

Multi-Services Agencies - Spokane

CATHOLIC CHARITIES

12 E 5th Ave, Spokane 99202 **358-4250**
cceasternwa.org **800-831-1209**

Catholic Housing Communities 456-2279
 Childbirth & Parenting Assist (CAPA) /
 PREPARES 455-4986
 Christmas Bureau 358-4254
 Counseling Services 242-2308
 Emergency Financial Assistance 358-4963
 Food for All 459-6163
 House of Charity 624-7821
 Homeless Families Coordinated Assessment
 325-5005
 Immigration Legal Services 455-4960
 Parish Social Ministry 358-4273
 Providence House of Charity Medical Clinical
 626-9825
 Rising Strong 960-8632
 Senior Services/Volunteer Chore Services
 459-6175
 St Anne's Children & Family Center 232-1111
 St Margaret's Shelter 624-9788

GOODWILL INDUSTRIES

130 E Third Ave **838-4246**
 Spokane 99202 **TDD 344-0163**
Discovergoodwill.org Clark Brekke

Career & Resource Center 838-4246
 Employee & Training Services 838-4246
 Housing & Essential Needs 838-4246
 Next Generation Zone 344-7800
 Protective Payee Office 838-4246
 Thrift Store:
 -Spokane Downtown 444-2396
 -Spokane South Hill 321-0478
 -North Nevada 466-2012
 -Northwest 321-0579
 -Spokane Valley 928-4032
 Veterans Hotline 828-2449
 Workforce & Family Services 838-4246

FRONTIER BEHAVIORAL HEALTH

107 S Division St **838-4651**
 Spokane 99202 *fbhwa.org*

24/7 Regional Crisis Line 877-266-1818
 Child & Family Services 838-4651
 Crisis Response Svcs 838-4651
 Elder Services 458-7450
 Evergreen Club 458-7354
 Homeless Outreach Team 838-4651

LUTHERAN COMMUNITY SERVICES NORTHWEST

210 W Sprague Ave **747-8224**
 Spokane 99201 *lcsnw.org*

24/7 Sexual Assault Support Line 624-7273
 Behavioral Health & Victim Advocacy 747-8224
 Domestic & Unaccompanied Refugee Minor
 747-8224
 Foster Care 747-8224
 Family Outreach Crisis Intervention
 Services (FOCIS) 747-8224
 Victim Advocacy & Education 747-8224
 Wraparound with Intensive Services
 747-8224

SALVATION ARMY

222 E. Indiana Ave **325-6810**
 Spokane 99207
spokane.salvationarmy.org Kenneth Perine

Camp Gifford 233-2511
 Community Garden 329-2753
 Family Shelter 325-6814
 Food Bank 325-6821
 Seasonal Services 325-6810
 Salvation Army Church 325-6810
 Sally's House 325-6826
 Transitional Housing 326-7288
 Visitation & Counseling Services 325-2757

SNAP

3102 W Ft George Wright Dr **456-SNAP**
 Spokane 99224
snapwa.org Julie Honekamp

Affordable Housing (Coast Property
 Management) 747-2914
 Business Development 456-SNAP
 Energy Assistance 456-SNAP
 Energy Conservation Education 456-SNAP
 Financial Access 456-SNAP
 Home Repair/Weatherization 456-SNAP
 Homeless Services Office/Homeless
 Childcare Assistance 456-SNAP
 Long Term Care Ombudsman
 Program 800-660-7133
 Mortgage Assistance Programs 456-SNAP
 Vehicle Emissions Repair Program 456-SNAP

SPOKANE REGIONAL HEALTH DISTRICT

1101 W College Ave **324-1600**
 Spokane 99201 *srhd.org*

ABCD & ABCDE Dental/Oral Health 324-1478
 Breast, Cervical and Colon Health 324-1553
 Emergency Preparedness 324-1673
 Food Service Worker Permits 324-1560 x8
 Healthy Communities Program 324-1530
 HIV/STD Services 324-1542
 Infant Toddler Network 324-1651
 Liquid Waste -Environmental Res 324-1560 x1
 Neighborhoods Matter 324-1650
 Nurse Family Partnership 324-1621
 Opioid Treatment Program 324-1420
 Solid Waste - Environmental Res 324-1560 x3
 Tuberculosis 324-1613
 Vital Records 324-1601
 Vector 324-1560 x7
 WIC (Women, Infants & Children Nutrition)
 324-1620

TRANSITIONS

3128 N Hemlock St **328-6702**
 Spokane 99205 *help4women.org*

EduCare 325-8632
 Home Yard Cottages 747-9222/SNAP 456-7627
 Miryam's House 747-9222
 New Leaf Bakery & Cafe 496-0396
 Transitional Living Center 325-2959
 Women's Hearth 455-4249

UNION GOSPEL MISSION

1224 E Trent **535-8510**
 Spokane 99202 *uniongospelmision.org*

Crisis Shelter for Women and Children 535-0486
 Men's Shelter/Recovery Prog 535-8510
 UGM Camp 258-4257
 UGM Thrift Stores
 - Downtown 326-3316
 - Spokane Valley 927-5905
 UGM Motors 327-4357
 UGM Motor Services 327-4357
 UGM Youth Outreach 535-8510
 Women's Recovery At Anna Ogden Hall 327-7737

VOLUNTEERS OF AMERICA (VOA)

525 W 2nd Ave **624-2378**
 Spokane 99201 *voaspokane.org*

Alexandria's House 489-0349
 Applewood Apartments 534-6562
 Aston-Bleck Apartments 688-1116
 Country Heights Apartments 327-7132
 Crosswalk 838-6596
 Hope Housing 455-2886
 Foster Youth Programs 340-9071
 Medical Respite 455-2886
 Scholarships 624-2378
 Trent Terrace Apartments 927-8102
 Veteran's Housing 328-4685
 VOA Thrift Store 327-4112
 YouthReach 838-6596

YMCA

930 N Monroe **777-YMCA (9622)**
 Spokane 99201 *ymcaspokane.org*

Act 6 Leadership Initiative 720-5613
 Camp Goodtimes 777-9622
 Camp Reed 344-7787
 Centers & Programs 777-9622
 Out-side of the Box 777-9622 x412/720-5612
 RSVP - Retired Senior Volunteer Prog 344-7787
 Project Warm-up 777-9622
 Safe Sitter 777-9622
 School Age Prog x106
 Summer Day Camps x409
 Teen Progs x415
 Y Youth Investment Program x215
 YMCA Green House x220

