

Multi-Services Agencies - Spokane

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1323 S. Perry St. - Spokane WA 99202 - 509-535-1813

CATHOLIC CHARITIES

12 E 5th Ave, 99202 cceasternwa.org	358-4250 800-831-1209
Catholic Housing Communities	456-2279
Childbirth & Parenting Assistance (CAPA) / PREPARES	455-4986
Christmas Bureau	358-4254
Counseling Services	242-2308
Emergency Financial Assistance	358-4963
House of Charity	624-7821
Homeless Families Coordinated Assessment	325-5005
Immigration Legal Services	455-4960
Parish Social Ministry	358-4273
Providence House of Charity Clinic	626-9825
Rising Strong	960-8632
Senior Services/Volunteer Chore Services	459-6175
St Anne's Children & Family Center	232-1111
St Margaret's Shelter	624-9788

GOODWILL INDUSTRIES

130 E Third Ave, 99202 Discovergoodwill.org	838-4246
Career & Resource Center	838-4246
Employee & Training Services	838-4246
Housing & Essential Needs	838-4246
Next Generation Zone	344-7800
Protective Payee Office	838-4246
Thrift Stores:	
-Spokane Downtown	444-2396
-Spokane South Hill	321-0478
-North Nevada	466-2012
-Northwest	321-0579
-Spokane Valley	928-4032
Veterans Hotline	828-2449
Workforce & Family Services	838-4246

FRONTIER BEHAVIORAL HEALTH

107 S Division St, 99202 fbhwa.org	838-4651
24/7 Regional Crisis Line	877-266-1818
Child & Family Services	838-4651
Crisis Response Services	838-4651
Elder Services	458-7450
Evergreen Club	458-7354
Homeless Outreach Team	838-4651
Washington Listens	833-681-0211

LUTHERAN COMMUNITY SERVICES NORTHWEST

210 W Sprague Ave, 99201 lcsnw.org	747-8224
24/7 Sexual Assault Support Line	624-7273
Behavioral Health & Victim Advocacy	747-8224
Domestic & Unaccompanied Refugee Minor Foster Care	747-8224
Family Outreach Crisis Intervention Services	747-8224
Victim Advocacy & Education	747-8224
Wraparound with Intensive Services (WiSe)	747-8224

SALVATION ARMY

222 E Indiana Ave, 99207 spokane.salvationarmy.org	325-6810
Camp Gifford	233-2511
Family Shelter	325-6814
Food Bank	325-6821
Seasonal Services	325-6810
Salvation Army Church	325-6810
Sally's House	325-6826
Transitional Housing	326-7288
Visitation & Counseling Services	325-2757

SNAP

3102 W Ft Wright Dr, 99224 snapwa.org	456-SNAP
Affordable Housing	
-Coast Property Management	747-2914
Business Development	456-SNAP
Energy Assistance	456-SNAP
Energy Conservation Education	456-SNAP
Financial Access	456-SNAP
Home Repair/Weatherization	456-SNAP
Homeless Services Office/	456-SNAP
Long Term Care Ombudsman	456-7133
	800-660-7133
Mortgage Assistance Programs	456-SNAP
Vehicle Emissions Repair Program	456-SNAP

SPOKANE REGIONAL HEALTH DISTRICT

1101 W College Ave, 99201 srhd.org	324-1500 888-535-0957/TDD 324-1424
ABCD & ABCDE Dental/Oral Health	324-1478
Breast, Cervical and Colon Health	324-1553
Children & Youth w/ Special Needs	324-1696
Emergency Preparedness	324-1673
Environmental Public Health	324-1560
Healthy Living	324-1530
HIV Case Management	324-1542
-HIV/STD Testing	324-1494
Immunization Assessment/Promotion	324-1611
Infant Toddler Network	324-1651
Neighborhoods Matter	324-1666
Nurse-Family Partnership	324-1621
Opioid Treatment Program	324-1420
Quality Planning & Assessment	324-1668
-Data Center	324-2853
-Health Equity	324-1555
Syringe Services	324-1686
SNAP-ed	324-3630
Tuberculosis	324-1613
Vital Records	324-1601
WIC	324-1620

TRANSITIONS

3128 N Hemlock St, 99205 help4women.org	328-6702
EduCare	325-8632
Home Yard Cottages	747-9222/SNAP 456-7627
Miryam's House	747-9222
New Leaf Bakery & Cafe	496-0396
Transitional Living Center	325-2959
Women's Hearth	455-4249

UNION GOSPEL MISSION (UGM)

1224 E Trent, 99202 uniongospelmssion.org	535-8510
Crisis Shelter for Women & Children	535-0486
Men's Shelter/Recovery Program	535-8510
Thrift Stores:	
-Downtown	326-3316
-Spokane Valley	927-5905
UGM Camp	258-4257
UGM Motors/Motor Services	327-4357
UGM Youth Outreach	535-8510
Women's Recovery - Anna Ogden Hall	327-7737

VOLUNTEERS OF AMERICA (VOA)

525 W 2nd Ave, 99201 voaspokane.org	624-2378
Alexandria's House	489-0349
Applewood Apartments	534-6562
Aston-Bleck Apartments	688-1116
Country Heights Apartments	327-7132
Crosswalk	838-6596
Hope Housing	455-2886
Foster Youth Programs	340-9071
Medical Respite	455-2886
Scholarships	624-2378
Trent Terrace Apartments	927-8102
Veteran's Housing	328-4685
YouthReach	838-6596

YMCA

930 N Monroe, 99201 ymcaspokane.org	777-YMCA (9622)
Act 6 Leadership Initiative	720-5613
Camp Goodtimes	777-9622
Camp Reed	344-7787
Centers & Programs	777-9622
Out-side of the Box	777-9622 x412/720-5612
RSVP - Retired Senior Volunteer Prog	344-7787
Project Warm-up	777-9622
Safe Sitter	777-9622
School Age Program	x106
Summer Day Camps/Meals	x409
Teen Program	x415
Y Youth Investment Program	x215

YWCA

930 N Monroe, 99201 ywcaspokane.org	326-1190
24-Hour Domestic Violence Help Line	326-CALL (2255)
Alternatives to Domestic Violence	789-9297
Domestic Violence Legal Advocates	477-3656
Domestic Violence Mental Health Therapy	789-9291
Domestic Violence Support at DSHS	227-2629
Our Sister's Closet	789-9280
Women to Work Program & BFET Prog	789-9299
WA ST DSHS WorkFirst Life Skills - Essential Program	789-9299

Federal And State Resources

FEDERAL PROGRAMS

Health Care

Civil Rights (HHS) **800-368-1019**
TDD 800-537-7697
Idaho Yourhealthidaho.org
WA wahealthplanfinder.org

Housing

HUD **206-220-5101**
Discrimination Hotline 800-877-0246
USDA Rural Develop **924-7350x114**

Public & Financial Assistance

IRS **353-0508**
-Federal tax Questions
800-829-1040 TTY 800-829-4059
-Refund Info **800-829-4477**
-Tax forms **800-829-3676**
SSI/SSDI
-Spokane/Walla Walla
800-772-1213 TDD 800-325-0778
-Coeur d'Alene **866-931-2523**
-Lewiston **877-405-9796**

Safety & Security, National

ICE and Border Patrol (Page 176)
Law Enforcement (page 176)
Military (page 176)
US Courthouse/Federal Building
-Spokane **458-3400**
-Walla Walla **376-7262**
-Coeur d'Alene **208-665-6850**
866-299-5515
-Lewiston **208-882-7612**

Veterans Affairs

va.gov
Benefits **800-222-1000**
Employment Svcs **206-554-1491**
Health Care for Homeless Veterans
462-2500

VA Medical Centers

-Spokane **434-7000**
-Walla Walla **525-5200**
888-687-8863

Vet Centers

-Spokane **444-8387**
-Walla Walla **526-8381**

IDAHO STATE

Children and Families

Child Support Services - IDHW
800-536-9868
Child Protection - IDHW
-24 hrs **855-552-5437**
-Coeur d'Alene **769-1515**
-Grangeville **983-2522**
-Kellogg **784-1352**
-Lewiston **779-4360**
-Moscow **882-0670**
Mental Health (Children) -
IDHW Behavioral Health
-Region 1 **888-926-25888**
-24 hrs crisis line **769-1405**
-CdA/Kellogg & **769-1406**
-Region 2
-Grangeville **983-2300**
-Lewiston **799-4440**
-Moscow **882-0562**

DD/Infant Toddler Prog - IDHW
-North **769-1403**
-North Central **883-8575**
IdahoSTARS **800-926-2588**
24 hr DV Hotline **800-669-3176**
Idaho Coalition against Sexual &
Domestic Violence **384-0419**
ID Council on DV & Victim Assist
332-1540/800-291-0463

Financial & Public Assistance

-Financial Assistance & Food
Stamps - IDHW **877-456-1233**
IDVR **334-3390**
Unemployment **332-8942**
-Appeals **800-621-4938/**
332-3572
Worker's Comp Claim **334-6000**

Housing

Housing & Finance Association
-Coeur d'Alene
866-621-2995/208-621-2994
-Lewiston **866-566-1727**
743-0251

