Disabilities Resources, Adult

ALS Association - Evergreen Chapter
info@alsa-ec.org 866-STOP-ALS
webwa.alsa.org/site/PageServer?pagename=WA_homepage
Provides education, information, and services for patients and families living with ALS. Free loan locker of medical equipment and support groups for patients and families.

Spokane, Northern ID & MT Care Services Coord: Nathan Ziegler
nathan@alsa-ec.org 725-1002
Heart of the City, 772 W Kathleen Cœur d’Alene 83814 5:30, 3rd T

Athletics & Activities
Access 4 All Spokane PO Box 910, 99210
Dave@Access4AllSpokane.org
Access 4 All Spokane Coord: Dave Reynolds
Coalition of organizations and individuals that celebrate and encourage accessible and disability-friendly places, services and events in Spokane County.

C.A.S.T. for Kids 541-992-0441
2755 Commercial St SE, Ste 101
Salem OR 97302
Jessica@castforkids.org castforkids.org
C.A.S.T. for Kids Offers day fishing and boating for children with special needs.

Day out for the Blind Spokane 1502 E Holley Rd, 99217 710-0841
PO Box 7593, 99207 624-2850
FB: DayOutForTheBlind Spokane
Day out for the Blind Spokane John Guarner Provides entertainment and socializing for those who are legally blind. Activities include bingo, dancing and field trips.

Free Rein Therapeutic Riding 2002 W Waddell Rd, 99224
PO Box 30893, 99223 835-5222
FB: freeereinsspokane FB: freereinspokane.com 979-1468
Enhances physical, mental and emotional well being of individuals with disabilities.

Out of the Shadow’s Theater PO Box 818 208-818-0953
Hayden 83835 outoftheshadowstheater.com
ParaSport Spokane 999-6466
16201 E Indianan, Ste 1200, 99216 parasportspokane.org
Project ID: 4209 E Pacific, 99207 PO Box 18703, 99228 475-7185
projectsdp Spokane Provides recreation, socialization, work, personal development, and transitional opportunities to adults with intellectual and developmental disabilities in Spokane County.

Special Olympics Washington 1809 7th Ave Ste 1509 Seattle 98101 206-362-4949 info@sowa.org 206-752-7539 speciaolympicswashington.org
NE Region Area Dir: Brenda Devine BdevineSOWA@gmail.com

YMCA of the Palouse NE 105 Spring St, Pullman 99163 info@palouseymca.org
Colleen Hinman palouseymca.org
Special Olympics of Idaho 199 East 52 St POB 1900, 99220 800-915-6510
Garden City 83714 idso.org
snidaho.org 208-664-7735
Provides recreation programs for those with learning disabilities, sensory impairment, mental, emotional or physical handicap.

TEAM St. Luke’s 473-6053
PO Box 469, 99210 bozmann@nhs.org 473-6749
Volunteer Coord: Mary Bozeman Sports team and recreation for those with physical disabilities.

Therapeutic Recreation Services Spokane Parks & Recreation 825-6245
800 W Spokane Falls Blvd, 99201
Alice Busch spokane.parks.com abusch@spokanecity.org
Recreation for children/adults with developmental and physical disabilities—cooking, crafts, drama, hiking, power lifting, ice-skating, camping, dancing/trips.

Vital Northwest 208-397-2437
Joyolt.wix.com/vitalnorthwest
FB: VITAL Northwest
Provides educational and growth opportunities for a neuro-diverse community in the area of communication, connectivity, self-sustainability and adaptability.

Audiology, Hearing Services
MultiCare Rockwood Audiology Center multicare.org
-Downtown 342-3350
Deaconess Medical Office Bldg
801 W 5th Ave, Ste 205, 99204
Fax: 342-3377
SPOKANE AUDIOLGY 835-5111
801 W 5th St, 421, 99204
Lesly Losau Fax: 835-5222
joyolset12@gmail.com spokaneaudiolgyciinic.net

Autism
Autism Society of WA, Spokane spokane@autismsoocietyofwa.org autismsoocietyofwa.org/spokane
Pres: J Parry; Contact: K Simple
Provides intentional social activities for people diagnosed on the autism spectrum. Activities and promotions are included and not limited to any individuals with diagnosis.

NW Autism Center 328-1582
528 E Spokane Falls, Ste 14, 99202
nwautism.org Fax: 877-376-3335
Community Connections Dir: Jill Ide Operations Mgr: Adam Koger Supports, facilitates and builds comprehensive, community-based approaches to help adults and children with autism spectrum disorders and other developmental disabilities in the Inland NW. Provides info and referral with phone and website services.