YWCA

930 N Monroe **326-1190**
 Spokane 99210 *ywcaspokane.org*

24-hr Domestic Violence Helpline 326-CALL (2255)
 Alternatives to Domestic Violence 789-9297
 Domestic Violence Legal Advocates 477-3656
 Domestic Violence Mental Health Therapy 789-9291
 Domestic Violence Support at DSHS 227-2629
 Our Sister's Closet 789-9280
 Women to Work Program & BFET Prog 789-9299
 WA ST DSHS WorkFirst Life Skills - Essential
 Program 789-9299

Federal and Washington State Public Assistance

FEDERAL PROGRAMS

Health Care

Civil Rights (HHS) **800-368-1019**
TDD 800-537-7697

Idaho Yourhealthidaho.org
 WA wahealthplanfinder.org

Housing

HUD **206-220-5101**

Discrimination Hotline 800-877-0246

USDA Rural Develop **924-7350x114**

Public & Financial Assistance

IRS **353-0508**

-Federal tax Questions

800-829-1040 TTY 800-829-4059

-Refund Info **800-829-4477**

-Tax forms **800-829-3676**

SSI/SSDI

-Spokane/Walla Walla

800-772-1213 TDD 800-325-0778

-Coeur d'Alene **866-931-2523**

-Lewiston **877-405-9796**

Safety & Security, National

ICE and Border Patrol (Page 176)

Law Enforcement (page 176)

Military (page 176)

US Courthouse/Federal Building

-Spokane **458-3400**

-Walla Walla **376-7262**

-Coeur d'Alene **208-665-6850**

866-299-5515

-Lewiston **208-882-7612**

Veterans Affairs va.gov

Benefits **800-222-1000**

Employment Svcs **206-554-1491**

Health Care for Homeless Veterans

462-2500

VA Medical Centers

-Spokane **434-7000**

-Walla Walla **525-5200**

888-687-8863

Vet Centers

-Spokane **444-8387**

-Walla Walla **526-8381**

WASHINGTON

Children & Families

Apple Care (Medicaid) – HCA

800-562-3022

Child Care Aware childcarenet.org

Child Care & Child Crisis/Neglect

dcyf.wa.gov

Child Support – DSHS **363-5000**

800-345-9982

-KIDS General Info **800-442-KIDS**

-Alternative Solutions **800-604-1146**

Children, Youth, & Families -DCFS

363-3550 TTY 363-4601

-Mandatory Reporting **800-557-9671**

-After hrs **800-562-5625**

-Child Abuse/Neglect Hotline

866-END-HARM

DV Hotline **800-562-6025**

Foster Parenting & Kinship Care

888-KIDS-414

Juvenile Rehab **363-4995**

Health Care

DDA **329-2900**

800-462-3038 TTY 568-3038

Human Rights Commission

800-233-3247 TTY 800-300-7525

Suicide Hotlines

-NEWA **877-266-1818**

-Greater Columbia **888-544-9986**

Vital Records – DOH **360-326-4300**

Housing & Finance

WA State Housing Finance

Commission **206-464-7139**

800-767-4663

Public Assistance & Employment

Community Service Office (CSO)–

DSHS **877-501-2233**

TTY 800-833-6384

-Food, medical, public assistance

DVR **323-4700/888-468-9736**

Unemployment -ESD **800-318-6022**

esd.wa.gov/unemployment

-questions website **855-682-0875**

WIC Nutritional Program – DOH

-Family Health Hotline **800-322-2588**

Workers Comp Claims - L&I

800-4BE-SAFE

-Health And Safety Issues

800-423-7233

-Overtime Info **866-219-7321**

Work Source - ESD **888-316-5627**

-Next Generation Zone **340-7800**

Transportation - DOT **324-6015**

CommuteSmart NW **477-7650**

commutesmartnw.org

Travel and Trip Alerts **511**

Senior

Home Care Referral **800-970-5456**

Adult Protective Svcs **800-459-0421**

Residential Care Svcs **323-7304**

SHIBA (Medicare) **800-562-6900**

Veterans Affairs

WADVA **800-562-0132**

TDD360-725-2199

-Assistance **877-249-0516**

800-562-2308

-Spokane Home **344-5770**

877-838-7787

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The Fig Tree, 1323 S. Perry St., Spokane WA 99202

CALL 535-4112 or 535-1813

EMAIL resourcedirectory@thefigtree.org

Northeast WA/Tri-County & Tribal Governments

CONFEDERATED TRIBES OF COLVILLE

Inchelium District 722-7620 Education and Employment

Early Learning
-Keller HS 634-7516
-Inchelium HS 722-7025
SCC/ ABE 533-4660
-Inchelium 722-3702

Social Services 422-7023
-Inchelium TANF 722-7069/7043
-Keller TANF 634-2199
BIA Assistance 634-2316
Commodity Food Dist 634-2796

Health & WIC

Lake Roosevelt Community
-Inchelium Clinic 722-7019
-Keller - San Poil Valley Clinic 634-7325

Seniors Area Agency on Aging
-Inchelium 722-7074
-Keller 634-2829/2803

Transportation

-Keller Ferry (WADOT) 843-3778
-Inchelium Transit & Ferry 722-4224

FERRY COUNTY (509)

Clerks office 775-5225

Community Services

FOOD
-Republic-People's Pantry 207-0435
-WIC 775-3111/800-876-3319

HOUSING

Northeast Washington Housing Solutions 328-2953
Republic-Ferry County Housing Authority) 775-3924
Rural Resources Community Action 775-0912

Early Learning & Education

EARLY LEARNING
Child Care Aware 877-965-7109
Curlew ECEAP 779-4931
Republic ECEAP 775-3327 x125

SCHOOL DISTRICTS

Curlew SD 779-4931
Inchelium SD 722-6181
Keller SD 634-4325
Orient SD 684-6873
Republic SD 775-3171

Employment, Job Skills

ABE - SCC 533-4600
DVR 775-2230/TTY 800-442-2061
Job Corps 800-513-4884
Rural Resources 775-2009
SCC Republic 800-276-8040x6405
WSU Extension 775-5225x116

Family Crisis

Republic DCFS 775-2220
TTY 800-544-0543
Rural Resources (DV) 684-6139
844-509-SAFE 844-509-7233

Health Care

24/7 Regional (suicide) Crisis Line 877-266-1818
County Public Hospital 775-3333
-Republic Clinic 775-3153
DDA 685-5646/866-715-3646
NEW Alliance Counseling -
-Chewelah 935-4808
-Colville 684-4597
Public Health 775-3111
800-876-3319