Health Care

Medicaid IDHW **877-456-1233**
ID Bureau of Vital Records &
Health Statistics - IDHW **334-5980**
ID Medicaid **866-686-4272**
-24/7 Hotline **866-635-7515**
ID Suicide Prevention Hotline
398-3457

Prescription Cards Idahocard.com
Suicide Prevention Prog IDHW
334-4983

Substance Abuse Services IDHW
922-2406

Seniors

Bureau of Long Term Care **769-1567**
Medicaid Enrollment & Assistance
IDHW **877-456-1233**
Nursing Home Services - IDHW
866-255-1190

Transportation **772-1200**

Veterans Services **334-3513**

WASHINGTON

Children & Families

Apple Care (Medicaid) **800-562-3022**
Child Care Aware childcarenet.org
Child Care/Child Crisis/Neglect dcyf.wa.gov
Child Support - DSHS **363-5000**
800-345-9982

-KIDS General Info **800-442-KIDS**
-Alternative Solutions **800-604-1146**
Children, Youth & Families -DCFS
363-3550 TTY 363-4601
-Mandatory Reporting **800-557-9671**
-After hrs **800-562-5625**
-Child Abuse/Neglect Hotline
866-END-HARM

DV Hotline **800-562-6025**
Foster Parenting & Kinship Care
888-KIDS-414

Juvenile Rehab **363-4995**

Health Care

DDA **329-2900**

800-462-3038 TTY 568-3038

Human Rights Commission
800-233-3247 TTY 800-300-7525
Suicide Hotlines
-Frontier **877-266-1818**
-Greater Columbia **888-544-9986**
Vital Records - DOH **360-326-4300**

Housing & Finance

Housing Finance Commission
206-464-7139 800-767-4663

Public Assistance & Employment

Community Service Office CSO-DSHS
877-501-2233 TTY 800-833-6384
-Food, medical, public assistance
DVR **323-4700/888-468-9736**
Unemployment -ESD **800-318-6022**
esd.wa.gov/unemployment
-questions website **855-682-0875**
WIC Nutritional Program - DOH
-Family Health Hotline **800-322-2588**
Workers Comp Claims - L&I
800-4BE-SAFE

-Health And Safety Issues
800-423-7233

-Overtime Info **866-219-7321**
Work Source - ESD **888-316-5627**
-Next Generation Zone **340-7800**

Transportation - DOT **324-6015**
CommuteSmart NW **477-7650**
Travel and Trip Alerts **511**

Senior

Home Care Referral **800-970-5456**
Adult Protective Svcs **800-459-0421**
Residential Care Svcs **323-7304**
SHIBA (Medicare) **800-562-6900**

Veterans Affairs

WADVA **800-562-0132**
TDD 360-725-2199
-Assistance **877-249-0516**
800-562-2308
-Spokane Home **344-5770**
877-838-7787
-Walla Walla Home **994-6800**
WS Veterans Employment **535-3101**

Federal, State & Local Resources - Covid 19

FEDERAL PROGRAMS

Coronavirus.gov usa.gov/coronavirus
CDC cdc.gov/
Nat'l Institutions of Health nih.gov
Department of Health and
Human Services hhs.gov

IDAHO

coronavirus.idaho.gov
Panhandle Health District
[panhandlehealthdistrict.org/covid-19/877-415-5225
Benewah, Bonner, Boundary,
Kootenai, Shoshone
Central Idaho **866-736-6632**
\[idahopublichealth.com\]\(http://idahopublichealth.com\)
Nez Perce, Lewis, Idaho
Clearwater, Latah
Idaho Community Foundation
\[dahocf.org/covid-19\]\(http://dahocf.org/covid-19\)
Idaho Kootenai County Mutual](http://panhandlehealthdistrict.org/covid-19/877-415-5225)

Aid Group

FB: [764946094032284](https://www.facebook.com/764946094032284)
Kootenai COunty EMS System
<http://kcemss.org>

WASHINGTON

coronavirus.wa.gov
covid19helpwa.org
Department of Health
doh.wa.gov/Emergencies/Coronavirus
COVID-19 Hotline **800-525-0127**
text "Coronavirus" to 211211
Governor's Info & Resources
<https://www.governor.wa.gov/issues/issues/covid-19-resources>
NE Tri-County Health netchd.org
Adams co.adams.wa.us/government/covid-19.php
Asotin asotincountypublichealth.org
Lincoln
co.lincoln.wa.us/public-health/coronavirus-covid-19-updates/

Whitman

whitmancountypublichealth.org/covid-19.html
Walla Walla
co.walla-walla.wa.us/government/health_department/index.php

SPOKANE AREA

Spokane COVID Response
spokanecovidresponse@gmail.com
FB: [SpokaneCovidResponse/](https://www.facebook.com/SpokaneCovidResponse/)
InlandCOVIDResponse.org
Spokane Resource Center HUD
spokaneresourcecenter.org/covid-19
City of Spokane
my.spokanecity.org/covid19/
-Financial Help line **625-6650**
-UHelp Program **311**
ubil@spokanecity.org **755-2489**
spokaneutilityhelp.org
City of Spokane Valley ED
spokanevalleyed.org/covid19/

Greater Spokane Inc

greaterspokane.org/covid-19/SRHD_srhdc.org/covid19
Spokane County Community
Services **477-5722**
Spokane Public Schools
spokaneschools.org/covid
The Fig Tree hefigtree.org
United Way unitedwayspokane.org/COVID19Resources
Civic Volunteers via Social Media:
Helping Spokane Get Through
COVID 19 FB: [Helping Spokane Get Through COVID 19](https://www.facebook.com/HelpingSpokaneGetThroughCOVID19)
Spokane Area Coronavirus Aid
FB: [261027208235464](https://www.facebook.com/261027208235464)
Spokane Mutual Aid 503- 662-7912
spokanecountymutualaid@gmail.com
FB: [SpokaneCountyMutualAidMutualAidSpokaneCounty.com](https://www.facebook.com/SpokaneCountyMutualAidMutualAidSpokaneCounty.com)
For Food 2-harvest.org
northwestharvest.org/eastern-washington

Native American Nations

COEUR D'ALENE TRIBE 686-1800

Education 686-5013
 Early Learning Center 686-6507
 Higher Education 686-1800
 UofI Extension 686-5605

Social Services
 BIA Assistance 686-1887
 Commodity Food Prog 686-4041
 Housing 686-1927
 DV 686-0900
 TANF 686-6306

Health & WIC - Marimn Health
 -Medical Center 686-1931
 -WIC 686-1931 x323/412

Natural Resources
 CdA Lake Mngt Dept 686-5302

Seniors
 Meal Site 686-3013
 Older Persons' Prog 686-6306

Veterans Assist 686-5602

CONFEDERATED TRIBES OF COLVILLE

Inchelium District 722-7620
Education and Employment
 Early Learning
 -Keller HS 634-7516
 -Inchelium HS 722-7025
 SCC/ ABE 533-4660
 -Inchelium 772-3702

Social Services 422-7023
 -Inchelium TANF 722-7069/7043
 -Keller TANF 634-2199
 BIA Assistance 634-2316
 Commodity Food Dist 634-2796

Health & WIC
 Lake Roosevelt Community
 -Inchelium Clinic 722-7019
 -Keller - San Poil Valley Clinic 634-7325

Seniors Area Agency on Aging
 -Inchelium 722-7074
 -Keller 634-2829/2803

Transportation
 -Keller Ferry (WADOT) 843-3778
 -Inchelium Transit & Ferry 722-4224

KALISPEL TRIBES 447-1147

Education 447-7141
 Early Learning Center 447-7210
 Career Training Center 447-7440
 WSU Extension 447-7436

Social Services 258-4561 x29

BIA Assistance
 Camas Path - North
 -Employment Assistance 499-7412
 -Housing 447-7270
 -South (Airway Heights) 789-7630

Health & WIC
 Camas Center Clinic 447-7405

Seniors
 Camas Path 789-7630
 KALTRAN 447-7247

KOOTENAI TRIBE 267-3519

Social Services 267-3519
 BIA Assist-Northern ID 843-9410
 Child Welfare 267-3519
 Housing 267-3519

Health
 Tribal Health Clinic 267-5223

Natural Resources 267-3519

NEZ PERCE RESERVATION 843-2253

Education 621-4610
 Early Childhood learning
 -Kamiah 935-2888
 -Lapwai 621-3791
 UI Extention 621-3514

Housing Authority 888-334-5167
 -Kamiah 935-2144
 -Lapwai 843-2229

Natural Resources
 Nimipuu Protecting the Environment 790-4296

Nimipuu Health

-Kamiah 888-891-2924/935-0733
 -Lapwai 888-891-2920/ 843-2271

Social Services 843-2463
 Includes BIA Assistance, Financial Assistance, and Tribal TANF
 Commodity Foods Program
 -Kamiah 935-4115
 -Lapwai 843-7305
 WIC 843-2271