The ISAAC Foundation 325-1515
POB 19202, 99220 Fax: 325-1516
kryster@theISAACFoundation.org theisaacfoundation.contigo.com
In Spokane, Stevens, Lincoln, Whitman and Kootenai counties.

Boost Collaborative 332-6561
SE 1235 Professional Mall, Pullman 99163
boostcollabotativewa.org info@boostcollaborativewa.org
Improves lives of individuals with disabilities in Whitman and Latah counties.

Brain Energy Support Team 2607 Bridgeport Way W 1/1, University Pk 99066 877-719-2378 admin@brainenergysupportteam.org
brainenergysupportteam.org
Spok Mall: 1314 S Grand Ste 2-128, 99202 877-719-2378 x115
Cent/EWA Coach: Marysa Rogozynski marysa@brainenergysupportteam.org
Provides Adams, Asotin, Columbia, Franklin, Ferry, Garfield, Lincoln, Pend Oreille, Spokane, Stevens, Walla Walla and Whitman counties with education, peer support, tools and strategies for individuals and families impacted by brain injury.

Brain Injury Assn of America
biwausa.com 800-444-6443
Bi Brain Injury Alliance WA biawa.org
PO Box 3044 206-467-4800
Seattle 98114 877-982-4292
Resource Center 877-824-1766

Catholic Housing Communities
Catholic Charities Eastern WA 12 E 5th Ave, 99202
ceceasternwa.org 456-2279
Offers service enriched apartments to low-income seniors, disabled and chronically homeless individuals across Eastern WA.

Center for Music Therapy
Music Therapy Transforms Lives 1315 N Napa, 99202 979-4357
Kim McMillin, RN, MT-BC, LMHC, LMTF musictherapy4health.com
Seeks special-needs autism, CP, neurological, medical and genetic disorders, 4+. Provides goal-based play therapy and family counseling using music therapy and rehabilitation/neurological interventions. Some state and private insurance accepted.

Center on Disabilities and Human Development
University of Idaho 800-885-6000
1187 Alturas Dr Fax: 885-6145
Moscow 83843 idahodhd.org
idahodhd@uidaho.edu
Seeks to improve lives for people with disabilities and their families through education, outreach, research and service.

Client Assistance Program (CAP) 2531 Rainier Ave 208-432-8324
Seattle 98114 888-721-6072
washingtongcap.org
Provides information about the Division of Vocational Rehab (DVR), the Dept of Services for the Blind (DSB), Independent Living Programs (ILPs) and Tribal Vocational Rehabilitation Programs. Includes independent-living programs and projects with industry. Help with mediation and administrative proceedings.

Compass Career Solutions 5709 W Sunset Hwy, Ste 100, 99224 Efain Antunez 795-8427
Supportive housing, case management, disabilities support, offers Fundamental Community Services Pilot Project.

Music therapy transforms lives!
Play therapy and Music Therapy for special needs children and adults!
Research Based Neurological Model Insurance Accepted

EFLC, 631 Sichard Allen, 2B-15 509-355-1112

Effective tools for change
509.979.4357 musictherapy4health.com
1315 N. Napa St.  Sno-King 99202
Deaf Center of Spokane
NEXUS INLAND NW 328-9220
1206 N Howard St, 99201
info@nexusnw.com nexusnw.com
Serves those with hearing loss in Eastern WA and Northern ID. Offers interpretive services.

Disability Action Center- NW, Inc
Services for persons with any kind of disabilities. Locations: dacnw.org
Post Falls 83854 208-357-3891
3726 E Mullan, 99002 Fax: 208-854-9500
Fax: 208-666-1362
Moscow 83843 208-883-0523
505 N Main St, 800-475-0070 Fax: 208-883-0524
Fax: 208-746-1004

Disability Action Center- Spokane
Serves those with disabilities. Includes services for students with disabilities. Locations: dacnw.org
Spokane 99204 500 8th Ave
Fax: 505 N Main St, 98905
Fax: 500 Tausick Way
Fax: 527-5463

Disability Action Center - The Center for Student Academic Success
Foley Center Library, Rm 208
501 E Boone, AD Box 19, 99258
disability@gonzaga.edu@gonzaga.edu
LEWIS & CLARK STATE COLLEGE - LCSC
500 8th Ave 800-333-5272 x2211
Fax: 501 E Boone, AD Box 19, 99258
disability@gonzaga.edu:gonzaga.edu

Disability Access - The Center for Student Academic Success
Foley Center Library, Rm 208
501 E Boone, AD Box 19, 99258
disability@gonzaga.edu:gonzaga.edu

Disability Access - The Center for Student Disability
Foley Center Library, Rm 208
501 E Boone, AD Box 19, 99258
disability@gonzaga.edu:gonzaga.edu

Disability Support Services
Provides access to essential needs through the lifespan, while specializing in MNRI and concussion/trauma recovery.
North Clinic
1117 E Westview Ct, 99218
South Clinic
2527 E 27th Ave, Ste 100, 99223

Epilepsy Foundation Washington
2311 N 45th #134 206-487-5251
Seattle 98103
Offers advocacy, information, referral and support to individuals and families affected by epilepsy.