Outdoors & Recreation

Colville NFS - Republic 775-7400
Curlew Lake SP 775-3592

Seniors

Dial-a-Ride - Rural Resources 800-776-9026
HCS - DSHS 775-2227
888-437-0516 TTY 775-2661
Rural Resources Community Living Connections 775-0912
The People's Pantry 775-3874
PUD (seniors) 775-3325
Seniors/Disabled Exemption-Assessor office 775-5225 x2502

Veterans Assistance 775-5229

KALISPEL TRIBES 447-1147

Education 447-7141
Early Learning Cntr 447-7210
Career Training Cntr 447-7440
WSU Extension 447-7436

Social Services

BIA Assistance 258-4561 x29
Camas Path - North
-Employment Assistance 499-7412
-Housing 447-7270
-South (Airway Heights) 789-7630

Health & WIC

Camas Center Clinic 447-7405

Seniors

Camas Path 789-7630
KALTRAN 447-7247

PEND OREILLE CNTY

Clerks office 447-2435

Community Services

Rural Resources 447-9997

FOOD

Cusick FB 447-5249/939-3227
Ione FB 442-3223/442-3654
WIC 447-3131/800-873-6162

HOUSING

Assessors Low-Income Exemptions 447-4312
-Family Crisis Network 447-2274
-NEWA Housing Solutions 328-2953

Early Learning & Education

ECEAP

Metaline Falls - ESD 101 456-4225
Newport - Rural Resources 447-2826/2340/4627

SCHOOL DISTRICTS

Cusick SD 445-1125
Selkirk Consolidated 446-2951
Newport SD 447-3167

Employment, Job Skills

DVR 447-6269/800-624-7222
SCC
-Ione 442-4290
-Newport 447-3835
WS Newport 800-451-1549
WSU Extension 447-2401

Family Crisis

24 Hr (DV) Help Line 447-5483
DCFS Newport 447-6216/800-473-6022
Family Crisis Network 447-2274
Rural Resources (DV) 684-6139
844-509-SAFE (844-509-7233)

Health Care

24/7 Regional Crisis Line 877-266-1818
DDA 685-5649/866-715-3646

Newport Hospital & Health Services 447-2441
Pend Oreille Counseling 447-5651
Public Health 447-3131
800-873-6162

Outdoors & Recreation

Crawford SP 446-4065
Salmo-Priest Wilderness 446-7500

Seniors

Assessors Seniors/Disabled Exemptions/Deferrals 447-4312
HCS 447-6223/888-436-0516
Rural Resources
-Dial-a-Ride 684-2961/800-776-9026
-Community Living Connections 442-3223

-Tri Cnty Senior Nutrition 684-8421

Transportation

Carpool Matching Prog 684-2961

Veterans Assist 447-3943/6474

WADVA 462-2500

STEVENS COUNTY

Clerks office 684-7575

Community Services

Loon Lake Food Bank and Resource Center 233-8450
Rural Resources 684-8421/
877-219/5542

Volunteer Food & Resource Center 684-2971

FOOD

NEW Hunger Coalition 690-1299
Chewelah FB 935-6204
Colville FB 684-4441
Reachout Food Min 685-9272
Ford Food Bank 258-4531
Hunters Food Bank 722-3332
Kettle Falls FB 738-2326
WIC 684-1361/800-827-3218

HOUSING

Assessor Low-Income Exemption 684-6161
Colville Emergency Shelter Facility 684-8421
Habitat for Humanity 684-2319/684-2385

Hope Street 634-3701
NEWA Housing Solutions 328-2953
Daren Thompsons Community Warming Center 684-8480

MEAL SITES (all Lunches)

M - Colville Community 684-4441
Tuesday
-Colville Adventist 684-5845
-Colville Assembly of God 684-4721
W - Free Methodist 684-2480
Th - Colville A/G 684-4721
F - Congregation UCC 684-4213

Early Learning & Education

EARLY LEARNING
-Child Care Aware 242-3405
800-446-2229
-NEW ESD 101 323-2720
-Rural Resources 684-8421

SCHOOL DISTRICTS

-Chewelah SD 685-6800
-Columbia SD 722-3311
-Colville SD 684-7850
-Evergreen SD 722-6384
-Kettle Falls SD 738-6625
-Loon Lake SD 233-2212
-Mary Walker SD 258-4534
-Northport SD 732-4251
-Onion Creek SD 732-4240

-Summit Valley SD 935-6362
-Valley SD 937-2413
-Wellpinit SD 258-4535

Employment & Job Skills

SCC Colville 685-2120
WS Colville 685-6158
800-451-1549
WSU Extension 684-2588

Family Crisis

DCFS 685-5660/ TTY 684-2321
Rural Resources 684-6139
844-509-SAFE (7233)

Health Care

24/7 Regional (suicide) Crisis Line 877-266-1818
DDA 685-5649/866-715-3646
DVR WS 685-6147
800-330-5739 TTY 685-6146
NEW Alliance Counseling
- Chewelah 935-4808
- Colville 684-4597
Mnt Carmel Hospital 685-5100
St. Joseph's Hospital 935-8211
NE Washington Health Programs 935-6001
Providence Clinics 935-8111
684-3701

Public Health District

684-1301/800-827-3218

Tri-County Health Fund 634-3701

Outdoors & Recreation

Colville NF 684-7000
Little Pend Oreille NWR 684-8384
Northeast WA Trails 684-4571

Seniors

Assessor Senior/Disabled Exemption 684-6161
Chewelah Senior Citizens Center 935-6204
Colville Senior Center 684-3407
Dial a Ride -Rural Resources -
684-2961/800-776-9026

HCS 685-5644/888-437-0516
Rural Resources Tri County Senior Nutrition 684-8421

Transportation

Carpool Matching Prog 684-2961
Gold Line 888-739-5395

Veterans Assistance 684-7511
WADVA 462-2500

SPOKANE TRIBE 458-6500

Education & Employment

458-6556/458-8009
Day Care Center 533-1360x263
Head Start 258-7229
Work Training 458-6529
Tribal Campus 257-9202

Health & Human Svcs 258-7502

FOOD

-Ford FB/Meal site 258-4531
-Wellpinit FB 258-7145
-WIC Spokane Tribe 258-7129

WYNCOOP CLINIC IHS 258-4517

Radiation Exposure & Education Program 258-7502

SOCIAL SERVICES 458-6500

-BIA Assistance 258-4561 x29
-Senior Program 258-7129
-TANF Wellpinit 458-8000
-TANF Spokane 533-1360

