Food Service Worker Training
See below under Women’s, Employment for similar employment training options.

Basic Food Employment & Training
(BFAT - DSHS) basicfoodet.org
Inland NW Culinary Arts Academy
-SCC 533-7283
SRHD Permits 324-1560x8
YWCA of Spokane 789-9307 x8307

Gonzaga University
502 E Boone, 99258 328-4220
gonzaga.edu 800-986-9585
Catholic Studies 313-6609/5973
Counseling & Career Assessment Center 313-4054
Gonzaga Bulletin 313-5865
gonzabulletin.com
KAGU FM 88.7 313-6660
Law School 313-3700
law.gonzaga.edu

Goodwill Industries of the Inland NW Workforce & Family Services
130 E 3rd, 99202 838-4246
discovergoodwill.org TDD 344-0163

Greater Minds 321-3623
801 W Riverside, 99201
greatermindsspokane.org

High School Programs 533-4600
Spokane Community College
ABEInquiry@scc.spokane.edu
Running Start 279-6004

Offers paths to high school completion: 1) High School+ offers completion for those 18 and younger, 2) a GED offers completion for those 19+. Offers classes in person, online, or in hybrid formats at community colleges. Running Start program is offered in Spokane and rural Education centers. Offers high schoolers college credit and high school credit at the same time.

Hope Center 208-882-4144
1212 W Pullman Rd 208-569-4470
PO Box 8622, Moscow 83843
hopecenterservices@gmail.com
hopecentermoscow.com
Exec Dir: Sheri Anglen
Svcs Coord: DeDe McReynolds
Admin: Jessica Burns
Job training and life skills training program for adults with barriers to entry level employment, includes budgeting, GED tutoring, support coaching and Celebrate Recovery.

I-BEST (Integrated Basic Education and Skills Training)
Spokane Community College
1810 N Greene St, 99217
scc.spokane.edu 533-4600
Teaches students literacy, work,

Express Employment Professionals
Respecting People. Impacting Business.™
Owned by Susan and Ira Amstadter

Helping area non-profits grow & prosper

Every day, we help people like Wes through programs that focus on employment, housing support and financial stability.

Call us to learn more at 509-838-4246.

Visit our GoodwillINW YouTube channel to see lives changed with Goodwill.

Goodwill®
Industries of the Inland Northwest
www.discovergoodwill.org
and college-readiness skills so they can move through school and into living wage jobs faster. Both SCC and SFCC offer college-credit classes that combine college coursework with basic skills training and assistance.

**Idaho Department of Labor**

**labor.idaho.gov**

Kootenai County
208-457-8789
600 N Thornton St
Fax: 773-5773
Post Falls 83854
kcmail@labor.idaho.gov

St. Maries & Kellogg Area Mobile Office
457-8789 x3873/3813
smariesselmail@labor.idaho.gov

Sandpoint 83864
208-263-7544
613 Ridley Village Rd, Ste C
Fax: 265-0193
sandpointmail@labor.idaho.gov

Bonners Ferry Area Mobile Office
457-8789 x3828/3505
bonnersferrymail@labor.idaho.gov

Leviton 83850
208-799-5000
Fax: 799-5007
lewistonmail@labor.idaho.gov

Grangeville Area Mobile Office
208-799-5000 x3789/4311
grangevillemail@labor.idaho.gov

Moscow Area Mobile Office
208-799-5000 x3531/3853
moscowmail@labor.idaho.gov

**Idaho Industrial Commission**

**iic.idaho.gov**

Coeur d'Alene 83814
208-769-1492
3012 N Nevada St, Ste 1, 99207
jobcorps.gov

Job Corps 800-733-JOBS (5627)
jobcorps.gov

**Spokane Workforce Council**

140 S Arthur St, Ste 300A, 99202
admin@spokaneworkforce.org

**UGM Motors**

327-4357
7103 E Sprague, 99116
Mngr: Jim Stroh
ugmmotors.org

Restoring cars, rebuilding lives. Men and women in transition receiving job training and Christian discipleship. Donated cars are reconditioned and sold to fund UGM's homeless services.

**University of Idaho - Moscow**

875 Perimeter Dr
Moscow 83844
888-884-3246
uidaho.edu

Career Services
208-885-6121
Student Media
208-885-2220
TRIO Projects
trio@uidaho.edu

University of Idaho - Coeur d'Alene Campus
208-667-2588
1031 A Main St, Ste 242
Coeur d’Alene 83814

Extensions Northern District
extension.uidaho.edu
208-736-3603

Bonneville County
208-245-2422
701 College Ave, St. Maries 83861

Bennett County
208-263-8511
4205 N Boyer Ave, Sandpoint 83864

Boundary County
208-267-3235

and college-readiness skills so they can move through school and into living wage jobs faster. Both SCC and SFCC offer college-credit classes that combine college coursework with basic skills training and assistance.