Women's Outreach 621-4690
Senior Citizens
 -Kamiah 935-2526
 -Lapwai 843-7311
 Senior Meal 843-7311
Transportation 621-4691
Veterans Rep 621-4738
 Veterans Benefits 843-4738

SPOKANE TRIBE 458-6500

Education & Employment 458-6556/458-8009

Day Care Center 533-1360x263
 Head Start 258-7229
 Work Training 458-6529
 Tribal Campus 257-9202

Health & Human Svcs 258-7502

FOOD
 -Ford FB/Meal site 258-4531
 -Wellpinit FB 258-7145
 -WIC Spokane Tribe 258-7129

WYNICOOP CLINIC IHS 258-4517

Radiation Exposure & Education Program 258-7502

SOCIAL SERVICES 458-6500

-BIA Assistance 258-4561 x29
 -Senior Program 258-7129
 -TANF Wellpinit 458-8000
 -TANF Spokane 533-1360

Natural Resources

Housing Authority 258-4523
 888-642-8055

Transportation 458-6549

Kootenai County (208) 446-1660

KOOTENAI

Community Services

Kaleidoscope Community Services 699-2250
 St Vincent de Paul 664-3095

FOOD

Athol ABC FB 683-3244
 CAP Food Bank 664-8757
 CDA Bible 664-4883
 CDA Community Svcs* 664-5473
 Harrison FB 689-3506/689-3900
 Heart of the City * 665-7808
 Lake City Community 676-0632
 Love Pantry - Christ the King 664-9231
 Lutheran 664-9231
 NIC FB 769-3299/665-5086
 Hayden Adventist 762-5718
 Real Life Min 446-2420x184
 Rathdrum Food Bank 687-3696
 WIC Panhandle Health 415-5130

EARLY LEARNING

CdA Licensing 769-2229
 Mountain States EHS 765-6955
 NIC Head Start 666-6755

SCHOOL DISTRICT

CdA SD 664-8241
 Lakeland SD
 Kootenai SD 689-3631
 Post Falls SD 773-1658

Employment & Job Skills

Goodwill (PF) 773-6181
 ID Dept of Labor 457-8789
 IDVR 769-1441
 LCSC Outreach Center 666-6707
 NIC 769-3300/877-404-4536
 Small Business Development Center 665-5085
 UI Extension 446-1680

Environmental & Animal Rights

Dept of Environmental Quality 877-370-0017 769-1422
 Idaho Native Plant Society 762-2575
 Kootenai Cnty Humane Soc 772-4019
 Kootenai Environmental Alliance 265-9565
 Lake CdA Waterkeeper 667-9093

MEALS

Sun Lunches
 -Lutheran Church 765-1002
 -CDA Bible* @ Harding Center
 M-F Dinner St Vincent de Paul *

T Lunch -Athol Adventist 683-3672
 T Dinner St Thomas 664-9259

Wed Dinners
 -Rathdrum Bible 687-0303
 -CdA Community Services *

Thurs Dinners
 -Heart of the City* 773-4715
 -St Georges (PF) 773-4715
 Fri Dinner - St Pius Outreach
 Sat Dinner - Cherished Ones 704-0908

Early Learning & Education

EARLY LEARNING
 CdA Licensing 769-2229
 Mountain States EHS 765-6955
 NIC Head Start 666-6755

SCHOOL DISTRICT

CdA SD 664-8241
 Lakeland SD
 Kootenai SD 689-3631
 Post Falls SD 773-1658

Employment & Job Skills

Goodwill (PF) 773-6181
 ID Dept of Labor 457-8789
 IDVR 769-1441
 LCSC Outreach Center 666-6707
 NIC 769-3300/877-404-4536
 Small Business Development Center 665-5085
 UI Extension 446-1680

Environmental & Animal Rights

Dept of Environmental Quality 877-370-0017 769-1422
 Idaho Native Plant Society 762-2575
 Kootenai Cnty Humane Soc 772-4019
 Kootenai Environmental Alliance 265-9565
 Lake CdA Waterkeeper 667-9093

Family Crisis

ICARE Children & Family
 Advocacy 676-1515 x315
 Safe Passage 664-9303
 -Children's Advocacy 664-9303
 Coeur d'Alene Counseling 755-7114

Human Rights

Human Rights Education Institute (HREI) 883-7155
 Kootenai Cnty Task Force on Human Relations 765-3932

Health Care

Disability Action Center 457-3891/800-854-9500
 Heritage Health Cntr 620-5200
 Inclusion 762-0119
 Kootenai County Panhandle Health Dist 415-5100/800-878-2364
 -Clinical Services 414-5270
 Kootenai County Medical Assistance 446-1886
 Kootenai County Substance Abuse Council 773-2118
 Kootenai Recovery Center 953-8005
 Kootenai Health 625-4000
 -Behavioral Health 665-4800
 -Rehab 665-5008
 Mental Health IDHW 265-4535
 North ID Crisis Center 625-4884
 NW Specialty Hospital 626-2300
 -CdA Urgent Care 209-2060
 -Post Falls Urgent Care 262-2600
 Port of Hope 664-3300/800-245-6132
 Rehabilitation Hospital 262-8700
 SL Start Idaho 772-4639
 Tesh Inc 765-5105

Outdoors & Recreation

Coeur d'Alene's Old Mission SP 682-3814
 BLM CdA District & Field Office 769-5000
 Farragut Sp 683-2425
 ID Dept Fish & Game 769-1414
 ID Panhandle NFS 765-7223
 - Fernan Off 664-2318
 Kootenai County Parks 446-1275
 North ID Centennial Trail 292-1634
 Panhandle Parks Foundation 446-4613
 Salvation Army Kroc Center 667-1895

Seniors

Area Agency on Aging of North Idaho 667-3179
 Elder Help of North ID 661-8870
 Paratransit (City Link) 446-1616
 Senior Companions - Panhandle Health 415-5160/800-878-2364

Senior Centers

Bayview 683-8040/2951
 Harrison 689-3557
 Hayden 762-7052
 Lake City Senior Center 667-4628
 Post Falls Senior Center 773-9582
 Rathdrum Senior 687-2028
 Spirit Lake Seniors 623-6125

Transportation

City Link 877-941-RIDE
 Greyhound 800-229-9429

Veterans Assistance

Coeur d'Alene CBOC 665-1700
 Veterans Counseling & Service Center - SVDP 664-3095
 Veterans Svcs (county) 446-1090