EWU Disability Studies and Universal Access
359-2333
208 Senior Hall, Cheney 99004
Liya Deng
ldeng@ewu.edu
research.ewu.edu/ewu disabilitystud
ED: Doug Overlock
2917 N Cincinnati, 99207
Dir: Leah Nathan
101 W Indiana, 99205

Financial Management
The Are of Spokane
328-3626
Deb Breen dbeer@arc-spokane.org
Helps people avoid a financial crisis with protective payee services.

Hargert Club House
St Vincent De Paul 208-664-3095 x340
117 E Walnut, Coeur d'Alene 83814
kathleen@stvincentdepaudca.org
stvincentdepaudca.org
Dir: Kathleen Spores
Provides people living with cognitive disabilities the chance to remain employment, companionship, ties to their community and self-respect.

L'Arche Spokane
483-0438
703 E Nora, 99207
Fax: 483-0460
larchesco Spokane.org
Serves people with and without intellectual disabilities, sharing life in communities belonging to an international federation. Non-denominational ministry with spiritual emphasis. Licensed with state as an Adult Family Home.

Lilac Services for the Blind
1212 N Howard St, 99201
contact@lilacblind.org 328-9116
fax: 368-8965
Exec Dir: Cheryl Martin
High-quality, client-centered training, support and optical aids so people can remain independent and active while living with vision loss. Training for safe and independent travel.

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1212 N Howard St, 99201
contact@lilacblind.org 328-9116
fax: 368-8965
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fax: 368-8965
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High-quality, client-centered training, support and optical aids so people can remain independent and active while living with vision loss. Training for safe and independent travel.
National Multiple Sclerosis Society (MS) 800-344-4867
192 Nickerson St, Ste 100 Seattle 98109 FB: msnorthwest
nattsociety.org/Chapters/WAS
Serves people with MS, their families, professionals and
community members: referral/information, education, self-
help groups, counseling, social activities and equipment loans.

Panhandle Special Needs Inc
1424 N Boyer 208-263-7022 Sandpoint 83864 Fax: 265-0176
panhandlespecialneeds.com
Features specialized employment training, individualized life skills
training, an adult day health center, a retail greenhouse and a retail
thrift store, The Cottage.

People First of Washington
PO Box 97156 253-999-7222 Lakewood 98497
peoplefirstofwashington.org
Disabilities awareness and education, serving adults and
high school/transition students learning about self advocacy and
leadership.

Clarkston People First 751-6474
14th and Birch 800-758-1123
Clarkston 99403 Donna Lowary
dlow@Clarkston.com 3rd F/month

Grangeville Chapter 208-451-0275
Christian Church, 402 W South 1st
St, 83530 4 p.m., 2nd M
Gerald Lucas lucas9791@msn.com
Lake Roosevelt 680-4634
877 N Walnut St, Colville,
Danny Holmes-4:30 p.m., 3rd T

Palouse People First Chapter
2320 Salnave Rd 299-1827
Medical Lake 99022 3pm, Tues
Paul Ryan Paul.Ryan@dshs.wa.gov

Lilac Chapter 991-5861
Downtown Library 901 W Main, 99201
4 p.m., 2nd & 4th T
John Lemus FB: peoplefirstspokane

Poulsbo People First Chapter
Kenwood Square Apt 432-8025
1225 NW Nye St Pullman 99163
barto@co.pacific.wa.us
Chris Bartalay 6 p.m., 2nd Th

Republic/Ferry
Adv: Erica Thompson 685-0680
Spokane Falls Community College
St George Wright Lodge Rm 1A Adv: Craig Sicilia
855-473-3711 peoplefirstcv.com
7777
Craig@bism.org 4pm, 1st Th

Protective Payee Program
Receives/disburses funds for clients on SSI (Supplemental
Security Income) and SSI Because of mismanagement of
funds or mental incapacity, Provides self-sufficiency training in
money management and financial counseling.
American Indian Community
Center 535-0886
Goodwill 838-4246

St Vincent de Paul 208-664-3095
Spokane Valley Partners 927-1153 x21

Providence Multiple Sclerosis Center 252-9602
212 E Central, 4th Flr, 99208
Washington.providence.org
Serves people with MS and their families. Comprehensive
diagnosis, treatment and quality of life issues: self-esteem,
self-determination, independence and self-reliance.

