Food & Clothing Distribution

Organizes food packing events for children and families in US and around the world.

Food Preparation, Cooking & Nutrition Courses
EAT SMART IDAHO - UI EXTENSION
Eatsmart@uidaho.edu  uidaho.edu/extension/eatsmartidaho
State Coord: Kristin Hansen
Education to help limited-resource adults learn how to stretch food dollars to provide tasty, low-cost, nutritious meals for their families.
-NORTH IDAHO 208-446-1686
Prog Coord: Kali Gardiner
kali@uidaho.edu
FOOD SAFETY, APPLIED NUTRITION, OUTREACH AND INFO CENTER
Food Education: 888-723-3366
FOOD SAFETY - SRHD 324-1560 x2
1101 W College, 99201  srhd.org
Restaurant inspections, complaints and permitting.
SNAP-ED - NUTRITION EDUCATION NETWORK OF WA nutrition.wsu.edu
manenica@wsu.edu
A nutrition education program that teaches youth and adults with limited incomes skills and behaviors to eat healthy and maximize the value of their food dollars and food assistance benefits.
ASOTIN 243-2009
kim.belanger@wsu.edu
PEND Oreille 447-6479
christine.knoefler@wsu.edu
SPokane 477-2194
Ivananrooy@spokancecounty.org
WAlla WA 524-2685
meke.johnson@wsu.edu
SPokane Valley Partners 927-1153
10814 E Broadway, 99206
PO Box 141360  Fax: 928-8463
Spenok Valley 99214  svpart.org
The Kitchen - Second Harvest
1234 E Front St 252-6271
melissa.johnson@2-harvest.org
secondharvestkitchen.org
Food Stamps, (EBT)
SUPPLEMENTAL NUTRITIONAL ASSISTANCE PROGRAM (SNAP)
-Food and Nutrition Office, West Regional Office 415-705-1310
90 Seventh St, Ste 10-100
San Francisco CA 94103
fns.usda.gov/snap
Offers nutrition assistance to millions of eligible, low-income individuals and families, provides economic benefits to communities.
-WASHINGTON Application dshs.wa.gov 877-501-2233

1 in 8 people, including 1 in 5 children, in Spokane and the Inland Northwest struggle with hunger.
Second Harvest provides free food to over 55,000 people each week through neighborhood food banks, meal programs and Mobile Market distributions.
You can help. Donate. Volunteer. Organize a drive.
Visit 2-harvest.org and click “FOOD NEAR ME” for a list of local pantries and Mobile Markets.

HEALTHY FOOD. EVERY PERSON. EVERY DAY.

“I think the stigma was that everybody that goes to the food bank is just looking for a handout. A large part of it for us is we feel like we’ve done so many things right, but we’re still stuck in a situation where we can’t quite afford rent, or food stamps aren’t getting us all the way through the month.” - Austin

Food for Kidz 868-9260
Eastpoint Church Warehouse at, 15303 E Sprague foodforkidz.org
6009 N Heye, Newman Lake 99025
Jim Dodd jim@foodforkidz.org

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EFC, 631 S Richard Allen Ct, #215 Spokane WA 99202 - 509-533-4112

2nd Harvest
(509) 534-6678 | 2-harvest.org
Inland Empire Chapter of Safari Club International
2910 E 57th, Ste 5, PMB 306, 99223
larrymaddux.sci@gmail.com
isci.org/sportsmen.htm  443-1474
Sportsmen Against Hunger program invites hunters to donate
game meat to local charities.

Idaho Mobile Food Bank
208-336-9643
3562 South TK Ave, Boise 83705
idahofoodbank.org/idaho-food-assistance-mobile-pantries-only/
Jumping Beans Mobile Food Bank Pantry 9428 N Government Way
Hayden 83835  208-762-7052
jumpingbeans.org  Fax: 762-7022
Second Harvest of the Inland NW 1234 E Front  534-6678

NEW Hunger Coalition
Tri County Economic Develop. Dist Bldg, 986 S Main St, Ste D
Colville 99114 690-1299
office@newhungercoaltion.org
newhungercoaltion.org

Northwest Harvest Spokane Warehouse 800-722-6924
PO Box 12272, Seattle 98102
northwestharvest.org

Quilting Ministry, Women
Christ Central 327-9322
19 W Shannon Ave, 99205
Meet 9a.m.-noon, every other Thursday assembles for needy.