Palouse Country

WHITMAN 397-6240

Community Services

Pullman Civic Trust
pullmannccivictrust.org
 United Way of Pullman 332-3691

FOOD

Colfax Pantry - COA 397-4305
 Colton/Uniontown Pantry - COA 397-4305

Endicott Pantry - COA 397-4305

Garfield FB 287-2001

Malden Pantry - COA 397-4305

Oakesdale Baptist FB - COA 397-4305

St John Pantry - COA 397-4305

Tekoa Pantry - COA 397-4305

Palouse - Calvary Chapel FB - COA 397-4305

Palouse Cares 208-310-1745

Pullman Child Welfare 338-0801

Rosalia Baptist Pantry - COA 397-4305

The Sharing Closet 284-3401

Wandering Island Ministries 553-2207

WSU Cougs Feeding Cougs 335-1280 / 6849

WIC Colfax 397-6280

WIC Pullman 332-6752

HOUSING

Community Action Center - CAC 334-9147

Family Promise 208-882-0165

Habitat For Humanity 208-883-8502

Early Learning & Education

Child Care Aware 242-3405

800-446-2229

Child Care Resource & Referral (WSU) 335-7625 / 800-446-2229

YMCA of the Palouse 332-3524

Pullman EHS/HeadStart/ ECEAP Center 877-909-7005

Community Child Care Center 334-9290

Colfax HS 397-2181

Endicott SD ECEAP 657-3523

Garfield SD ECEAP 635-1331

Palouse SD ECEAP 878-1921

Rosalia SD ECEAP 523-3061

St James Cntr 332-7005

Tekoa SD ECEAP 284-3281

SCHOOL DISTRICT

Colfax SD 397-3042

Colton SD 229-3385

Endicott SD 657-3523

Garfield-Palouse SD 635-1331 / 878-1921

Lacrosse SD 545-3591

Sprague-Lamont SD 257-2511

Oakesdale SD 285-5296

Pullman Public Schools 332-3581

Rosalia SD 523-3061

St. John SD 648-3336

Steptoe SD 397-3119

Tekoa SD 284-3281

Employment & Job Skills

DVR Colfax WS 397-5071

Boost Collaborative 332-6561

Rural Resources - Pullman Off 334-2375

WSU Pullman 335-3564

-Extension 397-6260

WS Pullman 332-6549

SFCC Education Cntr 332-2706

Environmental & Animal Rights

Citizen's Climate Lobby palousregion@citizenclimatelobby.org

Palouse-Clearwater Environmental Institute 208-883-1444

Whitman County Humane Society 332-3422

WSU Veterinary Training Hospital 335-0711

Family Crisis

DCFS Colfax 397-5040

800-557-9671

DV - Alternatives to Domestic Violence of the Palouse 332-HELP/877-334-2887

Health Care

24 hr Regional Crisis Line 888-544-9986

Boost Collaborative 332-6561

DDA Whitman 397-5053

Palouse CHAS Clinic 208-848-8300

Palouse River Counseling 334-1133

Planned Parenthood 866-904-7721

Pullman Fitness & Aquatic Center 338-3290

Pullman Regional Hospital 332-2541

Total Health Physician Group 332-6688

Whitman County Developmental Disabilities 397-6238

Whitman Hospital and Medical Center (Colfax) 397-3435

Whitman County Public Health District 397-6280

-Colfax Office 332-6752

-Pullman Office 335-3587

WSU Psychology Clinic 332-3524

YMCA of the Palouse 332-3524

Diversity Centers

Elson S Floyd Cultural Center (WSU) 335-2584

Gender Identity/Expression and Sexual Orientation Resource Center (WSU) 335-8841

Outdoors & Rec

Pullman Civic Trust pullmannccivictrust.org

Pullman Parks & Rec 338-3227

Whitman County 397-4622

-Wawawai CP 334-3774

-Klemgard CP/Kamiak Butte CP 397-6238

WSU Outdoor Rec 335-1892

State Parks -Palouse to Cascades SP Trail 337-6457

-Steptoe Battlefield SP 337-6457

-Steptoe Butte SP 360-902-8844

Seniors

Assessor's Seniors/Disabled Tax Exemption 397-6220

Council on Aging & Human Resources 397-4305

COAST Transportation 397-2935

Dial-A-Ride (Pullman Transit) 332-5471 800-833-6388

HCS Colfax 397-5091

800-459-0421

Pullman Community Council on Aging 339-4000

-Pullman MOW 334-4000

Rural Resources 332-0325

800-873-5889

Transportation

COUG Bikes gotchabike.com/wsucoug

Pullman Transit 332-6535

Wheatland Express 334-2200

800-334-2207

Veterans Assistance

397-6270

Women's Groups

LWV lwvpull@yahoo.com

NEW Leadership (WSU) 335-4359

WSU Women*s Center 335-6849

LATAH (208) 882-8580

Community Services

Latah Cnty Social Svcs 883-7209

FOOD

-Deary FB 877-7414

-J-K Good Samaritan FB 276-4510

-Moscow FB 882-4813

-Potlatch FB 875-0708

-Troy FB 835-3000

-Salvation Army 883-4823

-The Hope Center 883-4144

-Vandal Food Pantries 885-9442

-WIC 882-7353

Housing 883-8585

-CAP 883-8502

-Habitat for Humanity 208-882-0165

-Family Promise 883-3438

-Sojourners' Alliance 883-3438

Early Learning & Education

EARLY LEARNING

Moscow Licensing 883-7001

Moscow ECEAP 883-3940

SCHOOL DISTRICT

-Gensee Joint SD 235-1161

-Kendrick SD 289-4211

-Moscow SD 882-1120

-Potlatch SD 875-1658

-Troy SD 835-3791

-Whitepine JSD 877-1408

Employment & Job Skills

Hope Cntr 882-4144/569-4470

IDVR 882-8550

University of Idaho 885-6111

UI Extension 883-2267

Environmental & Animal Rights

Citizen's Climate Lobby palousregion@citizenclimatelobby.org

Clearwater Resource Conservation & Development Council 882-4960

Environ Defense Inst 835-5407

Humane Society of the Palouse 883-1166

Native Plant Society 883-2638

Palouse-Clearwater Environmental Institute 883-1444

Palouse Land Trust 596-4496

Palouse Prairie Fdn 883-1444

Rural Roots ruralroots.org

Sierra Club- Palouse Group palouse.sierra.club@gmail.com

Wild Idaho Rising Tide 301-8039

Family Crisis

Alternatives to DV of the Palouse 883-HELP

-24/7 hotline 877-334-2887

Health Care

Center on Disabilities and Human Development (Uof) 885-6000

Disability Action Center 883-0523/800-475-0070

Gritman Medical Center 882-4511/800-526-CARE

-Kendrick Clinic 289-3841

-Potlatch Clinic 875-2380

-Troy Clinic 835-5550

ID Assistive Technology 800-432-8324

Latah CHAS Clinic 848-8300

Latah County Panhandle Health District 882-7353

Latah Recovery Cntr 883-1045

Mental Health Services IDHW 882-0562

Rural Crisis Center Network 883-1045

Human Rights

Latah County Task Force 882-3648

NW Coalition for Human Rights 885-4285

Outdoors & Recreation

Clearwater NFS

-Palouse Ranger Dist 875-1131

Idler's Rest 596-4496

Latah Cnty Park & Rec 883-5709

Latah Trails Foundation 874-3860

1700 Highway 6, Potlatch 83855

Moscow Prks & Rec 883-7084

University of Idaho Outdoor Prog 885-6810

Seniors

Area Agency on Aging of North Central Idaho (CAP) 667-3179/800-786-5536

Dial-a-Ride (SMART) 883-774

TDD 800-833-6388

Moscow Senior Cntr 882-1542

Potlatch Senior Citizens 875-1071

Transportation

Smart transit 883-7747

Palouse Bicycle Collective/UI 208-254-0094

Wheatland Express 334-2200

800-334-2207

Veterans Assist

883-2274

Upper Columbia Region - NEWA, Lincoln County

Services for Ferry, Stens, Pend
Oreille in common
Community Services
Rural Resources 684-8421/
877-219/5542

Early Learning & Education
Child Care Aware
800-446-2229/242-3405

Family Crisis
Rural Resources (DV) 684-6139
844-509-SAFE 844-509-7233

Community Services
HOUSING
NEWA Housing Solutions 328-2953
Rural Resources 775-0912

Health Care
24/7 Crisis Line 877-266-1818
NEW Alliance Counseling -
-Chewelah 935-4808
-Colville 684-4597
-Davenport 725-3001

Seniors
Rural Resources
-Community Living Connections
775-0912
-Dial-a-Ride 800-776-9026
-Senior Nutrition 684-8421

FERRY COUNTY 775-5225

Community Services
FOOD
-Republic-People's Pantry 207-
0435
-WIC 775-3111/800-876-3319

HOUSING
Republic-Ferry County Housing
Authority) 775-3924

Early Learning & Education
EARLY LEARNING
Child Care Aware 877-965-7109
Curlw ECEAP 779-4931
Republic ECEAP 775-3327 x125

SCHOOL DISTRICTS
Curlw SD 779-4931
Inchelium SD 722-6181
Keller SD 634-4325
Orient SD 684-6873
Republic SD 775-3171

Employment, Job Skills
ABE - SCC 533-4600
DVR 775-2230/TTY 800-442-2061
Job Corps 800-513-4884
Rural Resources 775-2009
SCC Republic 800-276-8040x6405
WSU Extension 775-5225x116

Family Crisis
Republic DCFHS 775-2220
TTY 800-544-0543

Health Care
County Public Hospital 775-3333
-Republic Clinic 775-3153
DDA 685-5646/866-715-3646
Public Health 775-3111
800-876-3319

Outdoors & Recreation
Colville NFS - Republic 775-
7400
Curlw Lake SP 775-3592

Seniors
HCS - DSHS 775-2227
888-437-0516 TTY 775-2661

The People's Pantry 775-3874
PUD (seniors) 775-3325
Seniors/Disabled Exemption-
Assessor office 775-5225 x2502
Veterans Assistance 775-5229

LINCOLN 725-1401

Community Services
Rural resources 215-1420

FOOD
Davenport - Lincoln County
Care & Share FB 725-0437
Harrington FB 253-4588
Sprague Food Bank 993-5490
Wilbur Uniting FB 647-5781
WIC Lincoln Cnty 725-9213 x26

Early Learning & Education
EARLY LEARNING
Davenport ECEAP 725-1261 x3300
Harrington ECEAP 323-2720
Reardan ECEAP 796-2511 x306

SCHOOL DISTRICT
Almira SD 639-2414
Coulee-Hartline SD 639-2611
Creston SD 636-2721
Davenport SD 725-1481
Harrington SD 253-4331
Lamont SD 257-2511
Odessa SD 982-2668
Reardan-Edwall SD 796-2701
Sprague SD 257-2511
Wilbur SD 647-2221

Employment & Job Skills
DVR Spokane 363-4700
TTY 888-468-9736
WSU Extension 725-4121

Family Crisis
DCFS Spokane 363-3550
TTY 363-4601
Family Resource Center (DV)
725-4358

Outdoors & Recreation
Lake Roosevelt NRA 754-7800

Health Care
DDA Spokane 329-2900
800-462-3038
Lincoln County Alcohol & Drug
725-2111

Lincoln County Developmental
Disabilities 725-1086
Lincoln County Public Health
District 725-1001
Lincoln Hospital 725-7101
-Davenport Clinic 725-7501
-Reardan Clinic 796-2737
-Wilbur Clinic 647-5321
Odessa Memorial Health 982-2611
-Odessa Rural Clinic 982-2614

Seniors
Aging & Adult Care of Central WA
886-0700 800-572-4459
Assessors Seniors/Disabled Tax
Exemption 596-1454/725-7011
Davenport Senior Cntr 725-7055
HCS Spokane 568-3700
800-459-0421
Odessa Meal Site 982-2654
People for People 765-9249
800-851-4204
Sprague Senior Cntr 257-2997