Natural Resources

Housing Authority 258-4523
888-642-8055

Transportation 458-6549

Southeast Washington (509)

ASOTIN 243-2081

Community Services

Goodwill 208-743-4528
 Salvation Army 208-746-9654
 United Way, Twin County
 208-743-6594

FOOD

-Asotin County FB 758-7085
 -CAP Nez Perce County
 208-746-3351 208-748-4210
 - Farmers Market clarkston-
 farmersmarket@gmail.com
 -St Vincent de Paul 758-8361
 -WIC Asotin 243-3344
 -WIC Clarkston 552-4122

HOUSING

-Asotin Cnty Housing Authority
 758-5751
 -CAP 208-746-3351
 -Family Promise 208-882-0165
 -Fuller Center for Housing
 208-254-4081
 -Habitat for Humanity 758-7396
 -YWCA 208-743-1535
 Meal Sites see Nez Perce Cnty

Early Learning & Education

Child Care Aware
 800-446-2229/242-3405
 Child Care Resource & Referral
 (WSU) 800-446-2229
 Lewis Clark Early Childhood
 208-743-6573

SCHOOL DISTRICTS

Asotin-Anatone SD 243-1100
 Clarkston SD 769-2531

Employment & Job Skills

DVR 751-4668/800-657-2929
 Goodwill (L) 208-743-8285
 Lewis-Clark State College
 208-792-5272
 Rural Resources/WS 758-5461
 Walla Walla CC - Clarkston
 Campus 758-3339
 WSU Extension 243-2009
 WorkSource 758-1716

Family Crisis

Cnty Child Support 243-2065
 DCFS Clarkston
 751-4686/800-234-6313
 YWCA of Lewiston-Clarkston
 208-743-1535
 -DV Crisis Line 208-746-9655
 800-669-3176

Outdoors & Recreation

Field Springs SP 256-3332

Health Care

24 Hr Crisis line 888-544-9986
 Asotin Cnty Community
 Services 758-8349
 DDA Clarkston 751-4637
 People First of WA 800-758-1133
 Public Health District 243-3344
 LC Valley CHAS 208-848-8300
 St Joseph Medical Center
 208-743-2511/800-678-2511
 Quality Bx Health 758-3341

Seniors

Accessors Seniors/Disabled
 Exemption 243-2016
 Area Aging on Aging of North
 Central Idaho (CAP)
 208-746-3335/800-746-5450
 COAST Transportation 397-2935
 Dial-a-Ride (Valley Transit -
 Idaho) 208-743-2545
 HCS Clarkston 751-4672

-Aging and Disability Resource
 Center 758-2355
 -Family Caregiver 758-2355
 SE Aging and Longterm Care
 Council 758-2355/800-965-2582
 Senior Round Table Nutrition
 Program (MOW) 208-758-3816

Veterans Assistance 758-3959

Transportation 758-3567

COLUMBIA 524-2780

Community Services

Project Timothy, SVDP 382-2943

FOOD

-BMAC FB 529-3561
 -Dayton FB 386-9827
 -Salvation Army 529-9470
 -Presbyterian Pantry Food Shelf
 529-4169
 -WIC Columbia 382-2181

HOUSING

-Walla Walla Housing
 Authority 527-4542
 -BMAC 529-4980

Early Learning & Education

Child Care Aware
 800-446-2229/242-3405
 Child Care Resource & Referral
 (WWCC) 529-5744/800-446-2229
 ECEAP-Dayton 464-5880

SCHOOL DISTRICTS

Dayton SD 382-2543
 Starbuck SD 399-2381

Employment & Job Skills

DVR WW 527-1815
 800-548-8755/TTY 800-548-8755
 Goodwill WW 525-5992
 WSU Extension 382-4741/2
 Walla Walla CC - Walla Walla
 877-922-9922/522-2500

Family Crisis

DCFS WW 524-4900/TTY 524-4950
 YWCA WW-Dayton 382-9922

Health Care

24 Hr Crisis line 888-544-9986
 Blue Mountain Counseling
 382-1164/866-382-1164
 DDA 394-1069
 Columbia County Health Service
 -Columbia Clinic 382-3200
 -Waitsburg Clinic 337-6311
 Dayton Hospital 382-2531
 Blue Mountain Counseling
 382-1164/866-382-1164

Outdoors & Recreation

Camp Wooten Retreat Cntr 843-5091
 Umatilla NFS
 -Pomeroy Dist 843-1891
 -Wenaha-Tucannon Wilderness
 843-1891

Seniors

Dial-a-ride (Valley Transit) 527-3779
 HCS Walla Walla 524-4960
 800-310-5678
 HCS Dayton 382-4787
 Indigent Seniors/Tax Exemption,
 Assessor's 382-2131
 SE Aging and Longterm Care
 Council 382-4787/800-965-2582
 Walla Walla MOW 541-938-5481

Transportation

Columbia County 382-1647
 Valley Transit - WW 525-9140

Veterans Assistance 382-2239

GARFIELD 843-3731

Community Services

FOOD
 Garfield County FB 843-6158
 WIC Garfield Cnty 843-3412

HOUSING

Asotin Cnty Housing Authority
 758-5751
 Blue Mountain Action Council
 (homeless) 529-4980/800-244-5908
 STEP Women's Shelter 529-3377
 YWCA Lewiston Clarkston
 208-743-1535

Early Learning & Education

Child Care Aware
 800-446-2229/242-3405
 Lewis Clark Early Childhood
 208-743-6573
 Pomeroy SD 843-3393

Employment & Job Skills

DVR 751-4668/800-657-2929
 Goodwill (L) 208-743-8285
 Rural Resources - WS Clarkston
 758-5461
 WSU Extension 843-3701

Family Crisis

DCFS 751-4686/800-234-6313
 Helpline Walla Walla 529-3377
 YWCA of Lewiston-Clarkston
 208-743-1535
 -DV Crisis Line 208-746-9655
 800-669-3176

Health Care

24 Hr Crisis line 888-544-9986
 Garfield County Public Health
 District 843-3412
 Garfield County Public Hospital
 843-1591
 Quality BH-Pomeroy 843-3791

Outdoors & Recreation

Lewis & Clark Nat'l Historic
 Trail 402-661-1804
 Lewis & Clark Trail SP 684-7000

