March 2023 Fig Tree Web Copy

Data on paper can transform lives

I: Editor makes research to update Resource Directory a calling

P: Malcolm Haworth is committed to assuring accuracy and building networks.

Recent directory covers feature people whose stories are shared in The Fig Tree.

By Mary Stamp

Malcolm Haworth, who has been editor of the Inland Northwest’s annual comprehensive Resource Directory for 15 of its 50 years, grew up knowing the value of ecumenical and interfaith networking, relationships and service.

He also grew up with a love for details and research from personal interest in learning about world leaders and research for history studies.

Malcolm now knows that the data he gathers for the directory is more than words on paper. It transforms lives.

Often he has calls from strangers who thank him for his work and tell him how the directory helped them find connections they needed. Just as often, people call seeking assistance and, because he knows the ins and outs of services, he can guide them to the help they need.

“One day I was dropping off some household goods at Goodwill. The man who was unloading my trunk noticed copies of the directory. He told me that when he was homeless, he had picked up a copy at Catholic Charities and found the job at Goodwill. The next day, he found affordable housing.

“He thanked me graciously and asked to take more copies to share with friends,” Malcolm said.

“We are on earth to make a difference, to transform lives of folks when they are down and out, and to offer people opportunities to give back,” Malcolm said, adding that many describe the directory as “gold.”

“It’s a treasure chest full of gems of information,” said Fig Tree editor Mary Stamp, who also responds to calls from people seeking assistance.

For service providers, the Resource Directory helps them realize they are not alone, but part of a larger network of faith, nonprofit and government agencies who care about people.

Malcolm attended United Church of Christ (UCC) churches in Tekoa, Veradale, Cheney and Pullman. He was active in campus ministries at Washington State University, where he earned a bachelor’s degree in history in 2001, and at Eastern Washington University, where he earned a master’s degree in history in 2005. From 2004 to 2007, he was an adjunct teacher with EWU’s American Indian Studies program.

His love of verifying details, researching history and compiling databases—as he did for political campaigns—fit with gathering data on services for vulnerable people and with fostering new networks for faith and nonprofit communities.

In his early years, he volunteered with The Fig Tree, so he was familiar with the Resource Directory.

In 2007, the Interfaith Council turned over publishing the directory to The Fig Tree. As an AmeriCorps volunteer, Malcolm produced the directory for two years, until The Fig Tree hired him as directory editor and ecumenical liaison.

In November 2008, he began as director of the Interfaith Council of the Inland Northwest and as Eastern Washington liaison with the Washington Association of Churches, now the Faith Action Network.

In those roles, he organized the Interfaith Thanksgiving Service, Easter Sunrise Service and Eastern Washington Legislative Conference.

“We do not have details on the first editions of the directory, but John Olson started it after he founded the Spokane Christian Coalition in 1971,” said Mary. “The first edition in our archives is 1978. It had 28 pages, listed congregations and was distributed to hotels, motels, the Chamber of Commerce and congregations.”

Several years after Mary joined the Coalition staff in 1984 to start The Fig Tree, she became involved with gathering data, doing layouts and taking cover photos. When she worked on it until 2000, it also included ministries, human services and justice groups.

From 2005 to 2010, Mark Westbrook, a member of St. Ann’s Parish and ad salesperson at the Spokesman-Review, sold ads for the directory, first for the Council and then for The Fig Tree. Its circulation was 3,000 when he started.

The first edition The Fig Tree published was Volume 35. It had 166 pages and a circulation of 4,500. It listed 869 congregations and 850 agencies.

Malcolm added congregations in the Inland Northwest and more categories.

By 2012, there were 1,100 congregations and 2,300 agencies, with 10,000 copies. In 2018, it had grown to 1,400 congregations and 4,000 agencies listed on 200 pages, and the circulation was 12,000. In 2022, after COVID, there were 1,150 congregations and about 7,000 agencies. The circulation will grow from 18,000 in 2022 to 20,000 in 2023 with an expansion of demand.

“We are unique in the resource and referral industry. We have a reputation for providing trusted information so the Washington 211, Spokane 311 information and referral lines, plus Aging and Long Term Care of Eastern Washington (ALTCEW), use our data,” Malcolm said.

Over the years, several groups developed print or online directories of resources. Often they were limited in scope or audience, or received limited-term local, state and national grants, so they were unable to maintain funding, he said.

From 2009 to 2016, The Fig Tree partnered with Community Colleges of Spokane (CCS). They transferred data from their Spokane Resource Directory, provided funds to print 2,500 copies and offered services of a staff person.

“With our comprehensive directory, families gained access to information for grandparents in the senior section, and for their many other needs in the other sections,” Malcolm said.

“After their funding declined and ended, we invited others to be community partners, placing their logos on the cover as we had done with CCS,” said Mary. “We maintained circulation, continuing to deliver copies to Head Start and Early Learning programs.”

As part of its community partnership, Second Harvest provides volunteers and a truck to deliver bulk orders to about 50 agencies. Catholic Charities’ partnership includes distributing 1,500 copies.

Other 2022 community partners were Rotary 221, Banner Bank, Providence Health Services, Sisters of the Holy Names, Paul Viren & Associates, Innovia Foundation, Empire Health Foundation, Community Building Foundation, Washington Trust Bank, ALTCEW, Northwest Mediation Center, Goodwill Industries, Fred Hutchinson Cancer Research Center, Eastern Washington University, St. Luke’s Episcopal Church and Greater Spokane County Meals on Wheels.

They provided $20,000 in support. With $46,000 from 128 advertisers and donors, production costs are covered. The 2023 budget has been increased.

Each year, Malcolm builds on the previous edition, adding corrections, updates and new materials, and reassessing the categories.

“Faith and nonprofit communities constantly change—staff, phone numbers, emails, websites and even locations. They change their services as grants come and go,” he explained.

During the year, Malcolm contacts congregations and agencies by mail, email, phone and online, adding updates in online files at thefigtree.org.

In the spring, he adds new data for the print edition, which goes to press in late June or early July. In the summer, copies are mailed and delivered.

Malcolm has provided some other services:

• Partnering in 2012 and 2013 with World Relief, he did editions with selected resources translated into Arabic, Chin, Karen, Nepali and Russian.

• During COVID, Malcolm kept up with frequent changes to prepare online COVID editions, updated weekly and then monthly. It included the most current information on food banks and meal sites, locations for testing and vaccinations, and other resources.

• In 2020, he located agencies on a Google map on the website.

Part of Malcolm’s information comes from relationships he builds by attending meetings of networks such as the Homeless Coalition and Food Security Task Force.

Through those connections, Malcolm—who is completing a doctoral dissertation on the relationship of power and leadership in social movements with Gonzaga University’s Leadership Studies program—has discerned a need for a new form of networking. The goal is to help congregations communicate in new ways, such as through an email listserv to share about outreach ministries in order to find ways to collaborate.

“We envision a communication tool to strengthen ties among faiths and nonprofits to collaborate on ongoing and emerging ministries,” he said.

“I do much of the work alone in my home office, but I do not do the work alone. I rely on networks, volunteers, co-workers, donors and events,” Malcolm commented.

“While much is online today, there is still demand for print copies,” Malcolm said. “Being in print and online, we are the ‘go-to’ guide for resources.”

For information, call 216-6090, email resourcedirectory@thefigtree.org or visit thefigtree.org.

Family business was a ministry to the faith community

I: Kaufer’s former owner observed how trends in churches affected sales

P: Ed Sinclair has entered semi-retirement.

By Mary Stamp

In his 55 years as the fourth generation in his family’s business, Kaufer’s Religious Supplies, Ed Sinclair considered the business a ministry—with sales about relationships and meeting the needs of clergy and laity.

“It was amazing what customers shared when they came for a baptismal gift or a condolence card,” he said.

Since 1904, most Kaufer family members have worked in, managed and owned stores in Seattle, Spokane and San Francisco.

Members of the fifth generation chose to pursue other callings in life, said Ed, the great-grandson of Philip Kaufer, who founded the Seattle store with his brother Louis.

In August, Catholic Supply of St. Louis acquired the stores in a merger.

Ed started working in the Seattle warehouse in 1967, first in shipping and receiving, then on the sales floor. Before moving to Spokane in 1981, he visited Catholic, Episcopal, Lutheran and other churches in Washington, Idaho, Montana, Oregon and Utah to establish friendships and business relationships.