Wilbur Senior Center 647-5503
Transportation 800-851-4204
Veterans Assistance 725-4971

PEND OREILLE 447-2435

Community Services
Rural Resources 447-9997
FOOD
Cusick FB 447-5249/939-3227
lone FB 442-3223/442-3654
WIC 447-3131/800-873-6162

HOUSING
Assessors Low-Income
Exemptions 447-4312
Family Crisis Network 447-2274

Early Learning & Education
ECEAP
Metaline Falls - ESD 101 456-4225
Rural Resources 447-2826/2340/4627
SCHOOL DISTRICTS
Cusick SD 445-1125
Selkirk Consolidated 446-2951
Newport SD 447-3167

Employment, Job Skills
DVR 447-6269/800-624-7222
SCC/lone 442-4290
SCC/Newport 447-3835
WS Newport 800-451-1549
WSU Extension 447-2401

Family Crisis
24 Hr (DV) Help Line 447-5483
DCFS Newport 447-6216/800-473-6022
Family Crisis Network 447-2274

Health Care
DDA 685-5649/866-715-3646
Newport Hospital 447-2441
Pend Oreille Counseling 447-5651
Public Health 447-3131
800-873-6162

Outdoors & Recreation
Crawford SP 446-4065
Salmo-Priest Wilderness 446-7500

Seniors
Assessors Seniors/Disabled
Exemptions/Deferrals 447-4312
HCS 447-6223/888-436-0516

Transportation
Carpool Matching Prog 684-2961
Veterans Assist 447-3943/6474
WADVA 462-2500

STEVENS COUNTY 684-7575

Community Services
Loon Lake Food Bank and
Resource Center 233-8450
Rural Resources 684-8421
Volunteer Food & Resource
Center 684-2971

FOOD
Chewelah FB 935-6204
Colville FB 684-4441
Reachout Food Min 685-9272
Ford Food Bank 258-4531
Hunters Food Bank 722-3332
Kettle Falls FB 738-2326
WIC 684-1361/800-827-3218

HOUSING
Assessor Low-Income 684-6161
Colville Shelter 684-8421
HfH 684-2319/684-2385
Hope Street 634-3701
Daren Thompsons Community
Warming Center 684-8480
MEAL SITES (all Lunches)
M - Colville Community 684-4441
T-Colville Adventist 684-5845
T-Colville Assembly of God 684-4721
W - Free Methodist 684-2480
Th - Colville A/G 684-4721
F - Congregation UCC 684-4213

Early Learning & Education
EARLY LEARNING
NEW ESD 101 323-2720
Rural Resources 684-8421

SCHOOL DISTRICTS
Chewelah SD 685-6800
Columbia SD 722-3311
Colville SD 684-7850
Evergreen SD 722-6384
Kettle Falls SD 738-6625
Loon Lake SD 233-2212
Mary Walker SD 258-4534
Northport SD 732-4251
Onion Creek SD 732-4240
Summit Valley SD 935-6362
Valley SD 937-2413
Wellpinit SD 258-4535

Employment & Job Skills
SCC Colville 685-2120
WS Colville 685-6158
800-451-1549
WSU Extension 684-2588

Family Crisis
DCFY 685-5660/ TTY 684-2321

Health Care
DDA 685-5649/866-715-3646
DVR WS 685-6147
800-330-5739 TTY 685-6146

NEW Alliance Counseling
- Chewelah 935-4808
- Colville 684-4597
Mnt Carmel Hospital 685-5100
St. Joseph's Hospital 935-8211
NE Washington Health 935-6001
Providence Clinics 935-8111
684-3701

Public Health District
684-1301/800-827-3218
Tri-County Health Fund 634-3701

Outdoors & Recreation
Colville NF 684-7000
Little Pend Oreille NWR 684-8384
Northeast WA Trails 684-4571

Seniors
Assessor Senior/Disabled
Exemption 684-6161
Chewelah Senior Center 935-6204
Colville Senior Center 684-3407
HCS 685-5644/888-437-0516

Transportation
Carpool Matching Prog 684-2961
Gold Line 888-739-5395

Veterans Assistance 684-7511
WADVA 462-2500

Columbia Basin & Southeast Washington (509)

ADAMS 659-3257

Community Services

FOOD
Lind Sr. Center 677-3620
Othello FB 488-6044
Ritzville FB 659-4449
WIC Adams County 659-3315
WIC Columbia Basin Health (Othello) 488-5256
HOUSING - Othello Housing Authority 488-3527

Early Learning & Education

Child Care Aware 877-965-7109

EARLY LEARNING

Lind Preschool 456-7086

Othello
-Othello Child Develop Center 488-3503

-MacFarland MS 893-4125
Ritzville Preschool 456-7086

SCHOOL DISTRICT

Lind -Ritzville 677-3481/659-1660

Othello SD 488-2659/4682
Washtucna SD 646-3237

Employment & Job Skills

DVR Spokane 363-4700
TTY 888-468-9736

Goodwill 765-1768
SkillSource (Othello) 488-1670
WSU Extension 659-3209

Family Crisis

DCFS Moses Lake 747-5757/800-749-5965
DV Crisis Line: 888-560-6027
New Hope DV Services (Othello) 488-2699

Health Care

24/7 Regional Crisis Line 877-266-1818

Adams County Public Health District - Integrated Health Services 488-2031/659-3315
Bx Health Services -Adams Cnty Integrated Health Care Services 488-5611

Columbia Basin Health Association 488-5256
DDA Spokane 329-2900
800-462-3038

East Adams Rural Hospital & Clinic 659-1200
-Ritzville Clinic 659-1200
-Washtucna Clinic 646-3290
Othello Community Hospital 488-2636
-Pioneer Clinic 765-1538

Seniors

Aging & Adult Care of Central WA 766-2563/800-572-2563
Assessor's Seniors Tax Exemption 659-3200
HCS Moses Lake 764-5657
800-671-8902 TTY 800-833-6388
Lind Senior Center 677-3620
Othello Senior Cntr 488-5700
Washtucna Senior Cntr 646-3485

Outdoors & Recreation

Columbia Plateau Trail SP 646-9218
Palouse Falls SP (Washtucna) 624-9218

Transportation 765-9249

Veterans Assist 659-8045/3247

COLUMBIA 524-2780

Community Services

Project Timothy, SVDP 382-2943

FOOD

-BMAC FB 529-3561
-Dayton FB 386-9827
-Salvation Army 529-9470

-Presbyterian Pantry Food Shelf 529-4169

-WIC Columbia 382-2181

HOUSING

-WW Housing Authority 527-4542
-BMAC 529-4980

Early Learning & Education

Child Care Aware 800-446-2229/242-3405

Child Care Resource & Referral (WWCC) 529-5744/800-446-2229
ECEAP-Dayton 464-5880

SCHOOL DISTRICTS

Dayton SD 382-2543
Starbuck SD 399-2381

Employment & Job Skills

DVR WW 527-1815
800-548-8755/TTY 800-548-8755
Goodwill WW 525-5992
WSU Extension 382-4741/2
Walla Walla CC - Walla Walla 877-922-9922/522-2500

Family Crisis

DCFS WW 524-4900/TTY 524-4950
YWCA WW-Dayton 382-9922

Health Care

24 Hr Crisis line 888-544-9986
Blue Mountain Counseling 382-1164/866-382-1164

DDA 394-1069

Columbia County Health Service -Columbia Clinic 382-3200

-Waitsburg Clinic 337-6311
Dayton Hospital 382-2531

Blue Mountain Counseling 382-1164/866-382-1164

Outdoors & Recreation

Camp Wooten Retreat Cntr 843-5091
Umatilla NFS
-Pomeroy Dist 843-1891
-Wenaha-Tucannon Wilderness 843-1891

Seniors

Dial-a-ride (Valley Transit) 527-3779
HCS Walla Walla 524-4960
800-310-5678
HCS Dayton 382-4787
Indigent Seniors/Tax Exemption, Assessor's 382-2131
SE Aging and Longterm Care Council 382-4787/800-965-2582
Walla Walla MOW 541-938-5481