Seniors

COAST Transportation
 397-2935 or 800-873-9996
 HCS Clarkston 751-4672
 888-310-4881
 -HCS Pomeroy 843-3563
 Pomeroy Senior Cntr 843-3008
 SE Aging and Longterm Care
 Council 843-3563/800-965-2582

Veterans Assistance 843-1391

Transportation 843-3563 /0200

WALLA WALLA 524-2780

Community Services

Blue Mountain Action Council
 529-3561
 Christian Aid Center 525-7153
 United Way of WW 529-1183

FOOD

BMAC FB 529-3561
 Farmers Market 240-2898/529-8755
 Helpline 529-3377
 Presbyterian Pantry Shelf
 529-4169

Salvation Army 529-9470
 St Vincent de Paul 525-3903
 WIC Walla Walla 524-2680

HOUSING

BMAC 529-4980
 Catholic Charities 525-0572
 Walla Walla Council on Housing
 (cnty) 524-2936

-Walla Walla Housing
 Authority 527-4542

Meal Sites
 Christian Aid Center 525-7153
 M-F, Dinner 5:30, Sat, Bkfst 7:30

Early Learning & Education

Child Care Aware
 800-446-2229/242-3405
 Child Care Resource & Referral
 (WWCC) 529-5744/800-446-2229
 Early Learning

-Blue Ridge Elem 527-3066
 -Children's Home Society -
 WW 529-2130/3532
 -College Place Child
 Development Center 522-0610
 School Districts

College Place SD 525-4827
 Prescott SD 849-2217
 Waitsburg SD 337-6301
 Walla Walla SD 527-3000

Employment & Job Skills

DVR WW 527-1815
 800-548-8755 TTY 800-548-8755
 Walla Walla CC 522-2500
 877-922-9922

WSU Extension 524-2685
 Whitman College 527-5111
 WS Walla Walla 527-4393
 524-5230

Family Crisis

Childrens Home Society 529-2130
 DCFS WW 524-4900/TTY 524-4950
 Service Alternatives 325-4390
 The HUB (youth shelter) -
 Catholic Charities WW 525-0572
 YWCA Walla Walla 525-2570
 -Crisis Line 529-9922

Health Care

24 Hr Crisis line 888-544-9986
 Blue Mountain 382-1164
 866-382-1164
 Catholic Charities Counseling
 525-0572

Christian Aid Center 525-7153
 DDD Walla Walla 394-1069
 Family Medical Cntr - YVFWC
 525-6650

Planned Parenthood 866-904-7721
 Providence St. Mary Medical
 Center 897-3320
 WW Public Health 524-2650

Outdoors & Recreation

Fort Walla Walla 525-7703
 Walla Walla Dist - Umatilla NFS
 522-5290
 WW City Parks & Rec 527-4527
 Whitman M-ssion NHS 684-8384

Seniors

Adult Day Care 527-3775
 Catholic Charities Volunteer
 Chore Services 525-0572
 Dial a Ride (Valley Transit-
 WW) 527-3779
 HCS Walla Walla 524-4960
 800-310-5678

Indigent Seniors/Tax
 Exemption- Assessors 524-2560
 Senior Citizens Cntr 527-3775
 SE Aging and Longterm Care Council
 529-6470 800-965-2582
 Walla Walla MOW 541-938-5481

Transportation

Valley Transit 525-9140

Veterans Assistance

Helpline 529-3377
 VA Medical Center 525-5200
 888-687-8863
 Vet Center 526-8381

Idaho, Panhandle - North, and Kootenai Tribe (208)

IDAHO STATE

Children and Families

CHILD SUPPORT SERVICES - IDHW
800-536-9868

CHILD PROTECTION - IDHW

-24 hrs 855-552-5437
-Coeur d'Alene 769-1515
-Grangeville 983-2522
-Kellogg 784-1352
-Lewiston 779-4360
-Moscow 882-0670

MENTAL HEALTH (CHILDREN) -

IDHW BEHAVIORAL HEALTH

-Region 1 888-926-25888
-24 hrs crisis line 769-1405
-CdA/Kellogg & 769-1406
-Region 2
-Grangeville 983-2300
-Lewiston 799-4440
-Moscow 882-0562

DD/INFANT TODDLER PROG - IDHW

-North 769-1403
-North Central 883-8575
IdahoSTARS 800-926-2588
ID 24 hr DV Hotline 800-669-3176
Idaho Coalition against Sexual & Domestic Violence 384-0419
ID Council on DV & Victim Assist 332-1540/800-291-0463

Financial & Public Assistance

-Financial Assistance & Food Stamps - IDHW 877-456-1233
IDVR 334-3390
Unemployment 332-8942
-Appeals 800-621-4938/ 332-3572
Worker's Comp Claim 334-6000

Housing

Housing & Finance Association
-Coeur d'Alene 866-621-2995/208-621-2994
-Lewiston 866-566-1727 743-0251

Health Care

Family Medical/Medicaid IDHW 877-456-1233

ID Bureau of Vital Records & Health Statistics - IDHW 334-5980
ID Medicaid 866-686-4272

-24/7 Hotline 866-635-7515
ID Suicide Prevention Hotline 398-3457

Prescription Cards Idahoxcard.com
Suicide Prevention Prog IDHW 334-4983

Substance Abuse Services IDHW 922-2406

Seniors

ID Bureau of Long Term Care 769-1567

Medicaid Enrollment & Assistance IDHW 877-456-1233

Nursing Home Services - IDHW 866-255-1190

Transportation
Veterans Services 334-3513

BONNER 245-1437

Community Services

CAP 255-2910/800-326-4843
Sandpoint Community Resource Center 920-1840

FOOD

Bonner Community FB 263-3663
Clark Fork FB 266-0321
Priest River FB 448-2352
West Bonner Cnty FB 437-0143
WIC Bonner Cnty 263-5159

