In-Home Care & Services

Moses Lake serves Adams, Lincoln, 1235 E Wheeler 764-0004
Moses Lake 98837 844-764-0004
PULLMAN OFFICE 844-637-9911
727 S Grand Ave, 99163 339-2773
Catholic Housing Communities

CATHOLIC CHARITIES EASTERN WA
12 E 5th Ave, 99202 456-2279

CHENey Care Center 235-6196
2219 N 6th, Cheney 99004

Comfort Keepers comfortkeepers.com
Caring for the elderly in Cheney and surrounding areas. Offers meal delivery, home care, independent living, assisted living, senior care, outpatient rehab, skilled care and rehabilitation.
Referrals 917-1323

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Comfort Keepers
Looking for energy bill assistance? We have options.

Avista partners with community agencies to provide financial assistance, plus we offer other services to help you manage and pay your bill.

- **Energy Assistance Grants** are available for income-qualified residential customers. Funds are distributed to qualifying customers through local community agencies – please call us at 1-800-227-9187 to find your local community agency or visit myavista.com/assistance.

- **Comfort Level Billing** divides yearly energy costs into 12 equal and predictable monthly payments.

- **Preferred Due Date** helps align your bill’s due date with payday.

- **Payment Arrangements** can be made on an individual basis for those in need.

For more ways we can help, please call 1-800-227-9187 or visit myavista.com/covid-19.
New Hope Resource Cntr 467-2900
Must reside north of Hawthorne Rd: Riverside, Elk, Chattaroy, Colbert and Mead, but not Deer Park. Reserve one week before, 9:30-1:30, T & Th; 6-8, W, by appointment.

Okanogan County 826-4391
Transportation and Nutrition
Improves lives for seniors, disabled, and general public of Okanogan, Chelan, Douglas, and Lincoln counties, thru transportation.

Panhandle Health Senior Companions
8500 N Atlas 208-415-5160
Hayden 83835  800-878-2364
panhandlehealthdistrict.org/home-health/senior-companion-program
Offers services to seniors, such as transportation to appointments.

People for People 800-851-4204
843 Kittleson, Moses Lake 98837
pfp.org/pfp/pfp/home.aspx  765-9249
Provides residents 60+ who are recipients of TANF with non-emergency transportation. For Medicaid transportation in Adams and Lincoln Counties 800-233-1624

Yakima 248-6726
SNAP Ride to Health 319-3050
Serves Spokane County residents 65+ or persons with disabilities, unable to qualify for public transit options. Rides offered for medical related transportation, such as medical appointments and pharmacy. Offers non-volunteer wheelchair options.

Special Mobility Services 534-9760
sms1.org  800-892–4817
Schedule 2-3 business days in advance, transportation to Medicaid eligible medical appointments. Provides most cost-effective mode of transportation such as ambulatory, non-ambulatory, gas vouchers, or bus passes. Also serves Adams, Asotin, Ferry, Garfield, Grant, Lincoln, Pend Oreille, Stevens and Whitman counties.

SMS Community Shuttle
534-7171/877-246-7433
Schedule 1 day in advance for shopping, hospital, airport STA connections, serves Hwy 2 and 395, Newport, Davenport, Ritzville. Runs twice daily. $2 one way, $3 round trip, $5 Newport. Door-to-door service within a mile of routes.

STA Paratransit
spokanetransit.com/paratransit
Wheelchair-accessible shared ride transportation service for individuals with disabilities in paratransit service area.

Rides for Seniors 328-1552
For passengers 60+ with $2/day pass, booking 1 day or within 2 hours. May be accompanied by one companion. spokanetransit.com

White Tail Transportation
PO Box 2124  448-0848
Priest River 83856  877-503-1261
whitetailtransportation.com
Non-emergency medical transportation for Coeur d’Alene, Post Falls and Sandpoint.

Senior For-Profit Options
Go-Go Grandparent: 855-464-6877
Same day affordable, service transportation provider for medical appointments, groceries and independent living.

Just for You Senior Services 939-9971
justforyouseniorservices.com
Transportation and personal assistant services for seniors in the Spokane metro area. $30 round trip, $20 one way, and medical appointments $35 round trip.

MedStar 800-236-2011
gomedstar.com
Offers door-to-door transportation with attendants, wheelchair accessible. Approved appointments for after-hour medicaid clients, errands and relocation.

MedTran 800-550-3782
gomedtran.com
Schedule 24 hours ahead for door-to-door transportation. Even serves weekends, nights and holidays.

Precious Cargo 951-9380
Door-to-door, wheelchair/ stretcher/other specific accommodations. Schedule 24 hours before trip.