“Some might call it sales, but to me it was about relationships and finding ways to meet needs with our goods and connections with manufacturers, artists and artisans,” he said.

Ed was 28 when he and his wife Mary Ann came to Spokane with their three children. He was to work five years with the manager, Mildred Beaudry—then in her 80s—and find its new manager. His great uncle John had hired her when he founded the Spokane store downtown on Monroe. In the 1950s, the store was on Riverside, and in the 1960s, at 716 W. Sprague.

Mildred worked with Ed’s aunt Betty. The store later moved to 907 W. Boone, where Mildred worked until the late 1980s.

Ed and Mary Ann liked Spokane and decided to stay, so Ed went from assistant manager to co-manager to manager.

“In a family business, family members are partners and grow into new positions,” Ed said.

The second generation were his grandfather, Leonard, his great-uncle John, a bachelor who made several months-long visits to Italy to buy religious supplies, and his great aunt Monica.

The third generation were Leonard’s children and two sons-in-law. His son, Bud (John), son-in-law Lee Sinclair, who married Maryhelen (Ed’s parents), and son-in-law Francis Johnson made it a lifelong vocation.

Eight of Ed’s nine siblings and nine of Leonard’s 11 children worked with Kaufer’s. Ed’s brother Jim was manager-owner in Seattle for 39 years. His sister Michele worked 30 years; Jeanmarie, more than 20 years; Mark, 20 years, and Joe, seven years. Jim’s wife, Alina, worked 28 years, and Ed’s wife, Mary Ann, more than 10 years, setting up the company’s computer system in the late 1980s.

Bud opened a Kaufer’s branch as a merger-acquisition in 1969 in San Francisco. He ran it with his son David until it closed in 2014.

“As the fourth generation grew older, we wanted continuity, so we sought to find a good partner,” Ed said.

For 10 years, the Seattle and Spokane stores worked with two Catholic Supply of St. Louis, Inc., and four other stores to produce a catalogue of religious supplies. Each had its own cover. With common inside pages, they saved printing costs.

“Supplies are for more than Catholics,” he said. “Lutheran and Episcopal churches are also liturgical, but people from many churches shopped with us for candles, music, art, palms, vestments, stoles, clergy shirts, altar cloths, altar breads and more.”

Ed noted changes over the years.

In the mid-1960s after Vatican II, Catholic and other churches related with each other more closely.

“For a while, there was less emphasis on tradition, but then tradition returned. For example, the rosary fell out of favor but came back with a vengeance,” said Ed, seeing interest among Episcopalians, too.

“Shifts in how people practice faith reflect what churches buy,” he said. “Music was 11 percent of our business, until recorded songs and sheet music became available online. There were shifts from more use of candles to less, and now candles are more popular than ever. For a while, clergy vestments were simple. Then there was interest in artistic touches.”

Ed consulted on furnishings or art appropriate for a church.

He found it valuable to visit churches to see their setting and meet with people,” he said. “Being in a church, I could see what might be needed.”

Kaufer’s was behind the scenes on many projects.

When St. Ann’s in Bonners Ferry burned down, Ed worked with parishioners as they rebuilt, arranging for wood carvings from Italy.

“It was powerful when they raised up a new 10-foot cross,” he said.

It replaced the 10-foot marble statue of Christ’s crucifixion outside St. Augustine’s after teens damaged it.

It supplied the six-foot carved Mary in the grotto at Gonzaga University and stained glass in the chapel at Sacred Heart Hospital.

Kaufer’s also supplies Palm Sunday palms for many churches.

“In the first generations, our business and niche was considered recession proof, but in the last 25 years we have experienced economic fluctuations,” said Ed. “In 2008, people in the pews were hit in their pocketbooks and gave less to parishes.”

Ed then realized the store was not fully using the building. Half was a warehouse. Staff sorted and discarded items so they could rent half the space.

When Monroe St. and the bridge were closed for construction, Kaufer’s—even though it is a destination business—lost customers who would drop by when driving up Monroe.

Church scandals also disrupted attendance and giving.

“We reflect what happens in churches,” Ed said, “but when COVID closed businesses, people knew we might not be able to continue, so they came to shop to keep our doors open.”

Believing in having a brick-and-mortar store, Ed stuck it out through adverse times.

Ed grew up attending Catholic Mass and going to Catholic schools in Seattle. Inspired by the Christian Brothers order that taught at O’Dea High School, he spent his two years in a monastic community with them while attending Lewis College in Lockport, Ill.

“Living, studying, eating, working and praying together was part of my spiritual formation,” said Ed, who eventually chose to marry and have a family.

His wife, Mary Ann, spent five years with the Good Shepherd Sisters, so they shared having experiences in religious communities.

In 1978, Ed completed a bachelor’s in business administration at Seattle University.

He became involved in the Charismatic Renewal, deepening his personal relationship with God and Jesus, helping him realize even more that the divine was about more than a Sunday relationship. It was about intentionally having the divine be part of all aspects of his life.

The unexpected death of one of their three daughters in 2012 at the age of 33—a special needs child who was like a 12-year-old—had a profound impact on Ed and Mary Ann, but their faith gave them strength.

Being a Kaufer meant more than the legacy of the store. Ed’s great-grandfather, Philip, wrote church music. When his family gathered, they sang.

“College was the first time I realized that not everyone sang in harmony,” said Ed, who was part of a music ensemble, Joyful Noise, in the 1990s. They produced two cassettes with songs they composed and sang, “Show Me the Way” and “As We Gather.” In 2012, Ed and ensemble member, Rick Markealli, composed songs for a CD, “Songs of Healing, Songs of Grace.”

Now semi-retired, Ed works three days on contract with Catholic Supply as senior church supply specialist and mentor. He is grateful they recognize the legacy of Kaufer’s by continuing the business under the Kaufer name.

He is also grateful for all the people—customers—he encountered over the years at Kaufer’s.

“The business was also a ministry. People came through the doors searching. We were part of their lives, listening to stories while they shopped. It was humbling,” Ed said.

“One woman had a phone call while in the store and learned her son had died. She fell to her knees in the aisle. I comforted her with my story of losing my daughter,” he said.

“I always told employees that the ministry and the people we encountered every day at Kaufer’s were a tremendous fringe benefit,” he said.

For information, call 326-7070 or email spokane@kaufers.shop or visit www.kaufers.shop.

Coalition creates culture to end domestic violence

I: Coalition seeks to create a culture to end domestic violence, support victims

P: Annie Murphey heads coalition seeking to end violence.

Photo courtesy of SRDVC

By Marijke Fakasiieiki

The End the Violence Coalition invites the community to change the conversation about domestic violence to create a culture of prevention and support for survivors.

“We need to believe survivors when they disclose abuse. Listening, being involved, volunteering and supporting fundraisers all contribute to solutions,” said Annie Murphey, executive director of the coalition.

The coalition has existed in various forms since the 1990s. It is a partnership among more than 50 organizations including victim advocacy, law enforcement, government officials, nonprofits and community members.

Its vision is for all people to live in safe and secure homes.

Through collaborative leadership and networking, the End the Violence Coalition (also known as the Spokane Regional Domestic Violence Coalition) focuses on providing individuals and families affected by domestic violence with the support and structure they need to change the conversation about domestic violence in meaningful ways.

Annie brings together insights from her faith and social services to address issues and daily concerns about domestic violence in the region.

“For me there is an interesting dichotomy and intersection between religion and violence,” she said. “Stories in the media intersect with that.

“My faith and my family’s faith are part of who we are and, for me, my value system circles around having all people treated with dignity, respect and love,” Annie explained.

“Related to domestic violence, love shouldn’t hurt. I reflect on those values and how we support people and meet them where they are. Some people have not learned healthy communications and interaction skills,” she said. “Parents often discipline the way they were disciplined. There is much work to do around this, in different settings, including the faith-based communities.”

Annie completed a bachelor’s degree in sociology with an emphasis on criminology in 2005 at the University of Montana in Missoula and a master’s degree in social work in 2007 at Eastern Washington University.

Before working at the coalition, she worked with treatment agencies, Spokane County Juvenile Court and then with the New Educational Service District 101 as a licensed social worker related to substance abuse disorders with youth and adult trauma.