Rehabilitation Hospital of the Northwest - Ernest Health 3372 E Jenalan Ave 208-262-8700
Post Falls 83854 Fax: 262-8675
rhn.ernesthealth.com
Provides specialized inpatient and outpatient rehabilitative service
to patients, serving Idaho and surrounding states. Sees patients
recovering from disabilities caused by injuries, illnesses or chronic
medical conditions.

Service Dogs
GUIDE DOG FOUNDATION 800-548-4337
GUIDE DOGS FOR THE BLIND 800-295-4050
SERVICE DOG SUITE 101.COM
skilskin.org 326-6760
4004 E Boone Ave, 99202
Fax: 323-8987
Training, employment programs, financial assistance-pace, residential services and structural obs for developmentally disabled.

Paye Services 209-2500
606 W Sharp, 99201 Fax: 624-3052

St. Start Idaho - Supportive Living 208-772-4639
120 W Prairie Ave #4
CDA 83815 Fax: 877-887-6327
dstartidaho.com
Offers children and adults to participate in Residential Habilitation (ResHab) to empower them with developmental and
intellectual disabilities to create and live their own lives.

Spokane Center for Independent Living (SCL) 326-6355
8817 E Mission Ave, Ste 106
Spokane Valley 99212 slicwa.org
ED: William Kane bill@slcwa.org
Exists to empower people with disabilities to be self-reliant and
self-determined and to advocate for their continued participation in
society. Provides: advocacy, Independent living skills training,
information and referral, peer support, youth and adult transition, assistive technology, housing search assistance. Services in Spokane, Lincoln, Pend Oreille, Whitman, Stevens and Asotin counties.

Spokane Transit/Paratransit 701 W Riverside, 99201
1212 W Sharp Ave, 99201
amitchell@spokanetransit.com
spokanetransit.com 328-1552
Wheelchair-accessible shared ride transportation service for disabled for service to locations not on fixed route buses.

St Luke’s Rehabilitation Institute 711 S Cowley St, 99202 473-6000
st-lukes.org Fax: 473-6097
Specializes in comprehensive inpatient and outpatient therapy for children and adults. Provides rehabilitation treatment for
stroke, spinal cord injuries, orthopedic issues and brain injuries.

Outpatient:
-Valley, 9119 E Broadway, 99206
-North, 235 E Rowan Ave, Ste 210
-North Occupation Rehab 551 E Hawthorne Rd, 99218
-South Occupational Rehab 421 S Division St, 99202

Tesh, Inc tjohnson@teshinc.com 3327 W Industrial 208-765-5105
coeur d’Alene 83815 Teshinc.com
Terri Johnson Fax: 765-3817
Rehabilitation services and vocational assistance for disabled: Service coordination for individuals 18+ eligible for Medicaid;
pathways to independence; Children and Adult Services; and supported employment supervision in work-related skills.

The Arc of Spokane 328-6326
320 E Second St, 99202 sthopper@arc-spokane.org
Fax: 328-6342
Exec Dir: Sima Thorpe Promotes independence and choice, and enhances quality of life for people with developmentally
disabilities and their families. Provides information, resources,
education, advocacy, emotional support and direct support.

Arc Community Center Allows people with developmental disabilities to connect with others. Offers daily social, recreational,
educational and volunteer activities, plus monthly dances and an annual variety show. Builds confidence and provides meaningful
day-time activities.

Home Ownership Opportunities Offers person-centered approach to support people with developmental disabilities to plan
early for their future and obtain home ownership. Provides action plans to access low-interest funds and down payment assistance programs.

Supported Living lrichardson@arc-spokane.org
Lynnette Richardson
Offers a community living program, supporting about 40 adult men and women with developmental disabilities who live as house mates in homes they own, lease or rent together. With the freedom to work, socialize and recreate as they wish, clients are provided a comfortable home and life, full access to the community and caring staff able to meet their health and personal care needs.