HOUSING

CAP 255-2910/800-326-4843
Bonner Gospel Mission 263-6698

Bonner Homeless Transitions 265-6485

Habitat for Humanity 265-5313

MEAL SITES

Priest River (T dinner) 263-2676
Sandpoint (only) 263-2913

Sun - 12-4 - VFW Hall 263-2913
Monday (vacant)
Tuesday

-Lunch- Agape Cafe 263-0221/3648
-Dinner - A/G Church 263-2676

Wed-Lunch - Gardenia Center 263-4450/263-7625

Thurs - Dinner - UMC 263-4234
Fri - Dinner - St Joseph 263-3720

Sat- 12-4 - VFW Hall 263-2913

Early Learning & Education

Mountain States HS 263-2569
Sandpoint HS - NIC 263-6232

Lake Pend Oreille SD 263-2184
Sandpoint SD 265-9737

West Bonner Cnty SD 448-4439

Employment & Job Skills

Goodwill 265-1900
ID Dept of Labor 263-7544
IDVR 263-2911
NIC Extension 769-3300

877-404-4536
UI Extension 263-8511

Environmental

Clark Fork Coalition 406-546-0532
ID Conservancy League 265-9565
Lake Pend Oreille Waterkeeper 597-7188

Rock Creek Alliance 610-4895
Selkirk Outdoor Leadership and Education (SOLE) 928-351-7653

Twin Eagles Wilderness School 208-265-3685

Family Crisis

Life Skills NW 265-6796
Lilly Brooke Family Justice Center 265-3586

Priest River Ministries Advocates for Women 448-2800

Health Care

Bonner County Indigent Office 255-5291/3630
Bonner County Panhandle Health District 263-5159

Bonner General Health 263-1441
Bonner Partners in Care Clinic 255-9099

217-2414
Inclusion Inc 217-2414

Kaniksu Health Services -Priest River/Sandpoint 263-7101

Mental health Services IDHW 265-4535

North Idaho Community Mental Health 265-6798

Human Rights 263-0275

Outdoors & Recreation

Bonner Cnty Parks 255-5681x4
ID Panhandle NFS -Priest River (Priest Lake) Dist 443-2512

-Sandpoint Dist 263-5111
Friends of Scotchman Peaks Wilderness 290-1281

Priest Lake SP 443-2200
Round Lake SP 263-3489

Seniors

Area Agency on Aging of North Idaho 667-3179

Panhandle Senior Companions 415-5160/800-878-2364

Senior Centers
-Clark Fork Hope 266-1653

-Blanchard 437-1037
-Sandpoint 263-6860

-Senior Hospitality Center 267-5554

-Sagle Senior Inc 265-2627
White Tail Transportation 448-0848/877-1261

Transportation

SPOT Bus
-Ponderay 263-3774

-Dover 597-7606
Sandpoint Amtrak Station 800-872-7245

Veterans
Cnty Services 255-5291
Sandpoint CBOC 263-0450

BOUNDARY 245-3212

Community Services
CAP 267-3663/800-725-3663
Community Coalition for Families 267-0900

Housing- Fuller Center for Housing 946-6582

Food
-Bonners Ferry (CAP) 267-3663
-WIC Boundary 267-5558

Early Learning & Education
Julien Bucher Early Learning Center - NIC 267-5756

Boundary County SD 267-3146

Employment & Job Skills
UI Extension 267-3235
NIC Extension 769-3300

877-404-4536
ID Dept of Labor 267-5581

Family Crisis
Youth Crisis & Domestic Violence Crisis Line 267-5211/267-7334

Health Care
Boundary Community Hospital 267-3141

Boundary County Panhandle Health District 267-5558
Kaniksu Health Services Clinic 263-7101

Mental Health Services IDHW 265-4335

Outdoors & Recreation
Cnty Parks & Rec 304-3603

ID Panhandle NFS - Bonners Ferry Dist 267-5561
Kootenai NWR 267-3888

Seniors
Area Agency on Aging of North Idaho 667-3179

Discount Rx 877-321-2652
Senior Hospitality Cntr 267-5553

Veterans
Cnty Services 267-8611
Sandpoint CBOC 263-0450

KOOTENAI TRIBE 267-3519

Social Services 267-3519
BIA Assist. Northern ID Agency 843-9410

Child Welfare 267-3519
Housing 267-3519

Health
Tribal Health Clinic 267-5223

Natural Resources 267-3519

SHOSHONE 752-1264

Community Services
Shoshone County Indigent Services 752-8601

Silver Valley Community Resource Center 784-8891
Sy Vincent de Paul 556-1460

Food
-CAP Food Bank 783-4901
-Pinehurst - Real Life Ministries 682-4944

-Wallace UMC FB 784-3102
WIC Shoshone 786-7474

HOUSING
CAP 255-2910/800-326-4843
Fuller Center for Housing 786-6013

Early Learning & Education
Shoshone HS - NIC 784-5581

SCHOOL DISTRICT
Kellogg Joint 784-1348
Mullan 744-1118
Wallace 753-4515

Employment & Job Skills
IDVR 769-1441
NIC Extension 769-3300

877-404-4536
UI Extension- Kootenai 446-1680

Environmental
Silver Valley Community Resource Center 784-8891

Family Crisis
Shoshone County Crisis and Resource Center 556-0500

Health Care
Mental Health Services IDHW 784-1352 x217

Shoshone Cnty Indigent Office 752-8601

Shoshone Clinic 784-1221
Shoshone County Panhandle Health 786-7474

Outdoors & Recreation
Friends of the Coeur d'Alene Trails 691-9169

Idaho Panhandle NFS -Avery Office 245-4517
-Silver Valley Off 783-2363
Shoshone Cnty Parks 753-5475

Seniors
Area Agency on Aging of North Idaho 667-3179

Paratranist 855-495-7325
Silver Valley MOW 623-6125

Senior Centers -Kellogg 783-4581
-Wallace 752-1194/5411

Transportation
Silver Express 855-495-7325

Veterans 752-3331

North Central Idaho & Nez Perce Tribe (208)

CLEARWATER 476-5615

Community Services

CAP 476-4949/800-326-4843
County Assistance 476-3864

FOOD

Elk River FB 826-3305
Orofino FB 476-7840
WIC Clearwater 476-7850

Early Learning & Education

Orofino ECEAP 476-3481
Weippe ECEAP 435-4289
Orofino JSD 476-5593

Employment & Job Skills

ID Dept of Labor 476-5506
IDVR 476-5574
LCSC Orofino Outreach Center 476-5731
UI Extension 476-4434

Environmental

Clearwater Resource Conservation & Development Council 882-4960

Family Crisis

DV YWCA Lewiston/Clarkston
Crisis 746-9655/800-669-3176
-Support Group 476-0155

Health Care

Clearwater County Public Health 476-7850
Clearwater Valley Hospital 476-4555
-Orofino Health Cntr 476-5777
-Pioneer Medical Clinic - Pierce 464-2578
Mental Health Services IDHW 882-0562