The coalition was granted nonprofit status in 2019 and immediately launched the End the Violence Campaign, airing the “End the Violence” documentary in September. The End the Violence campaign raises public awareness using billboards, bus benches, TV and radio as well as in-person training to educate the community around the issue.

Starting in leadership at End the Violence Coalition in March 2020 when the pandemic hit, Annie focused on work with various agencies and people, especially essential workers, to figure out the community’s landscape, share resources for victims and families, and understand what was happening in the community.

In her work with addiction treatment, she had engaged in prevention work in terms of how to “move upstream on these issues” by recognizing how mental health, substance abuse and homelessness are interrelated.

She also acknowledged that the #MeToo movement has opened awareness across the U.S. and “that all around us are women who have their own stories and experiences with dating, sexual and domestic violence.”

Annie reported that one out of three women and one out of 10 men in the Spokane region will be victims of domestic violence in their lifetimes. End the Violence Coalition defines domestic violence as “violence or abuse in any form, by one person against another in a domestic (family) setting and involves intimate partner violence, which is one specific type of domestic violence.”

The coalition’s website includes a power and control wheel further identifying violence as including physical, sexual, emotional and economic abuse, as well as intimidation, isolation, minimizing, blaming, coercing, threatening, using privilege and using children.

“Spokane can change and can create change on this issue,” Annie said.

“In 2023, we are ready to launch an educational toolkit that business owners and managers can use to recognize domestic violence victims in the workplace and tools to provide resources to victims and help workers in unhealthy relationships,” said Annie.

End the Violence Coalition has also partnered with Missing and Murdered Indigenous Women in the region, advocating for the new Indigenous People Alert System, the first of its kind in the nation. The campaign supports networks and connects with the Superior Court and the Department of Corrections through the Domestic Violence Felony Court Initiative.

The coalition collaborates with schools and treatment providers on youth violence prevention and intervention through the Center for Disease Control.

Handle with Care (HWC) is another prevention initiative that started in 2020 with Spokane Regional Health District (SRHD) and Spokane Public Schools (SPS). When a child has been identified at the scene of a traumatic event, police, as part of their routine reporting and documentation process, electronically notify designated school administrators that a child needs to be “handled with care.”

HWC’s goal is to be sensitive about trauma and how to share information, knowing children’s early experiences can impact their ability to participate in school, graduate and achieve their potential in their lifetime.

Through SPS, End the Violence received CARES Act funding from Spokane County commissioners. HWC is now in 11 of 18 county school districts, including border districts that relate to the Spokane Police Department.

The HWC program has had an impact in the Yakima School District, which had about 1,600 referrals in 2021, its first year there.

The program also includes Clark County, Kitsap County and New ESD101. The plan is to gain statewide adoption through a grant from Better Health Together. A bill is before the 2023 legislative session.

Annie explained how health outcomes are affected.

“Those who experience domestic violence are more at risk of diabetes, heart disease and cancer,” Annie added.

Research on health outcomes indicates the need to provide the whole family with tools for healing and transformation to help children be healthy and reduce risk factors in adulthood, she said.

The coalition seeks to share resources in person, print and online with businesses, congregations and organizations, as they try to change the conversation on domestic violence and increase support for families who are impacted in this region.

The coalition is hosting the first annual End the Violence Conference from 9 a.m. to 4 p.m., Tuesday to Wednesday, Feb. 28 to March 1, at Spokane Community College, 1810 N. Greene. Kelsey McKay, an expert on domestic violence, will be the keynote speaker.

For information, call 444-9087, email info@srdvc.org or visit endtheviolencespokane.org.

Assembly gathers people for dialogue and solidarity

I: WCC Assembly example of gathering people for dialogue and solidarity with ‘the least’

P: Gen Heywood turns insights from global gathering into lessons for joining efforts to work for justice regionally.

By Kaye Hult

Speaking at the Eastern Washington Legislative Conference (EWLC) Jan. 21, Gen Heywood, pastor of Veradale United Church of Christ and convener of Faith Leaders and Leaders of Conscience of Eastern Washington and North Idaho, shared insights from the World Council of Churches (WCC) 11th Assembly, in Karlsruhe, Germany in September 2022.

Addressing “Care for Our Common Home: Now and Forever,” she opened with a WCC prayer, asking God’s presence “on a pilgrimage to a new world of justice, reconciliation, unity, peace and wholeness.”

Hoping EWLC participants would be encouraged for local action by learning of global action, she described the relationships built through the WCC’s diversity, gathering more than 3,000 people from its 352 Protestant, Orthodox, Anglican, Evangelical, Pentecostal and other churches every six to eight years. Delegates from 140 different countries set WCC policies.

Participants included Roman Catholics who have long worked with the WCC, and new observers from the Church of Jesus Christ of Latter-day Saints. “The WCC brings people together to share in dialogue and concern for marginalized people,” she said.

Gen quoted the acting general secretary, Ioan Sauca, about the importance of relationships and having “an open and free space for dialogue on any topic with which our world is faced. We cannot and will not take any stand on an ethical issue or faith matter that may divide us.”

She also shared moderator Agnes Abuon’s comments on the relationship of delegates as “a living image of humankind in all its diversity,” bringing stories of people struggling for justice and peace and seeking reconciliation and unity.

Agnes called for confronting the world as it is, broken and marked by human sin—violence and war, communities divided by hate speech, racism and ethnic tensions, and land and communities affected by the climate emergency and economic exploitation.

“In our relationship with one another at the Assembly,” Gen said, “just gathering such varied expressions of Christian faith into one place was an amazing success.”

She asked EWLC attendees to “build relationships and embrace with gratitude those gathered for the conference. We are together in the care of our common home. We have hope. We believe that together we can move the arc of justice.”

Gen recognized the danger of speaking the truth. At the Assembly, the WCC was criticized for including the Russian Orthodox churches, given their role in aggression against Ukraine.

Ioan said the WCC is as an open platform for dialogue and encounter, discussion and challenging one another on the path to unity.

Instead of using the language of politicians to exclude or demonize, he invited using the language of faith to offer a safe platform of encounter and dialogue, “to listen even if we disagree,” said Ioan. “I believe in the power of dialogue and the process toward reconciliation.”

Agnes asked: “When today hate speech is normalized through social media networks; when xenophobia and racism are nurtured by national populism and politics of fear; when the poor face the consequences of climate catastrophe and exploitation driven by the lifestyles of a few who are rich, does it not make sense to call all Christians and churches to re-envision prophetically their mission, witness and unity in relation to Christ’s compassionate love?”

Agnes called for those in churches to be “bold and prophetic. To proclaim Christ’s love and to struggle for human dignity and the life of creation is our call.”

Gen said: “We must have courage and energy to face the danger of speaking the truth. Just as this is necessary in the global context, it is an even more difficult reality in our local context, which brings us to the moral imperative to learn from those most affected.”

She told how WCC leaders visited and listened to communities around the world to raise awareness about rape and gender-based violence through the Thursdays in Black program. Differently-abled leaders were intentionally included in the Assembly leadership, programs and worship. WCC leaders listened to concerns of youth on climate and others who experience exclusion by churches.

Gen was uncomfortable with the theme for the Assembly, “Christ’s Love Moves the World to Reconciliation and Unity,” noting that before there can be reconciliation, there must be genuine repentance. She found that Pan African Women of Faith Ecumenical Empowerment Network (PAWEEN) and the Gathering of Indigenous People had similar concerns.

“There can be no reconciliation without speaking the truth about the treatment Black women have endured from other women, men, churches and societies,” she said. “Genuine apologies are essential.”

PAWEEN creates opportunities to celebrate women leaders, creates resources and shares knowledge to strengthen their relationships, Gen said.

The Indigenous Peoples gathering made a statement to the WCC on the theme. They told how Green industries had impact. For the Sami people, Green industries, coming without permission of the people, have brought heavy equipment into a fragile ecosystem to build windmill farms, destroying Sami land and driving the Sami from their homes. Green energy can be dirty.

“Great Grandmother Mary Lyons and others spoke of the connection between generational trauma and healing connected with the land,” Gen said. “Generational knowledge is still available. Indigenous people must be on committees about climate change.”