Save Spokane 444-8445 x111
8303 N Division, 99208
vinnydpizzo@yahoo.com
Vinny Del Pizzo  ServeSpokane.org
Admin: Cathy Del Pizzo
Faith-based community outreach to those in need includes: food/
clothing, small construction projects and backpack giveaway.

SNAP Cuisine for Clients snapwa.org  456-SNAP
Donations will be used to purchase meals from SNAP-
supported restaurants and donated
to residents living at SNAP
affordable housing properties.

Those jeans you bought
aren’t just a good deal.
They’re also helping people
get jobs, housing, and training
in the Inland Northwest.

Good job, you!
You just joined
the Cycle for Good.

DONATE. VOLUNTEER. RAISE YOUR VOICE.
northwestharvest.org | 800.722.6924
Spokane Food Fighters
Hello@SpokaneFoodFighters.org
280-7643
People may fill out a quick form and submit their request for volunteers to deliver food to their front step (unless otherwise specified). Deliveries are made between 4 - 9 p.m. daily. Able to fulfill up to 25 requests daily.

Thrift Stores
Days & hours vary
Spokane Locations:
- Arc of Spokane, The
  808 N Ruby, 99201
- Bark it Market Thrift Store - SpokAnimal
  534-8133 x216
  715 N Crestline, 99202
- Bark it Market Thrift Store - Downtown Spokane
  Goodwill
  1024 S Perry, 99202
- Bark it Market Thrift Store - Post Falls
  332-1735
  2515 W Main, 83854
- Bark it Market Thrift Store - Yakima
  509-246-4030
  214 N 1st, 98901

Sells gently used clothing and household items, emergency food services, vegetarian food.

Spokane Area Jewish Family Services
director@sajfs.org
3132 E 30th, 99203 747-7394
Exec Dir: Neal Schindler safs.org
Provides food to clients, usually delivering it to their doorstep but not having contact.

Spokane Food Fighters
Hello@SpokaneFoodFighters.org
280-7643

Goodwill's community service programs are funded by donations and sales at 11 regional Goodwill stores and shopgoodwill.com. $8.50 of every dollar directly supports services in the communities. Shop and donate at any locations:
- Downtown Spokane Goodwill Store 444-2396
  202 E Third Ave, 99202
- Goodwill Outlet Store, 1406 E Front Ave, 99202 279-2916
- North Nevada Goodwill Store 9832 N Nevada, 99218 466-2012
- Northwest Blvd Goodwill Store 2282 N Ash St, 99205 321-0579
- South Hill Goodwill Store 2927 E 27th 321-0478
- NW Christian School Thrift Store 6607 N Maple 326-1522
- Salvation Army Thrift Store 2020 N Division 99207 325-6805
- Spokane Christian Fellowship Thrift Store 1505 W Cleveland, 99205 328-1735
- The Windfall - St John's Cathedral 1024 S Perry, 99202 334-3888
- Thrift-Shop on FB 827 W Cleveland, 99205 279-2916
- Thrift Boutique 327-1584
- Corbin Senior Center 827 W Cleveland, 99205
- UGM Thrift Store - Downtown 301 W Boone, 99201 326-3316
- unioneospelmission.org/thrift-stores/

Provides job training and a safe work environment for UGM residents and other men and women in transition. Proceeds help fund its homeless services.