University Hearing & Speech Clinic (UPCD) - EUGEN S. FLOYD COLLEGE OF MEDICINE - SPEECH AND HEARING SCIENCES - WSU SPOKANE Health Sciences Bldg 828-1333
310 N Riverpoint Blvd, 99202
upcd@wsu.edu medicine.wsu.
education spendingscience-2/university-hearing-and-speech-clinic/
Evaluates and treats speech, language and hearing disorders.

Vision Problems/Screenings/Eye Glasses
Eye Care America 877-887-6327
sight.org/eye-care-america
Lilac Blind Foundation 328-9116
800-422-7893
One Sight 924-8517
14700 E Indiana onesight.org
Spokane Valley (Mail) 99216
National Center for the Blind
nfb.org 410-639-9314
Spokane Central Lions Club
Lilac Services for the Blind 1212 N Howard, 99201
crleague.org/sites/spokanecentral
Eye glass donations for low income.

WA DEPT OF SERVICES FOR THE BLIND
sheldrow Blvd, 510 W Riverside, 99201
dsb.wa.gov 456-4458
WA SENSORY DISABILITY SERVICES
wsdonline.org 800-572-7000

Vocational Rehab, Employment Opportunities
ABLE TO WORK - IDAHO STATE
INDEPENDENT LIVING COUNCIL (SILC)-ID
DEPT OF LABOR ablework.idaho.gov
Offers employment opportunities for people in ID with disabilities.

HIRE ABILITY SPOKANE 217-4142
203 N Washington, 99201
Charly Walters charly@gowise.org

HIRE ABILITY SPOKANE 217-4142
203 N Washington, 99201
Charly Walters charly@gowise.org

DVR - DIVISION OF VOCATIONAL
REHABILITATION (DSHS)
PO Box 45340 TTY 360-725-3636
Olympia 98504 360-438-8007
Spanish line 866-217-2964
Public Assistance 877-501-2233
ds.wa.gov/dvr
Helps people with disabilities prepare for, obtain and retain
employment. Vocational rehab programs are custom-designed for each individual.

Spokane DVR 363-4700
1313 N Atlantic St, Ste 1000,
State-federal program helps people with disabilities prepare for, secure, retain or regain employment.

**Coeur d'Alene Regional Office**
2025 W Park, #101 208-769-1441
83814  Fax: 769-1440

**Lake City Mental Health**
2195 Ironwood Ct 208-769-2762
CDA 83814  208-769-2763

**Sandpoint Sub Office**
102 S Euclid Ave, Ste 211, 83864  Fax: 263-8423

**Lewiston Regional Office**
1118 E St  208-799-5070
Drawer B, 83501  Fax: 799-5073
River City Mental Health
1118 E St  208-816-5321

**Orofino**
208-476-5574

**Plan to Work**
866-497-9443

**Community-Minded Enterprises**
2001 N Division, 99201
plantwork@community-minded.org
plantwork.org

Prog Coord: Amber Crane
For those on SSI/SSDI who want to return to the workforce.

**PEOPLE ACCESSING CAREERS AND EDUCATION (PACE)-SCC**
279-6033
sc.cspokane.edu

Provides specialized programs to individuals with obstacles to learning and employment, including job readiness.

**WA Talking Book & Braille Library**
206-615-0400
2021 9th, Seattle 98121  wtbbbl.org
wtbbbl@sos.wa.gov  800-542-0866

Library service for WA residents unable to read print because of a visual disability. Mails equipment and books to library users.

**WA Developmental Disabilities in Counties**
Adams County Integrated Health Care Service - Developmental Disabilities Services  659-3306
Lincoln County - Developmental Disabilities Program  725-1086
707 13th St
Davenport 99122  Fax: 725-5851

**Developmental Disabilities Division**
Spokane County Community Services, Housing & Community Development (CSHCD)  477-2029
312 W 8th Ave, 99204  spokanecounty.org  Fax: 477-6082
bnichols@spokanecounty.org
Prog Mgr: Brian Nochols

Adult services to assist those with developmental disabilities and to maintain employment, and live full, participating and contributing lives within the community. Increases public awareness through information and education and builds community capacity for including people with developmental disabilities.

**Stevens County Counseling Services**
165 E Hawthorne Ave  684-4597
Colville 99114  Fax: 684-5286
cos.stevens.wa.us/counseling/services.htm

**Whitman County Division of Developmental Disabilities**
310 N Main St  397-6238
Colfax 99111  Fax: 397-5647
Develop Serv. Coord: Tim Myers

**West Central Community Center Supportive Services**
1603 N Bell, 99205  westcentralcc.org  323-7517

Two programs provide adults with developmental disabilities opportunities to participate in community activities. Clients offered physical fitness, music, arts & culture, and other activities.