Transportation

Columbia County 382-1647

Valley Transit - WW 525-9140

Veterans Assistance 382-2239

WALLA WALLA 524-2780

Community Services

Blue Mtn Action Council 529-3561

Christian Aid Center 525-7153

United Way of WW 529-1183

FOOD

BMAC FB 529-3561

Farmers Market 240-2898/529-8755

Helpline 529-3377

Presbyterian Pantry Shelf 529-4169

Salvation Army 529-9470

St Vincent de Paul 525-3903

WIC Walla Walla 524-2680

HOUSING

BMAC 529-4980

Catholic Charities 525-0572

Council on Housing (cnty) 524-2936

Housing Authority 527-4542

MEAL SITES

Christian Aid Center 525-7153

M-F, Dinner 5:30, Sat, Bkfst 7:30

Early Learning & Education

Child Care Aware 800-446-2229/242-3405

Child Care Resource & Referral (WWCC) 529-5744/800-446-2229

Early Learning -Blue Ridge Elem 527-3066

-Children's Home Society - WW 529-2130/3532

-College Place Child Development Center 522-0610

School Districts

College Place SD 525-4827

Prescott SD 849-2217

Waitsburg SD 337-6301

Walla Walla SD 527-3000

Employment & Job Skills

DVR WW 527-1815

800-548-8755 TTY 800-548-8755

Walla Walla CC 522-2500

877-922-9922

WSU Extension 524-2685

Whitman College 527-5111

WS Walla Walla 527-4393

524-5230

Family Crisis

Childrens Home Society 529-2130

DCFS WW 524-4900/TTY 524-4950

Service Alternatives 325-4390

The HUB (youth shelter) -

Catholic Charities WW 525-0572

YWCA Walla Walla 525-2570

-Crisis Line 529-9922

Health Care

24 Hr Crisis line 888-544-9986

Blue Mountain 382-1164

866-382-1164

Catholic Charities Counseling 525-0572

Christian Aid Center 525-7153

DDD Walla Walla 394-1069

Family Medical Center - YVFWC 525-6650

Planned Parenthood 866-904-7721

Providence St. Mary Medical Center 897-3320

WW Public Health 524-2650

Outdoors & Recreation

Fort Walla Walla 525-7703

Walla Walla Dist - Umatilla NFS 522-5290

WW City Parks & Rec 527-4527

Whitman Mission NHS 684-8384

Seniors

Adult Day Care 527-3775

Catholic Charities Volunteer Chore Services 525-0572

Dial a Ride (Valley Transit-WW) 527-3779

HCS Walla Walla 524-4960

800-310-5678

Indigent Seniors/Tax Exemption-Assessors 524-2560

Senior Citizens Cntr 527-3775

SE Aging and Longterm Care Council 529-6470

800-965-2582

Walla Walla MOW 541-938-5481

Transportation

Valley Transit 525-9140

Veterans Assistance

Helpline 529-3377

VA Medical Center 525-5200

888-687-8863

Vet Center 526-8381

The Fig Tree

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Idaho, Panhandle North (208)

BENEWAH 245-3212

Community Services

Community Action Partnership - CAP **245-9090**
WIC **245-3692**

Early Learning & Education

NIC HS - St Maries **245-6519**
-Plummer-Worley SD **686-1621**
-St Maries SD **245-2579**

Employment & Job Skills

UI Extension **245-2422**

Family Crisis

Crisis Intervention (Benewah Cnty Sheriff's Dept) **245-4260**

Health Care

Alliance Medical Svcs **245-5427**
Benewah Medical Center **686-1449x342**
Benewah Community Hospital **245-5551**

Benewah County Panhandle Health District **245-4556**

Outdoors & Recreation

Heyburn SP **686-1308**
McCroskey SP **686-1308**
ID Panhandle NFS - St Joe River Dist **245-2531**

Seniors

Area Agency on Aging of North Idaho **667-3179**
BAT (Medicaid) **245-4576**
East Benewah Council for Aging **245-3545**

Senior Center
-Fernwood **245-3392**
-Plummer **686-1863**
-Tensed **274-2851**
-Worley **686-1258**

Transportation

City Link **877-941-RIDE**

BONNER 245-1437

Community Services

Community Action Partnership - CAP **255-2910/800-326-4843**
Sandpoint Community Resource Center **920-1840**

FOOD

Bonner Community FB **263-3663**
Clark Fork FB **266-0321**
Priest River FB **448-2352**
West Bonner Cnty FB **437-0143**
WIC Bonner Cnty **263-5159**

HOUSING

CAP **255-2910/800-326-4843**
Bonner Gospel Mission **263-6698**

Bonner Homeless Transitions **265-6485**
Habitat for Humanity **265-5313**

MEAL SITES

Priest River (T dinner) **263-2676**
Sandpoint (only)

Sun - 12-4 - VFW Hall **263-2913**

Monday (vacant)

Tuesday

-Lunch- Agape Cafe **263-0221/3648**
-Dinner - A/G Church **263-2676**
Wed-Lunch - Gardenia Center **263-4450/263-7625**

Thurs - Dinner - UMC **263-4234**
Fri - Dinner - St Joseph **263-3720**
Sat- 12-4 - VFW Hall **263-2913**

Early Learning & Education

Mountain States HS **263-2569**
Sandpoint HS - NIC **263-6232**
Lake Pend Oreille SD **263-2184**
Sandpoint SD **265-9737**
West Bonner Cnty SD **448-4439**

Employment & Job Skills

Goodwill **265-1900**
ID Dept of Labor **263-7544**
IDVR **263-2911**
NIC Extension **769-3300**
877-404-4536
UI Extension **263-8511**

Environmental

Clark Fork Coalition **406-546-0532**
ID Conservancy League **265-9565**
Lake Pend Oreille Waterkeeper **597-7188**
Rock Creek Alliance **610-4895**
Selkirk Outdoor Leadership and Education (SOLE) **928-351-7653**
Twin Eagles Wilderness School **208-265-3685**

Family Crisis

Life Skills NW **265-6796**
Lilly Brooke Family Justice Center **265-3586**
Priest River Ministries Advocates for Women **448-2800**

Health Care

Bonner County Indigent Office **255-5291/3630**
Bonner County Panhandle Health District **263-5159**
Bonner General Health **263-1441**
Bonner Partners in Care Clinic **255-9099**

Inclusion Inc **217-2414**

Kaniksu Health Services
-Priest River/Sandpoint **263-7101**
Mental health Services IDHW **265-4535**

North Idaho Community Mental Health **265-6798**

Human Rights **263-0275**

Outdoors & Recreation

Bonner Cnty Parks **255-5681x4**
ID Panhandle NFS -Priest River (Priest Lake) Dist **443-2512**
-Sandpoint Dist **263-5111**

Friends of Scotchman Peaks
Wilderness **290-1281**
Priest Lake SP **443-2200**
Round Lake SP **263-3489**

Seniors

Area Agency on Aging of North Idaho **667-3179**
Panhandle Senior Companions

415-5160/800-878-2364

Senior Centers

-Clark Fork Hope **266-1653**
-Blanchard **437-1037**
-Sandpoint **263-6860**
-Senior Hospitality Center

267-5554
-Sagle Senior Inc **265-2627**
White Tail Transportation **448-0848/877-1261**

Transportation

SPOT Bus
-Ponderay **263-3774**
-Dover **597-7606**
Sandpoint Amtrak Station **800-872-7245**

Veterans

Cnty Services **255-5291**
Sandpoint CBOC **263-0450**

BOUNDARY 245-3212

Community Services

Community Action Partnership - CAP **267-3663/800-725-3663**
Community Coalition for Families **267-0900**

Housing- Fuller Center for Housing **946-6582**

FOOD

-Bonners Ferry (CAP) **267-3663**
-WIC Boundary **267-5558**

Early Learning & Education

Julien Bucher Early Learning Center - NIC **267-5756**
Boundary County SD **267-3146**

Employment & Job Skills

UI Extension **267-3235**
NIC Extension **769-3300**
877-404-4536
ID Dept of Labor **267-5581**

Family Crisis

Youth Crisis & Domestic Violence Crisis Line **267-5211/267-7334**

Health Care

Boundary Community Hospital **267-3141**

Boundary County Panhandle Health District **267-5558**
Kaniksu Health Services Clinic **263-7101**
Mental Health Services IDHW **265-4335**

Outdoors & Recreation

Cnty Parks & Rec **304-3603**
ID Panhandle NFS - Bonners Ferry Dist **267-5561**
Kootenai NWR **267-3888**

Seniors

Area Agency on Aging of North Idaho **667-3179**
Discount Rx **877-321-2652**
Senior Hospitality Cntr **267-5553**

Veterans

Cnty Services **267-8611**
Sandpoint CBOC **263-0450**

SHOSHONE 752-1264

Community Services

Shoshone County Indigent Services **752-8601**
Silver Valley Community Resource Center **784-8891**
Sy Vincent de Paul **556-1460**

FOOD

Community Action Partnership - CAP Food Bank **783-4901**
Pinehurst - Real Life Ministries **682-4944**

Wallace UMC FB **784-3102**
WIC Shoshone **786-7474**

HOUSING

CAP **255-2910/800-326-4843**
Fuller Center for Housing **786-6013**

Early Learning & Education

Shoshone HS - NIC **784-5581**

SCHOOL DISTRICT

Kellogg Joint **784-1348**
Mullan **744-1118**
Wallace **753-4515**

Employment & Job Skills

IDVR **769-1441**
NIC Extension **769-3300**
877-404-4536
UI Extension- Kootenai **446-1680**

Environmental

Silver Valley Community Resource Center **784-8891**

Family Crisis

Shoshone County Crisis and Resource Center **556-0500**

Health Care

Mental Health Services IDHW **784-1352 x217**
Shoshone Cnty Indigent Office **752-8601**