Indigenous people said there can be no reconciliation without understanding and healing from the spiritual violence they have experienced from boarding schools, mining and property laws.

In their statement to the WCC, Indigenous peoples called for the WCC to join with them in their healing journeys to recover their God-given identities.

Gen invited EWLC participants to celebrate the relationships they form, to have courage to speak truth, and to listen to and learn from those most affected by systems of injustice.

Gen’s full presentation will soon be online at thefigtree.org under the menu item “Videos.”

For information, call 926-7173 or email genheywood@gmail.com.

Panelists say the greatest need is more affordable housing

I: Conference panelists say the greatest need is to build more affordable housing

P: Kim McCollim, Maurice Smith, Duaa-Rahemaah Williams and Ben Stuckart

The Eastern Washington Legislative Conference (EWLC) plenary on “Housing Is a Human Right” took its theme from Catholic social teaching, said Scott Cooper, director of parish social ministries with Catholic Charities of Eastern Washington (CCEW), as he introduced the session.

“Being in charge of the front desk at Catholic Charities, I find that the single most common call relates to housing,” he said. “There is great need for affordable housing.”

Scott introduced the panelists, Ben Stuckart, director of the Spokane Low-Income Housing Consortium (SLIHC); Duaa-Rahemaah Williams, state organizer with the Washington Low Income Housing Alliance (WLIHA); Maurice Smith, executive director of Rising River Media, and producer of “My Road Leads Home” and other video documentaries on homelessness, and Kim McCollim, director of the City of Spokane Neighborhood, Housing and Human Services division.

Each discussed how to move people from homelessness to housing stability.

Ben said people in Spokane spend three years on a waiting list for federal low-income rent subsidy vouchers.

A University of Washington study of 50 cities finds the U.S. poverty levels correlate with rent rates.

“Homelessness is a housing crisis,” he said, noting subsidies for building low-income housing have been cut 75 percent since the 1970s.

Despite its success, he said Expo ’74 took down 30 percent of Spokane’s low-income housing and the city has not replaced it. In the 1980s, Spokane lost Single Room Occupancy housing and has no plans to replace it.

“If we do not meet basic needs, we can’t meet higher needs. People need a roof over their heads,” said Ben. “Society should guarantee housing.”

He added that, despite laws that people should not pay more than 30 percent of their income on housing, some pay 50 percent or more.

Ben supports a change in zoning to allow for building more triplexes in single family home zones. He also recommends a real estate excise tax to fund multiplex homes.

“We need to have mixed-income neighborhoods for everyone to do well,” he said.

Email benstuckart@gmail.com.

Duaa-Rahemaah said that WLIHA has advocated more than 40 years for housing justice so people of all races, ethnicities, abilities, genders and identities can have safe, healthy, affordable housing.

“We build a power base to make local, state and national changes,” she said, telling of starting the 2015 Community Change Low-Income Housing that has an organizer live in the housing to organize neighbors.

WLIHA also offers a housing justice narrative tool kit.

“Because safe, equal, affordable housing is a basic human need,” she said, “we give voice to the voiceless, especially black, indigenous, people of color, LGBTQ, refugees and immigrants and veterans.

“To promote housing stability, we want voices from lived experience, so people tell stories of what happens when rents increase. We can’t have those who are housed become homeless,” she said.

She supports rent stabilization in HB 1388 to prevent predatory rent practices and HB 1389 to cut the six-months’ notice needed to break a lease if rent is raised.

Email duaarahemaahw@wilha.org.

Maurice has learned about homelessness in 18 years of working among homeless people and recently as day manager at Camp Hope.

In 2000, he went bankrupt and was essentially homeless but because of friends and family, his family did not have to sleep in a car.

His experience includes working with West Central Ministries to feed 150 to 300 people, helping build Truth Ministries and working four years with homeless, marginalized people through Homeless Connect.

Maurice began to educate people by filming the documentary series, “My Road Leads Home” with Community-Minded Television. A recent film, “The Truth about Homeless Camps,” tells of 623 people who lived in one city block, called Camp Hope. He tells how the camp started and why some homeless people do not want to go to a shelter.

“It is a visual testimony to the failure of policies to address homelessness,” he said, describing shrinking the camp to fewer than 120 by offering people stable places to live, giving them bus tickets to family and moving some to the Trent Resource and Assistance Center or the Catholic Charities Catalyst housing.

Maurice is compiling a list of lessons that Camp Hope has taught him about housing.

“With churches, we can move people from chaos to cosmos to shalom to bring order out of disorder, moving the chronically homeless step by step to stability,” he said. “We work with them to bring order back to their lives, so they make better choices and decisions.”

Maurice hopes that as the people experience caring, they will move from survival in the camp to thrive and live in shalom.

“The Camp is shrinking as we move people to better options. That is how we build shalom and how we serve ‘the least of these,’” he said.

Email risingrivermedia@gmail.com.

While Kim McCollim has worked on housing for 30 years—20 with the U.S. Department of Housing and Urban Development (HUD) in Seattle and Spokane—she has been with the City of Spokane for only a short time.

She said one reason homelessness is rising is that in 2012, HUD eliminated transitional housing for domestic violence victims and youth, and stopped supporting housing for seniors and people with disabilities.

She sees the need for long-term care as more baby boomers become seniors.

Kim challenges the “Not In My Back Yard” (NIMBY) mindset, be it about homeless camps, race, shelters or multiplex housing. She urges advocacy in neighborhood councils.

Other factors in homelessness are mental illness and substance abuse, because of a lack of mental health or addiction treatment beds, Kim said.

From working with HUD, she advocates for affordable co-housing so older people are not sick and alone.

Email kmccollim@spokanecity.org.

See videos at youtube.com/user/thefigtree1323/videos.

Tribal members speak on environmental stewardship

I: Tribal members make the point that what benefits tribes is what will benefit all

P: D.R. Michel, Julian Matthews, Jeff Ferguson and Margo Hill raise indigenous perspectives.

For an Eastern Washington Legislative Conference panel, “Indigenous Voices Speak to Environmental Stewardship,” members of the Spokane, Colville Confederated and Nimiipuu tribes discussed environmental issues indigenous communities face locally and globally.

Margo Hill, a Spokane Tribal member who is associate director of Small, Urban, Rural and Tribal Center on Mobility, affirmed the moral imperative to speak and listen to the truth.

A former tribal attorney and judge, she brings lived experience to her teaching tribal health, law, addiction, planning and community development at Eastern Washington University.

“Our tribes live along the Columbia, Spokane and Snake rivers, which have dams for hydropower and flood control. The dams block the return of salmon,” said Margo.

“We are buying lands where we can re-introduce salmon. We work with the Lands Council to restore wetlands and clean water. We work with Spokane Riverkeeper on water conservation and quality, and to restore clean, fast-running rivers,” she said. “We are also working with the American Indian Community Center to secure land for a homesite.”

Sometimes tribes have conflicts with environmental projects, like locating wind turbines on land where the Yakama harvest traditional foods.

“Indigenous people need to be at decision-making tables for environmental justice and climate resilience,” Margo asserted.

Email mhill86@ewu.edu.

Jeff Ferguson, a Spokane tribal member, uses his skills as a freelance photographer and videographer to educate on climate change and Native youth.

Recently, he joined the Earthrise Collective indigenous spiritual gathering at Mt. Sinai before COP27 in Sharm El-Sheikh, Egypt. He is preparing documentaries on both experiences.

Jeff said COP27 divided the haves and have nots. People needed money to attend. He experienced this when his room reservation was changed at the last minute to one that would have been far too expensive. He and other indigenous friends were forced to find private housing.

Content at COP27 also reflected inequities. A friend, Jacob Johns, from Earthrise Collective protested during the video speech by Joe Biden, seeing it as “neo-colonial spin on climate action.” Jacob said carbon trading can “trade the health of one community for the health of another.”

“Indigenous people have solutions to the climate crisis but have no voice,” Jeff said. “Few know what our government negotiating team agrees to. We need Biden to declare a climate emergency and end subsidies to fossil fuels.”

For the EWLC panel, Jeff showed video of Pooven Moodley, an East Indian spiritual leader from South Africa who spoke at COP27.

He was among the indigenous people who gave Jeff hope about leadership, momentum and energy.