**Idaho Department of Labor**

**labor.idaho.gov**

Kootenai County
208-457-8789
600 N Thornton St
Fax: 773-5773
Post Falls 83854
kcmail@labor.idaho.gov

St. Maries & Kellogg Area Mobile Office
457-8789 x3873/3813
smariesselmail@labor.idaho.gov

Sandpoint 83864
208-263-7544
613 Ridley Village Rd, Ste C
Fax: 265-0193
sandpointmail@labor.idaho.gov

Bonners Ferry Area Mobile Office
457-8789 x3828/3505
bonnersferrymail@labor.idaho.gov

Leviton 83850
208-799-5000
Fax: 799-5007
lewistonmail@labor.idaho.gov

Grangeville Area Mobile Office
208-799-5000 x3789/4311
grangevillemail@labor.idaho.gov

Moscow Area Mobile Office
208-799-5000 x3531/3853
moscowmail@labor.idaho.gov

**Idaho Industrial Commission**

**iic.idaho.gov**

Coeur d'Alene 83814
208-769-1492
3012 N Nevada St, Ste 1, 99207
jobcorps.gov

Job Corps 800-733-JOBS (5627)
jobcorps.gov

**Spokane Workforce Council**

140 S Arthur St, Ste 300A, 99202
admin@spokaneworkforce.org

**UGM Motors**

327-4357
7103 E Sprague, 99116
Mngr: Jim Stroh
ugmmotors.org

Restoring cars, rebuilding lives. Men and women in transition receiving job training and Christian discipleship. Donated cars are reconditioned and sold to fund UGM's homeless services.

**University of Idaho - Moscow**

875 Perimeter Dr
Moscow 83844
888-884-3246
uidaho.edu

Career Services
208-885-6121
Student Media
208-885-2220
TRIO Projects
trio@uidaho.edu

University of Idaho - Coeur d'Alene Campus
208-667-2588
1031 A Main St, Ste 242
Coeur d’Alene 83814

Extensions Northern District
extension.uidaho.edu
208-736-3603

Bonneville County
208-245-2422
701 College Ave, St. Maries 83861

Bennett County
208-263-8511
4205 N Boyer Ave, Sandpoint 83864

Boundary County
208-267-3235

...
University of Washington
201 W Main, 99201 838-4689
wspokane@uw.edu  washington.edu

Wallawalla Community College
877-992-9922
500 Tausick Way 522-2500
Wallawalla 99362 wcc.wa.edu
Adult Basic Education wcc.wa.edu/cap
GED wcc.wa.edu/ged
Alternative Education 527-4324
Career & Employment Svcs 527-4262
High School Completion 527-4262
Running Start 527-4250
TRIO Student Support 527-4258
Clarkston Campus 758-3339
1470 Bridge St, 99403
-Basic Food & Employment Training 751-4058
-Distance Learning 527-4331
-High School Completion 527-4262
-Running Start 527-1718
-TRIO Student Support 527-4258
-Workforce and Business Development Center 758-3339
-WorkSource Connections 758-1716

WA Foundationial Supports
844-451-2828
Amerigroup RealSolutions
Fax: 844-470-8859
providers.amerigroup.com

Offers benefits for supportive housing and supported employment for Medicaid-eligible beneficiaries with complex needs. Works with housing and employment providers to help clients find and maintain jobs; acquire stable, independent housing; and gain the necessary skills to be successful.

WA State Human Rights Commission, Spokane District
Rock Pointe Plaza III, 1330 N Washington St, Ste 2460, 99201
hum.wa.gov 800-233-3247

TTY 800-300-7525
Investigates allegations of discrimination in employment, housing, public accommodation, credit and insurance.

WSU Spokane
412 E Spokane Falls Blvd, 99202
PO Box 1495, 99210 358-7500
24-hour Info Line: 323-2474
CAREER SERVICES 358-7537
Small Business Development Center wsbdc.org 358-7765
SPEECH & HEARING SCIENCES 358-7513

WGU Washington
Enrollment: 877-214-7004
washington.wgu.edu
An accredited, private, nonprofit, on-line university.

Whitman College
CAREER SERVICES - Student Engagement Center 527-5183
Whitman Wire whitmanwire.com

Whitworth University
300 W Hawthorne Rd, 99251
whitworth.edu 777-1000
ADULT DEGREE PROGRAM 777-3222
CAREER SERVICES 777-3272
SCHOOL OF CONTINUING STUDIES 777-3222
EDUCATIONAL SUPPORT SERVICES 777-3380
KRWS Webcasting whitworth.fm
The Whitworthian 777-3248

Women’s Employment
CHRIST KITCHEN 325-4343
2410 N Monroe, Spokane 99205
janbow@msn.com christkitchen.org
Kim@christkitchen.org
ED/CEO: Kim Kelly
Fndr: Jan Martinez
Nonprofit Christian ministry providing work, job training and fellowship for women in poverty in Spokane.

HOMEPAGE (HELPING OURSELVES MEANS EDUCATION) 359-2894
1715 W Main, Pullman 99163
- EWU Women’s and Gender Studies, Monroe Hall 207
Chenery 99004 jlogan@ewu.edu
Lisa Logan ewu.edu/css/womens-and-gender-studies/home/
Helps non-traditional students complete degrees by providing information, networking, opportunities, scholarships, advocacy and encouragement.