Shoshone Clinic **784-1221**
Shoshone County Panhandle Health **786-7474**

Outdoors & Recreation

Friends of the Coeur d'Alene Trails **691-9169**

Idaho Panhandle NFS

-Avery Office **245-4517**
-Silver Valley Off **783-2363**
Shoshone Cnty Parks **753-5475**

Seniors

Area Agency on Aging of North Idaho **667-3179**
Paratranist **855-495-7325**
Silver Valley MOW **623-6125**
Senior Centers
-Kellogg **783-4581**
-Wallace **752-1194/5411**

Transportation

Silver Express **855-495-7325**

Veterans 752-3331

Clearwater Valley (208), Rural North Central Idaho

CLEARWATER 476-5615

Community Services

Community Action Partnership - CAP 476-4949/800-326-4843
County Assistance 476-3864

FOOD

Elk River FB 826-3305
Orofino FB 476-7840
WIC Clearwater 476-7850

Early Learning & Education

Orofino ECEAP 476-3481
Weippe ECEAP 435-4289
Orofino JSD 476-5593

Employment & Job Skills

ID Dept of Labor 476-5506
IDVR 476-5574
LCSC Orofino Outreach Center 476-5731
UI Extension 476-4434

Environmental

Clearwater Resource Conservation & Development Council 882-4960

Family Crisis

DV YWCA Lewiston/Clarkston Crisis 746-9655/800-669-3176
-Support Group 476-0155

Health Care

Clearwater County Public Health 476-7850

Clearwater Valley Hospital 476-4555

-Orofino Health Cntr 476-5777
-Pioneer Medical Clinic - Pierce 464-2578

Mental Health Services IDHW 882-0562

Outdoors & Recreation

Dworshak Dam & SP 476-5994
Nez Perce-Clearwater NFS -North Fork Dist 476-4541
Selway-Bitterroot Wilderness 476-4541

Seniors

Area Agency on Aging of North Central ID 667-3179

COAST (COA) 800-786-5536
800-873-9996
800-967-2899

SENIOR CENTERS

Orofino 476-4328
Weippe 435-4553

Veterans

Property Tax Exemption for Disabled Vets 332-1033

IDAHO 983-2751

Community Services

FOOD
Grangeville - Camas Prairie FB

507-2365
Kooskia FB 926-7128
WIC 983-2842
HOUSING - Community Action Partnership - CAP 983-0437
800-326-4843

Early Learning & Education

EARLY LEARNING
Grangeville ECEAP 983-1671
Kooskia Cntr ECEAP 926-4311

SCHOOL DISTRICTS

Cottonwood JSD 962-3791
Mountain View SD 983-0990
Salmon River SD 630-6025

Employment & Job Skills

LCSC Grangeville Outreach Center 983-2164
UI Extension 983-2667

Environmental

Clearwater Resource Conservation & Development Council 882-4960

Family Crisis

YWCA Lewiston/Clarkston Crisis 746-9655/800-669-3176
-Support Group 983-0888

Health Care

Clearwater Valley Medical Clinics
-Kooskia Clinic 926-7801
Idaho County Public Health 983-2842

St. Mary's Hospital 962-3251
-Cottonwood Clinic 962-3267
-Elk City Medical Clinic 842-2652
-Grangeville Clinic 983-6027
Syringa Hospital 983-1700
-Grangeville Clinic 983-8530
-Kooskia Clinic 926-4776

Outdoors & Recreation

BLM Field Off 962-3245
Clearwater NFS
-Lochsa Ranger Station 926-4274
-Moose Creek Dist 926-4258
-Powell Ranger Station 942-3113
-Red River Dist 842-2245
-Salmon River Dist 839-2211
Gospel-Hump Wilderness
-Red River Dist 842-2245
-Salmon River Dist 839-2211
Selway-Bitterroot Wilderness
-Lochsa Ranger Station 926-4274
-Moose Creek Dist 926-4258
-Red River Dist 842-2245

Seniors

Area Agency on Aging of North Central Idaho 667-3179
800-786-5536

COAST (COA) 800-873-9996
800-967-2899

Senior Center Grangeville 983-2033

Veterans
Cnty Services 983-0239
Grangeville CBOC 983-4671

LEWIS 937-2261

Community Services

Lewis Cnty Social Svcs 937-9248

FOOD
Craigmont FB 924-6649
Kamiah FB 926-7128
Nezperce FB 937-9006
WIC Lewis 985-2124

HOUSING - Community Action Partnership - CAP 935-2412
800-326-2412

Early Learning & Education

Craigmont ECEAP 924-5221
Highland JSD 924-5211
Kamiah Joint SD 935-2991

Employment & Job Skills

UI Extension 937-2311

Environmental

Clearwater Resource Conservation & Development Council 882-4960

Family Crisis

YWCA Lewiston/Clarkston Crisis 746-9655/800-669-3176
-Support Group 935-0044

Health Care

Lewis Cnty Social Svcs 937-9248
Lewis County Public Health 935-2124

St. Mary's Clinics
-Craigmont Clinic 924-5504
-Nezperce Clinic 937-2496
-Kamiah Clinic 935-2585

Outdoors & Recreation

Clearwater NFS HQ 935-2513

Seniors

Area Agency on Aging of North Central Idaho 667-3179/
800-786-5536

COAST (COA) 800-873-9996
800-967-2899

SENIOR CENTER

Kamiah 935-0244
Nezperce 957-2465

Veterans 937-9248



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for peace, justice
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(509) 535-1813 535-4112

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- Explores issues
- Offers reflections
- Inspires action

ONLINE
www.thefigtree.org

LC Valley

ASOTIN 243-2081

Community Services

Goodwill 208-743-4528
Salvation Army 208-746-9654
United Way, Twin County
208-743-6594

FOOD

Asotin County FB 758-7085
Community Action Partnership -
CAP Nez Perce County
208-746-3351 208-748-4210
Farmers Market *clarkston-*
farmersmarket@gmail.com

St Vincent de Paul 758-8361
WIC Asotin 243-3344
WIC Clarkston 552-4122

HOUSING

Housing Authority 758-5751
CAP 208-746-3351
Family Promise 208-882-0165
Fuller 208-254-4081
HfH 758-7396
YWCA 208-743-1535
Meal Sites see Nez Perce Cnty

Early Learning & Education

Child Care Aware
800-446-2229/242-3405
Child Care Resource & Referral
(WSU) 800-446-2229
Lewis Clark Early Childhood
208-743-6573

SCHOOL DISTRICTS

Asotin-Anatone SD 243-1100
Clarkston SD 769-2531

Employment & Job Skills

DVR 751-4668/800-657-2929
Goodwill (L) 208-743-8285
Lewis-Clark State College
208-792-5272
Rural Resources/WS 758-5461
Walla Walla CC - Clarkston
Campus 758-3339
WSU Extension 243-2009
WorkSource 758-1716

Family Crisis

Cnty Child Support 243-2065
DCFS Clarkston
751-4686/800-234-6313
YWCA of Lewiston-Clarkston
208-743-1535
-DV Crisis Line 208-746-9655
800-669-3176

Outdoors & Recreation

Field Springs SP 256-3332

Health Care

24 Hr Crisis line 888-544-9986
Asotin Cnty Community
Services 758-8349
DDA Clarkston 751-4637
People First of WA 800-758-1133
Public Health District 243-3344
LC Valley CHAS 208-848-8300
St Joseph Medical Center
208-743-2511/800-678-2511
Quality Bx Health 758-3341

Seniors

Accessors Seniors/Disabled

Exemption 243-2016

Area Aging on Aging of North
Central Idaho (CAP)
208-746-3335/800-746-5450
COAST Transportation 397-2935
Dial-a-Ride (Valley Transit -
Idaho) 208-743-2545
HCS Clarkston 751-4672
-Aging and Disability Resource
Center 758-2355
-Family Caregiver 758-2355
SE Aging and Longterm Care
Council 758-2355/800-965-2582
Senior Round Table Nutrition
Program (MOW) 208-758-3816
Veterans Assistance 758-3959
Transportation 758-3567

GARFIELD 843-3731

Community Services

FOOD
Garfield County FB 843-6158
WIC Garfield Cnty 843-3412
HOUSING
Asotin Cnty Housing Authority
758-5751

Blue Mountain Action Council
(homeless) 529-4980/800-244-5908
STEP Women's Shelter 529-3377
YWCA 208-743-1535

Early Learning & Education

Child Care Aware
800-446-2229/242-3405
Lewis Clark Early Childhood
208-743-6573

Pomeroy SD 843-3393

Employment & Job Skills

DVR 751-4668/800-657-2929
Goodwill (L) 208-743-8285
Rural Resources - WS 758-5461
WSU Extension 843-3701

Family Crisis

DCFS 751-4686/800-234-6313
Helpline Walla Walla 529-3377
YWCA 208-743-1535
DV Crisis Line 208-746-9655
800-669-3176

Health Care

24 Hr Crisis line 888-544-9986
Garfield County Public Health
District 843-3412
Garfield County Public Hospital
843-1591
Quality BH-Pomeroy 843-3791

