter  
For individuals, families and  
couples, Biblically-based  
counseling. Classes for parents of  
adolescent children, training and  
mentorship.

**Good Samaritan Ministries**  
1815 Portland, Ste 2 **529-2322**  
Walla Walla 99362  
[gsmwallawalla.com](http://gsmwallawalla.com)  
Offers counseling, group support,  
and educational opportunities to  
the local community.  
**Heritage Health Psychiatric**  
PO Box 1387 **208-620-5210**  
Hayden 83835  
[myheritagehealth.org](http://myheritagehealth.org)  
Offers variety of services in  
psychiatry and psychotherapy.

**Inland NW Behavioral Health**  
104 W 5th Ave, 99204 **992-1888**  
[inlandnorthwestbh.org](http://inlandnorthwestbh.org)  
Offers inpatient behavioral health  
acute-care in-patient psychiatric  
hospital with patient-centered  
treatment for severe persistent  
mental and emotional illness.  
Free initial assessment. Services  
to adults needing inpatient care

to manage severe depression,  
anxiety and other mood  
disorders. Treatment programs  
and daily structured activities are  
based on cognitive behavioral  
therapy and dialectical  
behavioral therapy. Accepts all  
insurances, Medicare,  
commercial insurance and  
TriCare/TriWest. Open 24/7.  
**INTENSIVE OUTPATIENT PROG 992-1301**  
[inbhiop.referrals@uhsinc.com](mailto:inbhiop.referrals@uhsinc.com)  
Structured, therapeutic program  
to transition patients from  
hospital setting more independent  
life in the community. Also for  
patients seeking an outpatient  
environment. Increases and  
maintains therapeutic gains  
individuals make as patients  
in the hospital. Helps prevent  
future hospitalizations. Tailors to  
individual needs and provides  
tools to use in daily lives Accepts  
all insurances, Medicare,  
commercial insurance and  
TriCare/TriWest.

**Kootenai Recovery Community**  
**Center 208-953-8005**  
1621 N 3rd St, Ste 700, 83814  
[kootenairecoverycenter.com](http://kootenairecoverycenter.com)  
Advocates and supports  
individuals seeking to initiate or  
maintain recovery from  
behavioral health and substance  
abuse, includes peer-based  
recovery.

**Latah Recovery Center**  
531 S Main, Ste B **208-883-1045**  
Moscow 83843 **FB: latahrecovery**  
[latahrecoverycenter.org](http://latahrecoverycenter.org)  
Substance abuse and mental  
health services, free or low cost.

**LDS Family Services 926-6581**  
**WA SPOKANE OFFICE 800-528-1704**  
11707 E Sprague, Ste 202, 99206  
[providentliving.org](http://providentliving.org)

**Mental Health Services**  
**IDAHO DEPT OF HEALTH &**  
**WELFARE - BEHAVIORAL HEALTH SVCS**

**We Can Help**  
**CALL**  
**509.838.4651**

**Counseling**  
**for adults,**  
**youth and families**



[healthandwelfare.idaho.gov](http://healthandwelfare.idaho.gov)  
**Suicide Prevention 208-334-4983**  
**REGION 1:**  
**COEUR D'ALENE**  
 Moody Bldg, 2195 Ironwood Ct  
 83814 **208-769-1406**  
**KELLOGG 208-784-1352 x 217**  
**SANDPOINT/PONDERAY 208-265-4535**  
**REGION 2:**  
**GRANGEVILLE 208-983-2300**  
**LEWISTON 208-799-4440**  
**MOSCOW 208-882-0562**

**Mental Health (Therapeutic)  
 Courts (MHTC)**  
**SPOKANE COUNTY DISTRICT COURT &  
 MUNICIPAL MENTAL HEALTH COURT**  
 Broadway Center Bldg **477-2230**  
 721 N Jefferson, 2nd Flr  
[spokanecounty.org](http://spokanecounty.org)  
**SPOKANE COUNTY FELONY MENTAL  
 HEALTH COURT 477-6355**  
 Spokane County Superior Court  
 1116 W Broadway, 99260  
[saltshuler@spokanecounty.org](mailto:saltshuler@spokanecounty.org)  
 Coord: Sandra Altshuler

**MultiCare Rockwood 342-3480  
 Behavioral Health Center**  
 Deaconess Medical Office,  
 801 W 5th, Ste 422, 99204  
[multicare.org](http://multicare.org)  
 Treats children, families and  
 adults for a multitude of mental  
 health conditions: individual,  
 couples and family counseling;  
 depression, grief and loss;  
 learning disabilities, stress and

anxiety management; eating  
 disorders, weight loss and  
 body image issues; coping with  
 physical illness, mental illness  
 and developmental disorders.