Outdoors & Recreation

Dworshak Dam & SP 476-5994
Nez Perce-Clearwater NFS
-North Fork Dist 476-4541
Selway-Bitterroot Wilderness 476-4541

Seniors

Area Agency on Aging of North Central ID 667-3179
800-786-5536
COAST (COA) 800-873-9996
800-967-2899

SENIOR CENTERS

Orofino 476-4328
Weippe 435-4553

Veterans

Property Tax Exemption for Disabled Vets 332-1033

IDAHO 983-2751

Community Services

FOOD

Grangeville - Camas Prairie FB 507-2365
Kooskia FB 926-7128
WIC 983-2842
HOUSING - CAP 983-0437
800-326-4843

Early Learning & Education

EARLY LEARNING

Grangeville ECEAP 983-1671
Kooskia Cntr ECEAP 926-4311

SCHOOL DISTRICTS

Cottonwood JSD 962-3791
Mountain View SD 983-0990

Salmon River SD 630-6025

Employment & Job Skills

LCSC Grangeville Outreach Center 983-2164
UI Extension 983-2667

Environmental

Clearwater Resource Conservation & Development Council 882-4960

Family Crisis

YWCA Lewiston/Clarkston
Crisis 746-9655/800-669-3176
-Support Group 983-0888

Health Care

Clearwater Valley Medical Clinics
-Kooskia Clinic 926-7801
Idaho County Public Health 983-2842
St. Mary's Hospital 962-3251
-Cottonwood Clinic 962-3267
-Elk City Medical Clinic 842-2652
-Grangeville Clinic 983-6027
Syringa Hospital 983-1700
-Grangeville Clinic 983-8530
-Kooskia Clinic 926-4776

Outdoors & Recreation

BLM Field Off 962-3245
Clearwater NFS
-Lochsa Ranger Station 926-4274
-Moose Creek Dist 926-4258
-Powell Ranger Station 924-3113
-Red River Dist 842-2245
-Salmon River Dist 839-2211
Gospel-Hump Wilderness
-Red River Dist 842-2245
-Salmon River Dist 839-2211
Selway-Bitterroot Wilderness
-Lochsa Ranger Station 926-4274
-Moose Creek Dist 926-4258
-Red River Dist 842-2245

Seniors

Area Agency on Aging of North Central Idaho 667-3179
800-786-5536
COAST (COA) 800-873-9996
800-967-2899

Senior Center Grangeville 983-2033

Veterans

Cnty Services 983-0239
Grangeville CBOC 983-4671

LEWIS 937-2261

Community Services

Lewis Cnty Social Svcs 937-9248

FOOD

Craigmont FB 924-6649
Kamiah FB 926-7128
Nezperce FB 937-9006
WIC Lewis 985-2124
HOUSING - CAP 935-2412
800-326-2412

Early Learning & Education

Craigmont ECEAP 924-5221
Highland JSD 924-5211
Kamiah Joint SD 935-2991

Employment & Job Skills

UI Extension 937-2311

Environmental

Clearwater Resource Conservation & Development Council 882-4960

Family Crisis

YWCA Lewiston/Clarkston
Crisis 746-9655/800-669-3176
-Support Group 935-0044

Health Care

Lewis Cnty Social Svcs 937-9248
Lewis County Public Health 935-2124
St. Mary's Clinics
-Craigmont Clinic 924-5504
-Nezperce Clinic 937-2496
-Kamiah Clinic 935-2585

Outdoors & Recreation

Clearwater NFS HQ 935-2513

Seniors

Area Agency on Aging of North Central Idaho 667-3179/
800-786-5536
COAST (COA) 800-873-9996
800-967-2899

SENIOR CENTER

Kamiah 935-0244
Nezperce 957-2465

Veterans

937-9248

NEZ PERCE

Clerk 476-5615

Community Services

FOOD
Blessed Hope A/G 743-9501
CAP 746-3351/798-4210
Culdesac - Raising Hope FB 843-2773
Episcopal Church* 743-9121
Nazarene Church - The Roc 743-9501
Rescue Mission* 743-9501
New Bridges Community 799-0858
Orchards Baptist* 743-5302
St Vincent de Paul 746-7860
Salvation Army 746-9653
Valley Christian 746-0401
WIC Nez Perce 799-0398

HOUSING

Assessor's Programs 799-3010
-Circuit Breaker, Homeowners
Tax Exemption CAP 798-4210
800-326-4843
Fuller Center for Housing 254-4081
Family Promise 798-3349

MEALS

MTF - (lunch) - Roc Rescue Mission*
MTWF - (dinner) - Salvation Army
Thurs -2nd/4th (dinner) Orchards Bapt*
Sat-2nd/4th (dinner) Episcopal*

Early Learning & Education

EARLY LEARNING
Lewiston Cntrs ECEAP 743-6573
Whitman Cntr ECEAP 743-3882

SCHOOL DISTRICT

Culdesac Joint 843-5413
Lapwai SD 843-2622
Lewiston Indep. 748-3000

Employment & Job Skills

Goodwill 743-4528
ID Dept of Labor 799-5000
IDVR 799-5070
TDD 799-5072
Lewis-Clark State College 208-792-5272
UI Extension 799-3096

Environmental

Clearwater Resource Conservation & Development Council 882-4960

Hells Canyon Inst- LCSC 793-2529
ID Dept of Environmental Quality 799-4370 877-541-3304
Snake River Alliance 344-9161
Snake River Waterkeeper 806-1303

Family Crisis

YWCA of Lewiston-Clarkston 743-1535
-DV Crisis Line 746-9655
800-669-3176

Health Care

First Step 4 Life 717-3881
Disability Action Center 208-746-9033 800-746-9033
LC Valley CHAS Clinic 848-8300
Nez Perce Cnty Social Services 799-3020

North Central Idaho Public Health 799-3100/866-736-6632
Mental Health Services IDHW 799-4440

St Joseph Regional Medicine 743-2511/800-678-2511

Outdoors & Recreation

Hells Canyon Nat'l Rec 758-0616
Lewiston Parks 746-2313
Nez Perce Parks & Rec 799-3089

Seniors

Area Agency on Aging of North Central Idaho 667-3179/800-786-5536
COAST (COA) 800-873-9996
800-967-2899

Lewiston Community Center 743-6983
Valley MOW 799-5767

Transportation

298-1340

Veterans

Veterans Advocacy 799-5084
Veterans Home 750-3638
Lewiston CBOC 746-7784
Cnty services 799-3083