NEW LEAF BAKERY CAFE JOB TRAINING - TRANSITIONS Kitchen: 3128 N Hemlock, 99205
Cale: 532-3101
Newleaf@help4women.org

Prog Dir: Jamie Borgan
Helps women develop marketable skills for employment.

Women to Work Program - yWCa
20 E 9th St, 99201
ywcaspokane.org

Ignite Bldg, 120 N Pine St, 99201
ewu.edu/css/womens-

pacificnorthwest.org

Walking to Work Program - yWCa
Kitchen: 3128 N Hemlock, 99205
jlogan@ewu.edu
christkitchen.org

Kim@christkitchen.org

ED/CEO: Kim Kelly
Fndr: Jan Martinez
Nonprofit Christian ministry providing work, job training and fellowship for women in poverty in Spokane.

HOMEPAGE (HELPING OURSELVES MEANS EDUCATION) 359-2894
1715 W Main, Pullman 99163
- EWU Women’s and Gender Studies, Monroe Hall 207
Chenery 99004 jlogan@ewu.edu
Lisa Logan ewu.edu/css/womens-and-gender-studies/home/
Helps non-traditional students complete degrees by providing information, networking, opportunities, scholarships, advocacy and encouragement.

NEW LEAF BAKERY CAFE JOB TRAINING - TRANSITIONS Kitchen: 3128 N Hemlock, 99205
Cale: 532-3101
Newleaf@help4women.org

Prog Dir: Jamie Borgan
Helps women develop marketable skills for employment.

Women to Work Program - yWCa
20 E 9th St, 99201
ywcaspokane.org

Ignite Bldg, 120 N Pine St, 99201
ewu.edu/css/womens-

pacificnorthwest.org

Walking to Work Program - yWCa
Kitchen: 3128 N Hemlock, 99205
jlogan@ewu.edu
christkitchen.org

Kim@christkitchen.org

ED/CEO: Kim Kelly
Fndr: Jan Martinez
Nonprofit Christian ministry providing work, job training and fellowship for women in poverty in Spokane.

HOMEPAGE (HELPING OURSELVES MEANS EDUCATION) 359-2894
1715 W Main, Pullman 99163
- EWU Women’s and Gender Studies, Monroe Hall 207
Chenery 99004 jlogan@ewu.edu
Lisa Logan ewu.edu/css/womens-and-gender-studies/home/
Helps non-traditional students complete degrees by providing information, networking, opportunities, scholarships, advocacy and encouragement.

NEW LEAF BAKERY CAFE JOB TRAINING - TRANSITIONS Kitchen: 3128 N Hemlock, 99205
Cale: 532-3101
Newleaf@help4women.org

Prog Dir: Jamie Borgan
Helps women develop marketable skills for employment.

Women to Work Program - yWCa
20 E 9th St, 99201
ywcaspokane.org

Ignite Bldg, 120 N Pine St, 99201
ewu.edu/css/womens-

pacificnorthwest.org

Walking to Work Program - yWCa
Kitchen: 3128 N Hemlock, 99205
jlogan@ewu.edu
christkitchen.org

Kim@christkitchen.org

ED/CEO: Kim Kelly
Fndr: Jan Martinez
Nonprofit Christian ministry providing work, job training and fellowship for women in poverty in Spokane.

HOMEPAGE (HELPING OURSELVES MEANS EDUCATION) 359-2894
1715 W Main, Pullman 99163
- EWU Women’s and Gender Studies, Monroe Hall 207
Chenery 99004 jlogan@ewu.edu
Lisa Logan ewu.edu/css/womens-and-gender-studies/home/
Helps non-traditional students complete degrees by providing information, networking, opportunities, scholarships, advocacy and encouragement.
WorkSource Republic (Ferry)
63 N Keller St, Ste B, 99166
Walk-in location: WS Colville
956 S Main, Ste B  800-451-1549
jlundquist@esd.wa.gov
Fax: 685-6094

WorkSource Spokane
worksourcewa.com  888-316-5627

SPOKANE OFFICE
130 S Arthur, 99202
Go2worksource.com  Fax: 532-3110
Provides a wide range of no-cost employment and training resources and programs provided by state and local agencies and organizations.

WORKSOURCE CONNECTIONS
Goodwill, SCC, Spokane County Library, SFCC, Spokane Public Library, YWCA.

Café, Coffee House
Catering, Box Lunches
Gift Baskets, Gift Certificates
Gourmet Dry Food Mixes
Amazing Food Truck
Job Training
www.christkitchen.org   •   509-325-4343

New Leaf Café
• Full espresso bar •
• Breakfast - Lunch & More •
930 N Monroe (inside YWCA)
496-7298 M-F 8am to 1:30pm
CATERING - 496-0396  www.help4women.org
Moving Lives Forward Through Job Readiness