“Indigenous people worked in respect, sharing indigenous wisdom as a platform for people to share and call for healing,” he said. “The message from the indigenous people was that now is the time for us to step into our rightful place after centuries of harm, collectively tapping into the wisdom of our ancestors.”

Email jfergusonphotos@yahoo.com.

D.R. Michel, a citizen of the Lakes Band in the Colville Confederated Tribe and executive director of Upper Columbia United Tribes (UCUT) for 14 years, promotes fish, water and wildlife through the voices of 15,000 people in five member tribes, managing 2 million acres of reservation land and 500 miles of waterways.

Formed in 1982 to ensure a healthy future for traditional lands, UCUT unites tribes to address treaty rights and common concerns to benefit all people.

“What we do does not just benefit the tribes, but all citizens in the Inland Northwest,” D.R. said.

“My grandparents were the last generation to fish at Kettle Falls. Five generations later, there are no salmon there for my great-granddaughter,” he said. “We have lost a piece of who we are. It is our responsibility to bring back salmon.”

D.R. calls people to value long-term sustainability and see ecosystem functions as more than costs.

“Some say we can’t afford to put in fish passage at Chief Joseph and Grand Coulee dams,” he said. “We can’t afford not to do it. We need fish passage, along with power and irrigation.”

Hydropower is just $3.3 billion of the $190 billion value of the Columbia River for all uses, he said.

He is excited that fish released in 2017 above Chief Joe Dam remembered their way back and spawned in the Sanpoil and Spokane Rivers.

Fish released by the Coeur d’Alene Tribe at Hangman Creek went to the ocean and one that came back was returned to the tribe.

Beyond flood control and power, D.R. uplifted economic opportunities in fisheries.

“We must educate folks to correct historic wrongs,” he said, “so everyone benefits economically and spiritually.”

Email dr@ucut-nsn.org.

Julian Matthews, coordinator with Nimiipuu Protecting the Environment, seeks to ensure treaty rights to hunt, fish and gather, and to educate tribal youth and adults to protect those rights.

Nimiipuu Protecting the Environment has organized protests of Exxon Mobile transporting megaloads through Nimiipuu territory to Beaver Creek, B.C., to build a pipeline.

Julian seeks to restore rights for the Nez Perce (Nimiiipuu) in the Treaty of 1855, that ceded a million acres to the government in exchange for hunting, fishing and territorial rights.

The tribe seeks to bring salmon to the headwaters of the Snake River, which has four earthen dams.

“Salmon are becoming extinct,” Julian said, “So tribes are working to breach the dams. The baby fish or smolt should float down the river to the ocean. Dams impede the flow. Water behind the dams is warm and kills salmon. Dam turbines also kill salmon.”

He said the dams can be breached so water can flow freely and be cooler.

In addition, Julian is teaching Nimiipuu youth to make paddles and canoes for the first time in 100 years.

“Environmental justice is about the rights to preserve nature,” said Julian, who was raised Catholic and attended Gonzaga University, where he learned teachings that coincide with Nimiipuu belief that all of the life God created is important—including wolves, bears, elk, deer, salmon, the land and water.

Email protectingnimiipuu@gmail.com.

The full comments of panelists are on The Fig Tree YouTube channel at https://www.youtube.com/user/thefigtree1323/videos.

Racial Justice workshop offers open discussion

I: Workshop on Racial Justice Issues gives participants opportunity for open discussion

P: Lisa Gardner and Amy McColm

Leading a discussion at a workshop on “Racial Justice Issues” for the 2023 Eastern Washington Legislative Conference, NAACP Spokane leaders Amy McColm and Lisa Gardner said the NAACP is concerned about far more than voting rights and police violence.

“NAACP Spokane is a place where people of color and white people work together to address issues,” they said.

Amy chairs the Education Committee and Lisa, who, along with being director of communications and community engagement for the Spokane City Council, serves as second vice president of the NAACP.

NAACP Spokane seeks to be at the table to discuss a broad range of social justice issues represented by its committees: economic justice, environmental justice, youth and young adult engagement, legal redress, education, civic engagement, criminal justice and health care.

On health issues, Lisa pointed out that the NAACP is working with Spokane Public Schools to invite students of color to enter the pipeline of those going to college to study for health careers, to be doctors, nurses and psychologists.

“There are few people of color in the health-care industry, so people of color see few people who look like them when they go to an emergency room or a doctor’s office,” she said.

When one workshop participant said she wanted to be involved but “can’t join the NAACP because she is white,” Amy and Lisa were quick to correct her, saying the NAACP encourages white people to join. Given that just 2 percent of Spokane’s population is African American, many members are white.

“We want you to be a member and ally,” Lisa said.

Another participant asked about a comment from someone in her book group that is currently studying racism. The group member suggested that “if you think you are not racist, you may be racist.”

Lisa said that in the NAACP people of color and white people recognize barriers of systemic racism and “figure out together how to disrupt and dismantle the barriers.”

Amy said being together in the NAACP helps people look at implicit bias and talk about civil rights.

“As white people, we need to be correctable when we say things that hurt someone. We can say we are sorry and can thank the person for having the grace to tell us,” she said.

Lisa pointed out that racial justice is a process, listening to those exposed to bias and resistance, and joining them in breaking down the injustices.

Amy said the Education Committee focuses on issues such as pressure on school boards by militant, right-wing groups that want to ban books on racial history and on gender identity.

She spoke of simple educational efforts, like the power of her wearing her well-worn “Black Lives Matter” T-shirt as a means to open conversations.

A third participant did not know about environmental injustices people of color face.

“We learn as we go along,” said Amy.

Jessica Zimmerle, formerly with Earth Ministry/Washington Interfaith Power and Light, said that organization has an intentional anti-racist strategy as it challenges environmental injustices.

Post-George Floyd, Lisa noted that there has been renewed awareness of the need to be inclusive and anti-racist, and the need to promote diversity, equity and inclusion as more than “buzz words.”

“Our members want to do something more than go out and march,” Lisa said.

One attendee explained that an ally is someone who walks side by side.

“A justice co-conspirator is someone who stands beside us and goes all the way,” she said.

For people interested in meeting informally with people of diverse races to build community, Justice Forral of Spokane Community Against Racism (SCAR) said SCAR offers Burrito Sundays each week at 5:30 p.m., Sundays, at Indigenous Eats, 829 E. Boone.

For information, email amymccolm@gmail.com or [lisagardner@gmail.com](mailto:lisagardner@gmail.com).

Food Security speakers invite action for hunger relief

I: Workshop on ‘Food Security’ invited participants to join in hunger relief efforts

P: Aaron Czyzewski

Kathy Hedgcock

By Catherine Ferguson SNJM

Aaron Czyzewski, director of advocacy and public policy for Food Lifeline, told participants in the Jan. 21 Eastern Washington Legislative Conference this is “an ideal time to come together and talk about hunger relief policies and ways that we can work together.”

He was glad to speak with faith-based folks like those at the conference because “faith has no end and provides the fortitude needed for a long struggle.”

Kathy Hedgcock, long-time staff member at Second Harvest of the Inland Northwest, began the virtual session on “Food Security” by affirming that, “as a member of Feeding America, we rely on their government affairs team to keep us aware of public policy at the national level.” In this region, she is proud of their relationship with their peer, Food Lifeline, the food bank distribution center for Western Washington.

Aaron described public policy changes proposed at the federal and state levels and encouraged participants to reach out to their lawmakers to make their desires known.

In reviewing state and federal policy, key players and grassroots strategies, he praised the White House Conference on Hunger, Health and Nutrition called by the Biden-Harris administration, which outlined a strategy to eliminate hunger by 2030.

“If we accomplish what it lays out, we can see a dramatic decrease in hunger,” he commented.

Aaron pointed out that hunger at the national level is addressed through the Supplemental Nutrition Assistance Program (SNAP), the nation’s first line of defense against hunger that puts funds for food in the pocketbooks of many Americans.

Explaining how advocates could act to help end hunger through this program he said, “We are entering a period when SNAP can be shaped. It is a major component of the Farm Bill, which must be reauthorized by Congress in 2023.”

He invited advocates to protect, improve and expand SNAP so it reflects a family’s needs and is accessible to people who qualify, particularly to youth, seniors and immigrants.