Valle Village valuevillage.com
- 708 W Boone, 99201 325-2569
- Veterans Thrift Store 290-6891
  4507 W Wellesley Ave
  freehandymanoldabledveterans.org/

In Spokane Valley:
Goodwill Resale/Thrift 928-4032
13721 E Sprague Ave, 99216
Salvation Army Thrift Store
11211 E Sprague, 99037 928-9970
spokanethriftstore.salvationarmy.org
UGM Thrift Store - Valley
11921 E Sprague, 99206 927-5905
unioneospelmission.org/thrift-stores/

In Eastern WA (509):
Care & Share 299-9024
211 N LeFevre, Medical Lake 99022
Colville Goodwill Store 684-6162
168 N Main, Colville 99114
Colville Habitat for Humanity 480 N Main 684-2319
East Wenatchee Goodwill Store 620 Grant, Ste A, 98801 884-1906
Greenhouse, The 276-8224
31 N Main St, Deer Park 99006
Moses Lake Goodwill Store 789 N Central, 98837 765-1769
Needful Things Community Thrift - Palouse Community Center 220 E Main St, Palouse
Newport Adventist Thrift Store 777 Lilac Ln, 99156 447-3488

Located in the vibrant South Perry Neighborhood
1024 S Perry - 534-3888 - 12:30-5:30 Tues-Sat - noon-5 Sat
A community ministry of the Service League of the Cathedral of St. John, Episcopal
REAL LIFE MINISTRIES THRIFT STORES
1916 N Cecil Rd (PF)  777-092

SAFE PASSAGE VIOLENCE PREVENTION CENTER  850 N 4th St  664-9303
-St Vincent de Paul
-Cda, 108 E Walnut  426-4699
-PF, 202 W Selkirk  773-6836

BONNERS & BOUNDARY COUNTIES
2nds Anyone  263-3247
101 N Boyer St, Sandpoint 83864

Bonners Ferry Community Thrift
6778 Main/P.O.B 331, 83802-5359

SECOND CHANCE ANIMAL ADOPTION
6647 Lincoln St, 83805  267-2815
secondchanceanimaladoption.com

CLARK FORK THRIFT & GIFT STORE
Clark Fork UMC, 116 W 2nd, 83811  266-1234

GOODWILL STORE  265-1980
204 Larkspur St, Ponderay 83852

PLCCA THRIFT STORE  443-1403
Lamb of God Lutheran, 26506 Hwy 57, Priest Lake

Priest River Community  448-0707
6042 Albeni Hwy, Priest River 83856

SENIOR CITIZENS’ THRIFT STORE
70 Walker Way, Sagay  265-2627

West Bonner County Food Bank
315 E 3rd South, Oldtown 597-3236

Nez Percé County - Lewiston  83501
GOODWILL STORE
3154 Fifth St  743-4528

IDaho Youth Ranch Thrift  746-3040
432 Thain Rd, 83501 younthriftstores.org

Salvation Army Family Store
1806 21st St  746-9654
lewistonthriftstore.salvationarmy.org

St Vincent de Paul
3138 5th St  746-7860

Latah County
GOODWILL STORE
201 Washonnet Dr  883-4280
Salvation Army Family Store
315 S Jackson  883-4812
moscowthriftstore.salvationarmy.org

THE HOPE CENTER  882-4144
1212 W Pullman Rd, Moscow

THE TROY THRIFT STORE  835-4357
102 6th, Troy

Shoshone County
REAL LIFE MINISTRIES THRIFT STORES
10 S Division, Pinehurst  682-4801

SECOND CHANCE THRIFT STORE
221 Main St, Ste B  752-1111
PO Box 132, Smelterville 83868

St Vincent de Paul
415 Mullan, Osburn  556-1460

UGM Men’s Shelter  535-8510
1224 E Trent, 99202
POB 4066, 99220  Fax: 535-0315
uniongospelmission.org
Dir: Gabe Shippam
Provides emergency shelter, food, clothing and medical care for homeless men.

Women & Children’s Free Restaurant & Community Kitchen
volunteer@wcfrspokane.org
1408 N Washington, 99201
wcfrspokane.org  324-1995
Exec Dir: Lisa Diffley
Provides FREE scratch-made, nutritious meals in a safe, supportive environment for women and children.
Serves: Dinner 3-5:45 p.m., TW; lunch 11:30 a.m.-1:15 p.m., F.

Shalom MINISTRIES
DINING WITH DIGNITY
serves 4,000+ meals/month at
New Community Church
3rd & Howard

BREAKFAST: Monday – Thursday at 7:30 AM
DINNER: Monday and Tuesday at 4:30 PM
509-455-9019 • www.shalommmeal.org

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