NEZ PERCE RESERVATION 843-2253

Education 621-4610

Early Childhood learning
-Kamiah 935-2888
-Lapwai 621-3791
UI Extention 621-3514

Housing Authority 888-334-5167
-Kamiah 935-2144
-Lapwai 843-2229

Natural Resources

Nimipuu Protecting the Environment 790-4296

Nimipuu Health

-Kamiah 888-891-2924/935-0733
-Lapwai 888-891-2920/ 843-2271

Social Services 843-2463

Includes BIA Assistance, Financial Assistance, and Tribal TANF
Commodity Foods Program
-Kamiah 935-4115
-Lapwai 843-7305
WIC 843-2271
Women's Outreach 621-4690

Senior Citizens

-Kamiah 935-2526
-Lapwai 843-7311
Senior Meal 843-7311

Transportation

621-4691
Veterans Rep 621-4738
-Veterans Benefits 843-4738

EMERGENCY/REFERRAL LISTINGS: LISTED BELOW ARE SUGGESTED 24 HOUR CRISIS/HOTLINES OR FREQUENTLY CALLED NUMBERS

WA INFORMATION NETWORK 211
-Eastern WA 211 (Frontier) 866-904-9060

MY SPOKANE, CITY INFO/SRVCS 311

DIRECTORY ASSISTANCE 411

TRAVEL INFO (RD CONDITIONS) 511

**PHONE PROBLEMS OR CELL
CUSTOMER SERVICE** 611

WA RELAY (TDD) 711

CALL BEFORE YOU DIG
-Utility Notification Center 811

EMERGENCIES 911

CHILD CARE & DEVELOPMENT

CHILD CARE AWARE OF EASTERN WA
484-0048/800-466-2229

EXPRESS CHILD CARE 354-7312

**FAMILY CARE RESOURCES &
REFERRAL** 484-0048/800-446-2229

**HEAD START/EARLY HEAD START/
ECEAP** 533-4800

**LIBERTY PARK COMMUNITY
DEVELOPMENT CENTER** 534-0957

**MARTIN LUTHER KING JR FAMILY
CENTER:** 455-8722

SPOKANE CHILD DEVELOPMENTAL CENTER
924-2850

JOYA CHILD & DEVELOPMENT CENTER
326-1651

**SOUTHWEST SPOKANE COMMUNITY
CENTER FREE ECEAP (CME)** 385-4896

VANESSA BEHAN CRISIS NURSERY
535-3155

CHILDREN & TEENS CRISIS/SHELTERS

A CUP OF COOL WATER 747-6686

AMBER ALERT (MUPU) 800-543-5678

CHILD WELFARE (DCYF) 800-557-9671
-Intake 800-557-9671
-After hrs 800-562-56234

CROSSWALK 838-6596

EXCELSIOR 328-7041

ODYSSEY 325-3637

**LCSNW BEHAVIORAL HEALTH &
VICTIM ADVOCACY** 747-8224

TAMARACK 326-8100

DOMESTIC VIOLENCE & SEXUAL ASSAULT

**SEXUAL ASSAULT 24 HR CRISIS
LINE - LCSNW VICTIM ADVOCACY &
EDUC** 624-7273

YWCA DOMESTIC VIOLENCE
24-hr Helpline 326-CALL (2255)

EMERGENCY

AMERICAN RED CROSS 326-3330

CHAS CLINIC 24/7 Hotline: 866-418-1002

MULTICARE DEACONESS HOSPITAL
458-5800

POISON CONTROL CNTR 800-222-1222

**PROVIDENCE SACRED HEART MEDICAL
CENTER** 474-3344

UNIFY CLINICS 24/7 483-3427

FOOD BANKS AND WIC

FEED SPOKANE 216-7304

NORTHWEST HARVEST 891-7012

SECOND HARVEST 534-6678/800-662-3136

SNAP (FOOD STAMPS) 877-501-2233

WIC
-Family Health Hotline 800-322-2588
-TXT "WIC" to 96859

SENIORS

ALTCEW 458-2509

**COMMUNITY LIVING
CONNECTIONS** 960-7281

DSHS
-Abuse Hotline 866-END-HARM
-APS Intake 800-459-0421/TTY568-3206
-Family Caregiver Support: 458-7450
-Residential Care Services 323-2303
-Spokane HCS 568-3700/800-459-0421

ELDER SERVICES 458-7450

GOLDEN SHERPA 920-2023

SILVER ALERT (MUPU) 800-543-5678

**SNAP LONG-TERM CARE
OMBUDSMAN** 456-7133/ 800-660-7133

SUICIDE & MENTAL HEALTH CRISIS

24/7 REGIONAL CRISIS LINE 877 266-1818

24/7 TEXT LINE: 741741

FAILSAFE FOR LIFE 475-7334

FIRE DEPARTMENT 911

INLAND NW Bx HEALTH 992-1888

**PROVIDENCE SACRED HEART ADULT
PSYCHIATRY** 474-3131

SOBERING UNIT SERVICES 570-7250

TREVOR 866-488-7386
-TXT "Start" to 678678

VETERANS CRISIS LINE 800-273-8255
-TXT 838255

WELFARE & FINANCIAL ASSISTANCE

CATHOLIC CHARITIES 358-4963

**COMMUNITY SERVICE OFFICE
(DSHS)** 877-501-2233

FAMILY PROMISE 747-5487

SNAP Energy Assistance 456-7111

SSI/SSDI 800-772-1213/TDD 800-325-0778

UNEMPLOYMENT 800-318-6022

WORKERS COMP 800-4BE-SAFE

COMMUNITY RESOURCE DIRECTORIES & GUIDES IN PRINT & ONLINE

211 Washington Info <http://win211.org>

Aging and Long Term Care altcew.org

Family Fun Guide thefamilyguide.org

Housing Referrals, Affordable
BUILDINGINW.com HousingIdaho.com
HousingSearchNW.org

In Health NW inlander.com

Parent help 123 parenthelp123.org

Prime - Bozzi Media bozzimedia.com

Spokane Senior Living Guide
spokanewa.innovating.com

Senior Pages - Spokane SeniorPages.com

SpokaneCares.org (currently not updated)

Spokane Cnty United Way VolunteerSpokane.org

The Arc of Spokane
arc-spokane.org/Resource_Guide

WA Connection washingtonconnection.org

Within Reach withinreachwa.org

North Idaho Services: niservicesdirectory.com

Sandpoint: sandpointcommunityresource.com

Senior Care seniorcare.com