Aaron praised Senator Patty Murray’s recent delivery of a permanent program that provides school children a Summer EBT (Electronic Benefit Transfer), offering free meals and snacks to low-income children when out of school for summer or extended breaks.

On policies before the 2023 Washington State Legislature, Food Lifeline looks at issues related food insecurity and on root causes of hunger.

Aaron said the Working Families Tax Credit (HB 1075/SB 5249) would expand previous legislation to ensure that low-income workers who are eligible receive a tax rebate of $300 to $1,200 and to increase the number of people eligible by lowering the age of beneficiaries from 25 to 18 and expands eligibility to people over 65.

Food Lifeline also supports anti-poverty measures like HB 1045 Statewide Guaranteed Basic Income (GBI) to establish a pilot program in the state to put cash in the pockets of people in communities experiencing economic insecurity, and the Wealth Tax on Billionaires HB 1473/SB 5486, which would levy a one percent tax on extreme wealth held in financial intangible property like stocks, bonds and mutual funds for those who earn more than $250 million.

Finally, Aaron urged attendees to share their support of bills important to them by going to the website leg.wa.gov/legislature/Pages/Participating.aspx and clicking “yes” on a bill.

For information, see White-House-National-Strategy-on-Hunger-Nutrition-and-Health-FINAL.pdf at whitehouse.gov.

Food Lifeline’s advocacy page, with its 2023 State Advocacy Agenda and Public Policy Platform, is at foodlifeline.org/advocacy.

Couple describe the missionary tradition of their church

I: Couple describe the missionary tradition and action of their church in the area

P: Chris and Becky LeBaron guide missionaries in region.

Photos courtesy of the LeBarons

Trent shelter after metal beds are set up.

Elders and sisters—known as missionaries—of The Church of Jesus Christ of Latter-day Saints share their love of Jesus Christ by being his hands in serving, teaching and loving, said President Chris and Sister Becky LeBaron.

Called 18 months ago to serve as mission leaders in Spokane, Chris and Becky guide more than 200 elders and sisters serving in North Idaho south to Lewiston, Eastern Washington west to Ritzville and north to Grand Forks, B.C.

Their story gives insight into that program.

Both grew up in the Church of Jesus Christ of Latter-day Saints—Chris in Sacramento and Salt Lake City, and Becky in Fort Collins, Colo. In the mid-1990s, they met as students at Ricks College in Rexburg, Idaho—now Brigham Young University-Idaho.

In 1996, after Becky earned an associate degree in cosmetology, they married and moved to Provo, Utah, where Chris earned a degree in management information systems in the business school at Brigham Young University in 1998.

Chris worked in technology for more than 20 years, including at IBM and Oracle. He was an executive with Salesforce at the time of their call.

The first of their six sons served as a missionary in Argentina, the second in Côte d’Ivoire, the third in Cameroon and New Jersey—returning to the U.S. because of COVID. Their fourth son served in Fort Worth, Texas, before going to South Korea.

An hour after they took him to the airport to go to South Korea, the LeBarons received a call from the church headquarters in Salt Lake City, asking them to meet with the leaders.

“We did not apply. The leaders came to us and asked if we could leave what we were doing to be mission leaders for three years, not saying where we would serve,” he said. “The call came from our prophet and Senior Apostle Russell Nelson, president of The Church of Jesus Christ of the Latter-day Saints.”

Chris explained the church’s senior leadership of 15 men in the First Presidency and 12 Apostles is modeled after Christ and his followers.

Becky said elders are men 18 to 24 who serve 24 months, and sisters are women 19 to 23 who serve 18 months.

Their region has 13 areas that align with what the church calls a “Stake.” Each stake has six to nine congregations, said Becky, with missionaries serving congregations, along with young, single adults attending area and universities.

Sometimes missionaries are older senior couples or sisters, who serve in the mission office, teach religion classes at a university or help congregations.

Chris said missionaries and sisters, who live in apartments the church rents or members’ homes, arise at 6:30 a.m. Until 10 a.m., they study scripture, exercise for 30 minutes, eat breakfast, get ready and plan their day.

Sunday is Sabbath and Monday is a preparation day. From 10 a.m. to noon, Tuesdays to Saturdays, they do service, like serving food at soup kitchens, raking leaves or shoveling snow for elderly people, or helping in a homeless shelter.

At noon, they come home for lunch and an hour of companionship study of Spanish, Marshallese or Swahili to communicate with refugees in Spokane.

After that, they study and read scriptures before they go out to share and teach spiritual messages to invite people to come to Christ, Chris said.

They meet members and friends of the church interested in learning more, people referred by social media or people previously interested in the church. They do less knocking on doors and more meeting and talking with people on the street or in stores, restaurants and parks.

“They meet with anyone who wants to learn more,” said Chris.

He then summarized the church’s origins when Jesus appeared in North America to the indigenous people.

“Joseph Smith at 14 was confused by the different teachings of many religions. He read in James 1:5 that God answers sincere prayers, so he asked God which church was true,” Chris said. “At a grove of trees near his home in Palmyra, N.Y., he prayed. God, the Father, and Jesus Christ appeared.

“This experience and others were his call to be a prophet and gave him the power to translate writings on the gold plates that he found. The contents of these are now in the Book of Mormon. We believe both the Bible and the Book of Mormon to be the Word of God, testifying that Jesus is the Christ,” Chris explained.

“Missionaries leave their families for months to dedicate their lives to Jesus Christ,” said Chris, recalling his two years in the Netherlands, in contrast to his sons who went to impoverished countries. “The mission builds a foundation in our lives, preparing us to face the world’s challenges.”

Becky said the experiences were life-changing for their sons.

As an example of how the missionaries work, the LeBarons told of a pre-Christmas project to build beds for homeless people.

Spokane’s mayor told Jennifer Hicks, the church’s regional communications director, of the need to build beds for people being moved from Camp Hope to the Trent Resource and Assistance Center, run by the Salvation Army.

The shelter had been given wood-frame beds, but shelter operators realized bedbugs are more likely to infest wood than metal.

“We deployed 116 missionaries to go to the Interstate Fairgrounds to assemble metal bed frames the city and county provided,” Chris said. “It shows what we can do as the hands of Christ to bless the lives of the downtrodden.

“They built 350 metal beds—designed with two beds side-by-side with a metal divider between them,” he said.

“They assembled the beds in a few hours, but it took the team four days to move the wood beds out and the new ones in, timing their work so as not to displace anyone in the shelter,” said Becky.

“What better time to do it than the week before Christmas, when the Savior, Mary and Joseph found no place in the inn,” Chris added.

He listed some other projects missionaries have done on their own or with other churches, faiths or groups.

• Before Christmas, they sang at Meals on Wheels Silver Cafes.

• Last spring, they helped Hoopfest with tasks.

• At community events, they help vendors set up booths.

• Last Lent and Easter, they helped Seventh-day Adventists set up and enact “The Journey to the Cross.”

• They helped with Red Cross blood drives and cleaned up branches or uprooted trees after storms.

• They ushered for the Coeur d’Alene multi-faith presentation, “Messiah.”

• Through English Connect, they offer English classes for refugees from Ukraine, Russia, Latin America and Africa.

Becky said people needing services can sign up at justserve.org.

Chris said elders’ and sisters’ efforts drew 355 new members last year. There are now 290,000 members in 554 congregations in Washington, which has seven missions, four temples and 97 family history centers.

The Church of Jesus Christ of Latter-day Saints arrived in the area in 1854. By 1930, there were 1,900 members. The Spokane Stake started in 1947. The Spokane Temple was built in 1999.

“We want friends in other faiths to understand we are disciples of Jesus Christ, sharing his love in actions every day,” Chris said. “We serve anyone who needs helping hands.”

In addition to meeting people, they share their message on Facebook @followersofChristPNW and the national website is comeuntochrist.org.

For information, call 294-6804 or email jennifer.hicks509@yahoo.com.

Whitworth chaplain passes on confidence

I: Whitworth chaplain inspires with and passes on the confidence that marks her life

P: Stephy Nobles-Beans office walls convey some of the messages she seeks to convey to students.

By Emma Maple - intern

Two things that stand out with Whitworth campus pastor Stephy Nobles-Beans—fondly known as Mama Beans by many students—are her immense love for God and an equally immense amount of drive.