**NAMI - National Alliance on  
 Mental Illness 838-5515**

10 N Post St, Ste 638, 99201  
[office@namispokane.org](mailto:office@namispokane.org)  
[namispokane.org](http://namispokane.org)  
 Volunteer program helps people  
 affected by mental illness with  
 education, support and  
 advocacy.

**NAMI WALLA WALLA**  
 POB 401, 99362 **529-6160**  
[namiwallowalla@gmail.com](mailto:namiwallowalla@gmail.com)  
[namiwallowalla.org](http://namiwallowalla.org)

**LATAH ALLIANCE ON MENTAL ILLNESS**  
 POB 8654, 83843  
[lami-idaho.org](http://lami-idaho.org) **208-882-7743**  
[lami.advocacy@gmail.com](mailto:lami.advocacy@gmail.com)

**NAMI COEUR D'ALENE**  
 POB1082, 83816 **208-691-9674**  
[namicda@gmail.com](mailto:namicda@gmail.com) [cdanami.org](http://cdanami.org)

**NAMI FAR NORTH 208-597-2047**  
 Bonner General Hospital  
 Classroom, Third Ave & Alder St  
 PO Box 2415, Sandpoint 83864  
[namifarnorth2003@gmail.com](mailto:namifarnorth2003@gmail.com)  
[namifarnorth.org](http://namifarnorth.org)

**North Idaho Crisis Center**  
 2195 Ironwood Ct, Ste D  
 Coeur d'Alene 83814  
[nicrisiscenter.org](http://nicrisiscenter.org) **208-625-4884**  
 Serves men and women from

Idaho's 10 northern counties,  
 ages 18 and older who need  
 help with behavioral health or  
 substance abuse issues.

**NE Washington Alliance  
 Counseling Services**

**CHEWELAH 935-4808**  
 E 301 Clay Ave, #201, 99109  
**COLVILLE 684-4597**  
 165 E Hawthorne Ave, 99114  
**DAVENPORT 725-3001**  
 1211 Merriam, 99122  
**REPUBLIC 775-3341**  
 65 N Keller/ PO Box 1120  
**NINE MILE FALLS 465-2200**  
 5098 Hwy 291, Ste #2, 99026

[co.stevens.wa.us/counseling/](http://co.stevens.wa.us/counseling/)  
 Diagnosis and treatment center  
 provides mental health care and  
 chemical dependency treatment  
 services for children to adults.

**NW Family Advocates**

319 W Hasting, Ste A110, 99218  
[nwfamilyadvocates.org](http://nwfamilyadvocates.org) **326-8875**  
 A ministry to families, individuals  
 and youth. Provides counseling,  
 mentoring and coaching to help  
 people reach their life goals.  
 Specializes in parenting and  
 working with families at risk.

**Okanogan Behavioral  
 HealthCare 866-826-6191**

1007 Koala Dr, Omak [okhbc.org](http://okhbc.org)  
 24-hour crisis line **826-6191**  
 Offers counseling throughout  
 Okanogan County.

**Palouse River Counseling 334-1133**  
 340 NE Maple, Pullman 99163  
[palouserivercounseling.org](http://palouserivercounseling.org)  
 Treats patients with depression,  
 anxiety, alcoholism & drug  
 dependence. Creates targeted  
 treatment plans for patients  
 with developmental disabilities,  
 childhood and family problems,  
 and geriatrics.

**Panic Disorder 301-443-4513**  
[nih.gov](http://nih.gov) **866-615-NIMH (6464)**  
[nimhinfo@nih.gov](mailto:nimhinfo@nih.gov)  
**TTY 301-443-8015**

**Passages - Family Support**  
 1700 S Assembly, Ste 300, 99224  
[info@passages-spokane.org](mailto:info@passages-spokane.org)  
[passages-spokane.org](http://passages-spokane.org) **892-9241**  
 Outpatient mental health  
 services. Intensive services for  
 children and youth, includes  
 wrap around housing and  
 employment services in Spokane  
 County.