Outdoors & Recreation

Lewis & Clark Trail SP 684-7000

Seniors

COAST Transportation
397-2935 or 800-873-9996
HCS Clarkston 751-4672
888-310-4881
-HCS Pomeroy 843-3563
Pomeroy Senior Cntr 843-3008
SE Aging and Longterm Care
Council 843-3563/800-965-2582
Transportation 843-3563 /0200
Veterans Assistance 843-1391

NEZ PERCE 476-5615

Community Services

FOOD
Blessed Hope A/G 743-9501
Community Action Partnership -
CAP 746-3351/798-4210
Culdesac - Raising Hope FB
843-2773
Episcopal Church* 743-9121
Nazarene Church - The Roc
Rescue Mission* 743-9501
New Bridges Community 799-0858
Orchards Baptist* 743-5302
St Vincent de Paul 746-7860
Salvation Army 746-9653
Valley Christian 746-0401
WIC Nez Perce 799-0398

HOUSING

Assessor's Programs 799-3010
-Circuit Breaker, Homeowners
Tax Exemption
Community Action Partnership -
CAP 798-4210
800-326-4843
Fuller Center for Housing 254-4081
Family Promise 798-3349

MEALS

MTF (lunch) Roc Rescue Mission*
MTWF (dinner) Salvation Army
Thurs, 2nd/4th (dinner) Orchards
Baptist*
Sat, 2nd/4th (dinner) Episcopal*

Early Learning & Education

EARLY LEARNING
Lewiston Cntrs ECEAP 743-6573
Whitman Cntr ECEAP 743-3882

SCHOOL DISTRICT

Culdesac Joint 843-5413
Lapwai SD 843-2622
Lewiston Indep. 748-3000

Employment & Job Skills

Goodwill 743-4528
ID Dept of Labor 799-5000
IDVR 799-5070
TDD 799-5072

Lewis-Clark State College
208-792-5272

UI Extension 799-3096

Environmental

Clearwater Resource Conservation &
Development Council 882-4960
Hells Canyon Inst- LCSC 793-2529
ID Dept of Environmental Quality
799-4370 877-541-3304
Snake River Alliance 344-9161
Snake River Waterkeeper 806-1303

Family Crisis

YWCA of Lewiston-Clarkston
743-1535
-DV Crisis Line 746-9655
800-669-3176

Health Care

First Step 4 Life 717-3881
Disability Action Center
208-746-9033 800-746-9033
LC Valley CHAS Clinic 848-8300
Nez Perce Cnty Social Services
799-3020
North Central Idaho Public Health
799-3100/866-736-6632
Mental Health Services IDHW
799-4440

St Joseph Regional Medicine
743-2511/800-678-2511

Outdoors & Recreation

Hells Canyon Nat'l Rec 758-0616
Lewiston Parks 746-2313
Nez Perce Parks & Rec 799-3089

Seniors

Area Agency on Aging of North
Central Idaho
667-3179/800-786-5536
COAST (COA) 800-873-9996
800-967-2899

Lewiston Community Center
743-6983

Valley MOW 799-5767

Transportation 298-1340

Veterans

Veterans Advocacy 799-5084
Veterans Home 750-3638
Lewiston CBOC 746-7784
County services 799-30

Resource Directory Community Partners

Directory Partners help us share these resources

to enrich the quality of life in this region

Many Thanks to the 2020 Partners

Banner Bank, Empire Health Foundation, Providence Health,
Second Harvest, Sisters of the Holy Names of Jesus and Mary,
Catholic Charities of Eastern Washington, Community Foundation,
Greater Spokane County Meals on Wheels, Aging & Long Term Care
of Eastern Washington, Dennis Cronin Attorneys at Law and
St. Luke's Episcopal Church Cda

TO LEARN MORE, CALL 535-1813 or 535-4112

EMERGENCY/REFERRAL LISTINGS:

LISTED BELOW ARE SUGGESTED 24 HOUR CRISIS/HOTLINES

WA INFORMATION NETWORK 211
-Eastern WA 211 (Frontier) 866-904-9060

MY SPOKANE, CITY INFO/SVCS 311

DIRECTORY ASSISTANCE 411

TRAVEL INFO (RD CONDITIONS) 511

PHONE PROBLEMS OR CELL CUSTOMER SERVICE 611

WA RELAY (TDD) 711

CALL BEFORE YOU DIG
-Utility Notification Center 811

EMERGENCIES 911

NATIONAL SUICIDE CRISIS (2022) 988

CHILD CARE & DEVELOPMENT

CHILD CARE AWARE OF EASTERN WA
484-0048/800-466-2229

EXPRESS CHILD CARE 354-7312

FAMILY CARE RESOURCES & REFERRAL 484-0048/800-446-2229

HEAD START/EARLY HEAD START/ECEAP 533-4800

LIBERTY PARK COMMUNITY DEVELOPMENT CENTER 534-0957

MARTIN LUTHER KING JR FAMILY CENTER: 455-8722

SPOKANE CHILD DEVELOPMENTAL CENTER 924-2850

JOYA CHILD & DEVELOPMENT CENTER 326-1651

SOUTHWEST SPOKANE COMMUNITY CENTER FREE ECEAP (CME) 385-4896

VANESSA BEHAN CRISIS NURSERY 535-3155

CHILDREN & TEENS CRISIS/SHELTERS

A CUP OF COOL WATER 747-6686

AMBER ALERT (MUPU) 800-543-5678

CHILD WELFARE (DCYF) 800-557-9671
-Intake 800-557-9671
-After hrs 800-562-56234

CROSSWALK 838-6596

EXCELSIOR 328-7041

ODYSSEY 325-3637

LCSNW BEHAVIORAL HEALTH & VICTIM ADVOCACY 747-8224

TAMARACK 326-8100

DOMESTIC VIOLENCE & SEXUAL ASSAULT

TXT LINE 220-3727

SEXUAL ASSAULT 24 HR CRISIS LINE - LCSNW VICTIM ADVOCACY & EDUC 624-7273

YWCA DOMESTIC VIOLENCE
24-hr Helpline 326-CALL (2255)

EMERGENCY

AMERICAN RED CROSS 326-3330

CHAS CLINIC 24/7 Hotline: 866-418-1002

MULTICARE DEACONESS HOSPITAL 458-5800

POISON CONTROL CNTR 800-222-1222

PROVIDENCE SACRED HEART MEDICAL CENTER 474-3344

UNIFY CLINICS 24/7 483-3427

FOOD BANKS AND WIC

FEED SPOKANE 216-7304

NORTHWEST HARVEST 891-7012

SECOND HARVEST 534-6678/800-662-3136

SNAP (FOOD STAMPS) 877-501-2233

WIC
-Family Health Hotline 800-322-2588
-TXT "WIC" to 96859

SENIORS

ALTCEW 458-2509

COMMUNITY LIVING CONNECTIONS 960-7281

DSHS
-Abuse Hotline 866-END-HARM
-APS Intake 800-459-0421/TTY568-3206
-Family Caregiver Support: 458-7450
-Residential Care Services 323-2303
-Spokane HCS 568-3700/800-459-0421

ELDER SERVICES 458-7450

GOLDEN SHERPA 920-2023

SILVER ALERT (MUPU) 800-543-5678

SNAP LONG-TERM CARE OMBUDSMAN 456-7133/ 800-660-7133

SUICIDE & MENTAL HEALTH CRISIS

24/7 REGIONAL CRISIS LINE 877 266-1818

24/7 TEXT LINE: 741741

FAILSAFE FOR LIFE 475-7334

FIRE DEPARTMENT 911

INLAND NW Bx HEALTH 992-1888

PROVIDENCE SACRED HEART ADULT PSYCHIATRY 474-3131

SOBERING UNIT SERVICES 570-7250

TREVOR 866-488-7386
-TXT "Start" to 678678

VETERANS CRISIS LINE 800-273-8255
-TXT 838255

WELFARE & FINANCIAL ASSISTANCE

CATHOLIC CHARITIES 358-4963

COMMUNITY SERVICE OFFICE (DSHS)
washingtonconnection.org 877-501-2233

FAMILY PROMISE 747-5487

SNAP Energy Assistance 456-7111

SSI/SSDI 800-772-1213/TDD 800-325-0778

UNEMPLOYMENT 800-318-6022

WORKERS COMP 800-4BE-SAFE

COMMUNITY RESOURCE DIRECTORIES & GUIDES IN PRINT & ONLINE

211 Washington Info <http://win211.org>

Aging and Long Term Care altcew.org

Family Fun Guide thefamilyguide.org

Housing Referrals, Affordable BUILDINGINW.com HousingIdaho.com
HousingSearchNW.org

In Health NW inlander.com

Parent help 123 parenthelp123.org

Prime - Bozzi Media bozzimedia.com

Spokane Senior Living Guide
spokanewa.innovaging.com

Senior Pages - Spokane SeniorPages.com

SpokaneCares.org

Spokane Cnty United Way VolunteerSpokane.org

Arc of Spokane arc-spokane.org/Resource_Guide

WA Connection washingtonconnection.org

Within Reach withinreachwa.org

North Idaho Services: niseservicesdirectory.com

Sandpoint: sandpointcommunityresource.com

Senior Care seniorcare.com