### Mental Health & Counseling Services

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Behavioral Health</td>
<td></td>
</tr>
<tr>
<td><a href="https://www.amendcenter.com">AMEND Center</a></td>
<td>208-665-2432</td>
</tr>
<tr>
<td><a href="https://www.frontierbehavioralhealth.com">Frontier Behavioral Health</a></td>
<td>509.838.4651</td>
</tr>
<tr>
<td><a href="https://www.dshs.wa.gov/">Eastern State Hospital (DHS)</a></td>
<td>509.838.4651</td>
</tr>
<tr>
<td><a href="https://www.failsafeforlife.org">FailSafe For Life</a></td>
<td>888-544-9986</td>
</tr>
<tr>
<td><a href="https://www.familyessentialsinc.com">Family Essentials</a></td>
<td>928-2100</td>
</tr>
<tr>
<td><a href="https://www.ccceasternwa.org">Foothills Evaluation &amp; Treatment Facility</a></td>
<td>509.838.4651</td>
</tr>
<tr>
<td><a href="https://www.gsmwallawalla.com">Good Samaritan Ministries</a></td>
<td>928-2100</td>
</tr>
<tr>
<td><a href="https://www.inlandnorthwestthb.org">Inland NW Behavioral Health</a></td>
<td>928-2100</td>
</tr>
<tr>
<td><a href="https://www.kootenairecoverycenter.com">Kootenai Recovery Community Center</a></td>
<td>208-932-8005</td>
</tr>
<tr>
<td><a href="https://www.latahrecoverycenter.org">Latah Recovery Center</a></td>
<td>888-383-2500</td>
</tr>
<tr>
<td><a href="https://www.providentliving.org">LDS Family Services</a></td>
<td>208-883-1045</td>
</tr>
<tr>
<td><a href="https://www.idaho.gov/">Mental Health Services</a></td>
<td>208-383-2377</td>
</tr>
</tbody>
</table>

### Suicide & Mental Crisis Lines

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</tr>
<tr>
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<td>208-932-8005</td>
</tr>
<tr>
<td><a href="https://www.providentliving.org">LDS Family Services</a></td>
<td>208-883-1045</td>
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**We Can Help**

**Counseling for adults, youth, and families**

**Frontier Behavioral Health**

509.838.4651

**Evergreen Club**

TDD 624-0004

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**EFIC, 615 S Richard Allen, #215, Spokane WA, 99202-505-154-112**
Inland Northwest
BEHAVIORAL HEALTH

adult and adolescent
Inpatient & Outpatient Behavioral Healthcare

InlandNorthwestBH.com
Mental health clinicians are EMDR therapy providers and will help returning citizens process their current and past anxieties.

**SEER (Supported Education & Employment Enhancing Rehabilitation) - SCC 279-6055 scc.spc.edu**

Provides support through education and employment that helps individuals recovering from psychiatric disabilities prepare for, gain access to and sustain participation in post-secondary education and vocational opportunities.

**Snake River Community Clinic**

215 10th St 208-743-5899

Lewiston 83501

**SonBridge**

529-3100

1200 SE 12 St, College Place 99324

Sonbridge.org

Volunteer offer mental health services, offered by volunteers, Voice messages in English/Spanish

**Surviving Suicide Loss**

John Paulson 301-2692

Janet Moore 386-0456

No charge support group for adults who have lost someone to suicide. Meets 5:15–6:45 p.m., 2nd T.

**Student Mental & Behavioral Health**

**Nat’l Grad Crisis Line 877-GRADHLP**

Skype 877-472-3457

gradersources.org/crisis

**Community Colleges of Spokane (CCS) Student Health Clinic**

Mental Health-Multicare 533-8611

Mental health therapy and medication management as needed. Therapy Svcs 533-3525

**EWU Counseling & Psychological Services**

359-2366

225 Martin Hall, Cheney 99004

inside.ewu.edu/caps/capsinfo@ewu.edu

**EWU Spokane Counseling & Psychological Services** 828-1398

CAPS office: 359-2366

jweber18@ewu.edu ewu.edu

**Gonzaga University Health 313-4052**

& Counseling Center

704 E Sharp gonzaga.edu

Mail: 502 E Boone, MSC 2506, 99258 Studenthealth@gonzaga.edu

**Lewis & Clark State College Student Counseling Center**

Sam Glenn Complex, Rm 212

500 8th Ave

800-933-5272x2211

Lewiston 83501 208-792-2211
counseling@lcsc.edu lcsc.edu

Student Health Svcs 208-792-2251

**NIC Student Counseling Services**

Seiter Hall, Rm 100 208-665-4520

nic.edu

**Scc Counseling** 208-769-3362

Bldg 1, Rm 102 scc.spc.edu

**SFC Counseling** 533-3525

Bldg 30, 2nd flr. scc.spc.edu

**Uof - Moscow**

University Psychiatric Services Counseling and testing center

Mary Forney Hall, 1210 Blake Ave

uidaho.edu 208-885-6716

**Group Counseling**

etc@uidaho.edu 208-885-6716

**Walla Walla Community College**

Walla Campus 527-4262

Advising and Counseling Center

Main Building (D) wwww.cccd.edu

Clarkston Campus: 927-8102

CBW 346 Emma Carpenter emma.carpenter@wwcc.edu

**WSU Counseling and Psychological Services** 335-4511

Washington Bldg, Rm 302

POB 64233, Pullman 99164

After-hours crisis: 335-2159
counseling@wsu.edu wsu.edu

**WSU Spokane Counseling Services**

spokane.wsu.edu 358-7740

Crisis line: 368-6500

**Whitman College Counseling Center**

Weltly Health Center 527-5195

502 Boyer Ave whitman.edu

**Whitworth University Health & Counseling Services**

Schumacher Hall 777-3259

300 W Hawthorne whitworth.edu

counselingcenter@whitworth.edu

**Sunshine Terrace**

1102 S Raymond Rd 892-4342

Sokane Valley 99206 shfi.com

Provides long-term living options for people with mental health disease in a home-like environment. Offers variety of treatment to residents. Provides 128 beds, as a boarding house with independent living options.

**Trinity Group Homes of St. Vincent de Paul**

208-667-9607

POB 1861, Coeur d’Alene 83816

trinitygrouphomes.org

Provides adults experiencing severe, persistent mental illness with safe, affordable housing in 32 units. Offers a caring, community-supportive environment. Teaches life skills.

**Volunteers of America/ Kiemle Hagood**

info@khco.com vaospokane.org/housing

Affordable housing for chronically mentally-ill adults with comprehensive case management. Managed by Kiemle & Hagood.

**Applewood Apartments**

534-6562

4403 E 8th, Spokane Valley 99212

**Country Heights Apartments**

327-7132

6709 N Country Homes Blvd, 99208

**Trent Terrace Apartments**

12462 E Broadway Ave

Sokane Valley 99216 927-8102

**WSU Psychology Clinic**

Johnson Tower 362 335-3587

PO Box 644820, Pullman 99164

psychologyclinic.wsu.edu

Nonprofit community mental health center operated by the WSU Department of Psychology.