**Peer Spokane 867-3778**  
 425 W 1st, 99201 [peerspokane.org](http://peerspokane.org)  
 Cultivates healthy lives through  
 peer emotional support and  
 development services in greater  
 Spokane embracing issues of  
 mental health, chemical and  
 behavioral addiction, and  
 chronic illness. Includes peer  
 coaching, peer support groups,  
 supportive housing, employment

# Inland Northwest BEHAVIORAL HEALTH



**adult and adolescent**  
 Inpatient & Outpatient Behavioral Healthcare

and connections to resources.

### Providence RISE Prog 252-6446

235 E Rowan, Ste 107, 99207  
[washington.providence.org](http://washington.providence.org)  
Behavioral health outpatient program for adolescents and adults. Addresses health concerns for those at risk of inpatient hospitalization or being discharged in a traditional outpatient setting.

### Providence Behavioral Health

Sacred Heart Doctor's Bldg, 105 W 8th Ave, Ste 418C, 99204  
[washington.providence.org](http://washington.providence.org) 474-6920  
Offers outpatient psychiatric care, medication management and psychiatric consultations for those struggling with life events, substance abuse or those living with a known mental illness.  
INTERNAL MEDICINE-SPOKANE 747-1144  
NORTH PINES - SPO VALLEY 893-8140

### Psychology Associations

IDAHO STATE [idahopsych.org](http://idahopsych.org)  
WASHINGTON STATE 206-547-4220  
9 S Washington, Ste 201, 99201  
[wspa@wapsych.org](mailto:wspa@wapsych.org) [wapsych.org](http://wapsych.org)  
Work-based psychological health.  
APA CENTER FOR ORGANIZATIONAL EXCELLENCE [apaexcellence.org](http://apaexcellence.org)

### Quality Behavioral Health

900 7th St, Clarkston 99403  
[qbhs.org](http://qbhs.org) 758-3341  
GARFIELD COUNTY HUMAN SVCS  
856 Main St 843-3791  
Pomeroy 99347

Classes on substance abuse disorder, child/adolescent services, adult counseling, crisis services, mental health, first aid, psychiatric services, community sexual assault, domestic violence services, and alcohol and drugs.

### Revive Counseling, PLLC

2222 N Monroe, 99205 413-2950

Mental health clinicians are EMDR therapy providers and will help returning citizens process their current and past anxieties.

MARY CLIFF CENTER  
701 W 7th Ave Ste 107C  
James Funke, LICSW  
Provides EMDR Therapy for PTSD & Trauma.

### SEER (Supported Education & Employment Enhancing Rehabilitation) - SCC 279-6055

[scc.spokane.edu](http://scc.spokane.edu) FB: [SEERProgram](https://www.facebook.com/SEERProgram)  
Provides support through education and employment that helps individuals recovering from psychiatric disabilities prepare for, gain access to and sustain participation in post-secondary education and vocational opportunities.

### Snake River Community Clinic

215 10th St 208-743-5899  
Lewiston 83501

### SonBridge 529-3100

1200 SE 12 St, College Place 99324  
[Sonbridge.org](http://Sonbridge.org)  
Volunteer offer mental health services, offered by volunteers, Voice messages in English/Spanish  
SURVIVING SUICIDE LOSS  
John Paulson 301-2692  
Janet Moore 386-0456  
No-charge support group for adults who have lost someone to suicide. Meets 5:15-6:45 p.m., 2nd T.

### Student Mental & Behavioral Health

NAT'L GRAD CRISIS LINE 877-GRADHLP  
Skype 877-472-3457  
[gradresources.org/crisis](http://gradresources.org/crisis)  
COMMUNITY COLLEGES OF SPOKANE  
(CCS) STUDENT HEALTH CLINIC  
MENTAL HEALTH-MULTICARE 533-8611  
Mental health therapy and medication management as needed. Therapy Svcs 533-3525  
EWU COUNSELING & PSYCHOLOGICAL SERVICES 359-2366

225 Martin Hall, Cheney 99004  
[inside.ewu.edu/caps/](http://inside.ewu.edu/caps/)  
[capsinfo@ewu.edu](mailto:capsinfo@ewu.edu)

EWU SPOKANE COUNSELING & PSYCHOLOGICAL SERVICES 828-1398  
CAPS office: 359-2366  
[jweber18@ewu.edu](mailto:jweber18@ewu.edu) [ewu.edu](http://ewu.edu)