Stephy says the story of her hiring at Whitworth in 1996 is her testimonial. She was working for a supervisor who made her job hard because, Stephy believes, she was prejudiced against her as a Christian and as a woman of color.

After taking seven days off work following a car wreck, she walked into her office to find a huge stack of accounts on her desk. Her supervisor told Stephy that she had 30 days to settle all of them.

“The stack was probably three to six months of work,” Stephy said. “She left my cubicle. I cried.

“The Holy Spirit said, go get the newspaper. So, I got the newspaper, and started looking for a job,” she said.

She found an opening at Whitworth for administrative assistant to the vice president of student life and dean of students. She called and learned the application deadline was that day, so she typed her resume and a faith statement, collected references and drove there to turn it in.

The next day, Stephy had a phone interview with Whitworth. A week and a half later, they called asking for an in-person one-on-one. She did it on her lunch break and returned confident.

About a week was left on the 30-day ultimatum her boss had given. No response the third week. On Wednesday of the fourth week, the university called.

They offered her the job that Friday, 30 days after the car wreck. Stephy had already packed up her office and typed a resignation letter.

“I had enough boldness, confidence and trust in God,” she said. “I came to Whitworth University 26 years ago, and the rest is history.”

Stephy has worn several hats at Whitworth. She was an administrative assistant for seven years, and then became coordinator of the chapel.

“It gave me the opportunity to build relationships with students,” said Stephy, who decided to earn a bachelor’s degree. Then her boss retired, and they hired Forrest Buckner as the dean of spiritual life.

He invited her to be the multicultural ministry coordinator to coordinate relationships with students of color and the chapel.

Next, three people—Forrest, a student and her son—encouraged her to work toward her master’s.

At first, Stephy balked, wondering what she would study. She already had a good job, but realized that “sometimes we settle, because we think that’s all we’re capable of doing.”

Finally, she decided not to settle. In 2015, at the age of 60, she started a master’s in leadership at Whitworth, graduating in 2017.

Then, Forrest encouraged her to teach as a professor by building a curriculum and teaching it with him. Together they created “TH 174 - Diverse Christian Leadership,” a course Whitworth has now offered for five years.

Now, Stephy is a campus pastor, as well as associate chaplain for diversity, equity and inclusion for campus ministries and the trainer for diversity, equity and inclusion for human resources at the university.

Her day-to-day life is full, exciting and sometimes “a little overwhelming.”

Along with her Whitworth positions, Stephy started a business selling coffee called “Mama Beans On Holy Grounds.” The business was born from a dream she had when she ran a home for women and children recovering from domestic violence from 2008 to 2017. During that time, she hoped to open a coffee shop in the house, to show women they could be business owners. “It never transpired,” she said, but, at the end of 2021, “the Holy Spirit said to take the dream off the shelf and blow the dust off. I did that and started dreaming.”

Stephy said Mama Beans On Holy Ground is “coffee with a purpose.” The back of the coffee bag reads: “lovingly known as Mama Beans to many throughout the community, Stephy loves connecting conversation and coffee. She is excited about starting her online coffee business. Her vision is to help underrepresented women of color in her community through her program, Brown Girls Magic Leadership. Coffee sales will help women of color reach their potential through the three L’s: Leading, Learning and Loving Leadership Program. Her goal is to help women of color create their own narrative for leadership. Her motto is ‘Brown Skin Girls Lead, Too.’”

As Mama Beans On Holy Grounds completes its first year in March, it has 60 customers.

In January, Stephy started a Wednesday podcast called SHE-BREWS to talk about leadership.

Another of her brainchildren is a leadership and mentoring group called Brown Girls Magic, which she began three years ago.

The group is planning their first Women of Color Conference for Saturday, March 18, at Whitworth’s HUB, featuring a speaker and panel.

About 30 women attend a Wednesday women’s Bible study, which Stephy has led for five years.

Because the women’s Bible study was popular, she started one for the staff this past year.

There’s more: Stephy has written five books, including her newest book, Born to Be a Boss: Brown Skin Girls Lead Too! She describes it as “my little memoir of 30 to 40 years of talking about leadership.”

“I wear many caps. People say, ‘Don’t you ever sit down?’ I try, but it just don’t work. God gives me all these gifts and talents, so I use them in the lanes that he calls me to use them in.”

Stephy’s not letting how busy she is stop her from dreaming. She is starting her own business as a leadership coach.

Her motivation for becoming a leadership coach is to be a role model for other women of color.

“I want women of color to know they can lead, and they can lead well. They can lead in any arena, whether it’s in the courthouse, the schoolhouse or their house. They are able to lead and lead well,” she said.

“Sometimes they don’t have a template or a blueprint, but ‘Oh, she looks just like me, and she’s a leader,’” Stephy said.

When she first became a professor, one of the most impactful moments was having a student of color walk up to her and say, “I can become a professor. I had to see it first. I had to see somebody like me in the classroom teaching and not just sitting.”

After being the role model for one student, Stephy knew she wanted to show more women of color that they could do anything. She wants to help other people uncover their skills.

“We all have a purpose. Some people just don’t know what it is because they haven’t tapped into it,” she said. “As a leader, that’s what I want to teach people. Each of us has gifts and talents that are deeply embedded in us. We don’t know how to get them. I’m motivated to motivate others. I’m bringing my bucket and my shovel, we’re gonna dig out those gifts and talents. I call them pearls and jewels that people have to help build the kingdom of God on earth.”

Stephy’s motivation for all of her work is her “creative flowing juices from the Holy Spirit.”

“I sit and think sometimes. I know I didn’t come up with all this stuff. I just sit and listen to the Holy Spirit,” she said.

Stephy’s love for God is evident.

“I think people think I’m crazy when I talk about God,” she said. “I have seen God’s goodness in my life. I’ve seen miracles performed. Nothing is impossible with God, to them that believe.”

For information, email sbeans@whitworth.edu or visit www.onholygrounds.com.

State legislators listen to their constituents to shape policies

I: State legislators listen to their constituents as they shape policies that affect lives

Editorial

Here we go again! It seems that there is no time for some national elected leaders to shift from political campaigns and take time to govern. For far too many, their governing is over-ruled or made invisible by media as they begin campaigning for re-election in the next round. It would be nice to see them concerned about finding real solutions to issues that plague society.

Media pundits already set them up for sparring and political games to keep readers, viewers and listeners on edge in ways that “hold” their audience. It’s sad to see national leaders follow that spiral.

Media seem less interested on covering state and local campaigns now.

The Eastern Washington Legislative Conference (EWLC) briefings, plenaries and workshops indicate that state legislators are at work making things happen to improve lives. They are less pressed by of media seeking a divisive story. In fact, on the state level, media tend to do their job of informing us about what is happening.

It gives positive room for organizations like the Faith Action Network (FAN) of Washington, the Washington State Catholic Conference (WSCC) and Earth Ministry/Washington Interfaith Power and Light (WAIPL) to inform citizens motivated by their faith values on the status of bills so they can make their voices heard.

In this issue, we share information from EWLC plenary and workshop speakers and discussion leaders. They provided background information to build awareness around issues of housing, environment, refugees, seniors, racial justice and food security.

In the February issue, we reported information on issues and bills offered by FAN, WSCC and Earth Ministry/WAIPL advocates who keep up on issues, build relationships with legislators and create coalitions among faith communities so their concerns are articulated clearly.

Faith Action Network, now in its 10th year, connects with thousands of people and more than 160 faith communities across the state to “partner for the common good” as they advocate “for a more just, peaceful, and sustainable world.” FAN was formed when the Washington Association of Churches and Lutheran Public Policy Office merged.

The Washington State Catholic Conference describes itself as a common voice for Catholics, the public policy voice for the bishops of Washington and “Catholics advocating for the common good, to create a society that recognizes the dignity of every human person.”

Earth Ministry/WAIPL “envisions a just and sustainable future in which people of all spiritual traditions fully embrace their faith’s call to environmental stewardship.”

Elise DeGooyer, executive director of FAN, said state legislators are at work, and people can follow the FAN Bill Tracker at fanwa.org.