GONZAGA UNIVERSITY HEALTH & COUNSELING CENTER 313-4052  
704 E Sharp [gonzaga.edu](http://gonzaga.edu)  
Mail: 502 E Boone, MSC 2506, 99258  
[StudentHealth@gonzaga.edu](mailto:StudentHealth@gonzaga.edu)

LEWIS & CLARK STATE COLLEGE STUDENT COUNSELING CENTER  
Sam Glenn Complex, Rm 212  
500 8th Ave  
800-933-5272x2211  
Lewiston 83501 208-792-2211  
[counseling@lcsc.edu](mailto:counseling@lcsc.edu) [lcsc.edu](http://lcsc.edu)  
Student Health Svcs 208-792-2251  
NIC STUDENT COUNSELING SERVICES  
Seiter Hall, Rm 100 208-665-4520  
[nic.edu](http://nic.edu) 208-769-3362  
SCC COUNSELING 533-7026  
Bldg.1, Rm 102 [scc.spokane.edu](http://scc.spokane.edu)  
[wscounseling@scc.spokane.edu](mailto:wscounseling@scc.spokane.edu)  
SFCC COUNSELING 533-3525  
Bldg 30, 2nd flr. [sfcc.spokane.edu](http://sfcc.spokane.edu)  
UofI - MOSCOW  
UNIVERSITY PSYCHIATRIC SERVICES  
Counseling and testing center  
Mary Forney Hall, 1210 Blake Ave  
[uidaho.edu](http://uidaho.edu) 208-885-6716  
GROUP COUNSELING  
[ctc@uidaho.edu](mailto:ctc@uidaho.edu) 208-885-6716  
WALLA WALLA COMMUNITY COLLEGE  
Walla Campus 527-4262  
Advising and Counseling Center  
Main Building (D) [wwcc.edu](http://wwcc.edu)  
Clarkston Campus: 758-1713  
CWB 346 Emma Carpenter  
[emma.carpenter@wwcc.edu](mailto:emma.carpenter@wwcc.edu)  
WSU COUNSELING AND PSYCHOLOGICAL SERVICES 335-4511  
Washington Bldg, Rm 302  
POB 642333, Pullman 99164  
After-hours crisis: 335-2159  
[counseling@wsu.edu](mailto:counseling@wsu.edu) [wsu.edu](http://wsu.edu)  
WSU SPOKANE COUNSELING SERVICES  
[spokane.wsu.edu](http://spokane.wsu.edu) 358-7740  
Crisis line: 368-6500  
WHITMAN COLLEGE COUNSELING CNTR  
Wely Health Center 527-5195

502 Boyer Ave [whitman.edu](http://whitman.edu)  
WHITWORTH UNIVERSITY HEALTH & COUNSELING SERVICES  
Schumacher Hall 777-3259  
300 W Hawthorne [whitworth.edu](http://whitworth.edu)  
[counselingcenter@whitworth.edu](mailto:counselingcenter@whitworth.edu)

### Sunshine Terrace

1102 S Raymond Rd 892-4342  
Spokane Valley 99206 [shfi.com](http://shfi.com)  
Provides long-term living options for people with mental health disease in a home-like environment. Offers variety of treatment to residents. Provides 128 beds, as a boarding house with independent living options.

### Trinity Group Homes of

ST VINCENT DE PAUL 208-667-9607  
POB 1861, Coeur d'Alene 83816  
[trinitygrouphomes.org](http://trinitygrouphomes.org)  
Provides adults experiencing severe, persistent mental illness with safe, affordable housing in 32 units. Offers a caring, community-supportive environment. Teaches life skills.

### Volunteers of America/

Kiemle Hagood [info@khco.com](mailto:info@khco.com)  
[voaspokane.org/housing](http://voaspokane.org/housing)  
Affordable housing for chronically mentally-ill adults with comprehensive case management. Managed by Kiemle & Hagood.  
APPLEWOOD APTS 534-6562  
4403 E 8th, Spokane Valley 99212  
COUNTRY HEIGHTS APTS 327-7132  
6709 N Country Homes Blvd, 99208  
TRENT TERRACE APTS  
12462 E Broadway Ave  
Spokane Valley 99216 927-8102

### WSU Psychology Clinic

Johnson Tower 362 335-3587  
PO Box 644820, Pullman 99164  
[psychologyclinic.wsu.edu](http://psychologyclinic.wsu.edu)  
Nonprofit community mental health center operated by the WSU Department of Psychology.