“Things are moving as we come close to policy and fiscal cutoff dates,” she said. “Our state legislators are hard at work governing and working to get policies through that impact lives.” At the Feb. 9, FAN Advocacy Day, Elise was impressed by the passion in 41st District Rep. My-Linh Thai’s words to those who gathered.

“She talked about love and doing what is right for humanity as the motivation for her work. She is the first refugee to serve in the our State Legislature,” Elise reported.

Feb. 15, two legislators spoke about criminal justice reform at the Multifaith Lobbying Day for Restorative Justice, and about real people whose lives and stories have shaped their policymaking.

“So at least at the state level, I think they’re really hard at doing the work they were elected to do,” Elise affirmed.

Hearing compassion for people and passion for justice from their faith-based constituents also helps motivate state legislators, so sharing matters.

Mary Stamp - Editor

Women church leaders address unity and witness

I: At WCC closing plenary, women church leaders address church unity and common witness

P: Rosemary Muthoni Mbogo

Jacqueline Grey

Lani Mireya Anaya Jimez, Bran Friesen

In the final plenary of the World Council of Churches 11th Assembly in September at Karlsruhe, Germany, a Kenyan Anglican, an Australian Pentecostal, a Mexican Methodist and a Canadian Mennonite were among church leaders who reflected on “Christian Unity and the Churches’ Common Witness.”

The day’s scripture was on the sons of Zebedee asking Jesus who would sit at his right and left hands, and hearing that “whoever wishes to be great must be a servant.” Jesus called disciples to be servants to one another and the world.

The following are excerpts of their comments.

Rosemary Muthoni Mbogo, who is provincial secretary of and canon in the Anglican Church of Kenya, and was the chair of the Kenya National Council of Churches (NCC) from 2012 to 2018, said “the move to Christian unity is a step-by-step endeavor to understand God’s heart, will and mind.”

“There is no space in the world that is not part of the space encompassed by God’s love,” she said, encouraged that East Africans make visible the unity of Christian bodies through the Week of Prayer for Christian Unity and programs on environment, social justice and serving people in need.

Common actions on national, moral, social, health and economic issues by the Kenya Conference of Catholic Churches, Pentecostal Churches and the NCC give her hope for unity.

“Actions are for men and women, young and old in the church. Let us move with God’s love, using our unique gifts,” said Rosemary, telling of her mixed heritage, born into a Pentecostal family, studying at Catholic schools and then studying for ministry in African traditions.

“Who am I? I am a child of God in the world of God, serving the people of God,” she affirmed.

Jacqueline Grey, pastor and leader in the Pentecostal World Fellowship, professor of biblical studies at Alphacrucis College in Australia, likens the sons of Zebedee to Pentecostal churches, who are young, energetic, visionary often preoccupied with ambition and arrogance, and overwhelmed by rejection and ridicule.

“Some disciples are in conflict with the young upstarts,” she noted. “We have been in conflict with disciples of other traditions, related to proselytism, suspicion and mutual rejection.”

“Jesus calls all together to forget squabbles, agendas and status so they can serve others as he did,” she said.

“In Busan, the WCC proactively reached out to Pentecostals to include us and to invite us to sit at the ecumenical table,” Jacqueline said. “It’s important we are at the table. We are grateful for inclusion. By working on commissions, we build relationships and trust.”

The Global Christian Forum has fostered relationships, so Pentecostals are joining the WCC, she said, and the Pentecostal World Fellowship has an ecumenical commission and dialogues.

Because Pentecostalism is grassroots, Jacqueline said effectiveness is measured by looking at the local levels.

“Locally, we still see frustration,” she noted. “Until it is normal to pray and worship together, we will not see the fruit of our activities, but being together here at the common table, we can share in our common mission.”

Jacqueline is hopeful for the future relationship of Pentecostals in the WCC but noted it is hard for many Pentecostals to come to an expensive assembly because many are poor.

“Our theology and that of many of our young leaders is increasingly ecumenical. It gives me hope. Still, we need deliberate ecumenical engagement to build trust to overcome past and present tensions, suspicions and stereotypes as we come together in Christ’s love,” she said. “We must truly love one another, not just tolerate one another. To love one another, we must know one another in relationships.”

Lani Mireya Anaya Jiménez, of the Methodist Church in Mexico, is a specialist in peace and sustainable development, and does research and projects to bring meaningful participation of women and youth in decision making.

“The core of our faith and the core of the ecumenical movement are that we are united in the triune God, or we are merely another organization in civil society,” she said.

Unity is needed as the world faces polarization and fundamentalism that divide churches from the ecumenical movement and their own churches.

“How do we reconcile with Christians who are not part of the ecumenical movement?” she asked.

Lani saw “structural violence” as young ecumenical leaders were kept out of decision-making roles in WCC structures.

“The young have formed ecumenical spaces in digital networks. How will we show them we want them to join in intergenerational unity?” she asked. “If we do not affirm their roles, what will be our heritage in future generations?”

Bran Friesen of the Mennonite Church in Canada serves on the executive committee of the World Student Christian Federation and World Council of Churches reference group on the Pilgrimage of Justice and Peace. Bran also works with Indigenous leaders and communities across Turtle Island in Canada.

For moving into the future, she said that discomfort can be a gift. Accountability is part of the churches’ role in reconciliation, especially related to harm done to indigenous people.

“We are in an era of deep grief, but truth is being told by youth as bodies of indigenous children are found on the grounds of residential schools,” she said.

She also expressed concern that the climate disaster affects and displaces indigenous people around the world.

Love, Bran said, has led some churches to give public apologies to indigenous people, but “love is not satisfied by words alone. Love means mending wounds.”

Bran said true reconciliation is “reconcile-action” as churches turn inward to heal their own personal and structural wounds from colonization, and then alter church behavior so it no longer hurts people.

“I challenge us to pursue radical actions of accountability to protect the earth and unquestionably return land to Indigenous people,” she said.

“We need to listen to indigenous voices and follow their lead,” Bran advised. “My vision is for every indigenous community to have clean water, food security and housing security, and for women and girls to be believed when they are brave enough to tell us how they have been hurt.

“I hope for a future of reconciliation where we respect the cultures of indigenous people, learn their languages, are joyful with them and celebrate their strengths,” Bran said. “This is the future my generation craves. I challenge churches to do this now, united across denominations, color, privilege, locations and religions—inclusive of youth.”

For information, visit oikoumene.org/assembly/assembly-live#thematic-plenaries.

Hospice of Spokane celebrates its 45 anniversary

Hospice of Spokane was counter-cultural way to assist people when it started 45 years ago

P: Joan Poirier is development director and Gina Drummond is executive director of Hospice of Spokane.

By Catherine Ferguson SNJM

Forty-five years ago, Hospice of Spokane opened its doors—one of only 12 other hospices in the United States at the time.

Barb Savage, one of its five founders, described how they created a Hospice by making the path and walking on it.

“We didn’t know how to get where we wanted to go but we figured it out. We really didn’t know what we were doing,” she said.

Another founder, Johnny Cox, said hospice was an alternate way to care for people who were dying.

His wife, Barb, frustrated as a nurse in the ICU and long-term care, “knew we could do better” in helping people who were dying.

Hospice was a new idea that was both counter-cultural and revolutionary in American health care.

“We were bringing caring for a person who was dying back into their own family with support to assure their comfort, to provide symptom management and to accompany them as they walked through the final days that for many can be scary,” Johnny said.

In 1977, when Hospice of Spokane was founded, nobody knew what it was, so one of the biggest challenges was to educate physicians, nurses and the community so physicians would be comfortable to refer patients.

At first, Hospice of Spokane had enough funds to hire only two staff members, and they worried they might not make payroll.

Now, 45 years later, executive director Gina Drummond and development director, Joan Poirier, said Hospice of Spokane is well-known in the community. It has a hospice house and a staff of about 150 people—including a medical director, nurses, social workers, nurses aides, two full-time chaplains and bereavement counselors. It also has 200 active volunteers and another 100 who volunteer on occasion.

A 12-person board of volunteer trustees is responsible for governance.

Today they serve more than 2,200 patients each year and on any given day are accompanying about 300 people on their end-of-life journeys.

Gina said that hospice care brings a reminder of the importance of relationships.

“Forgiveness and gratitude are so important throughout our lives and certainly at the end,” she commented. “We are reminded not to take anyone or anything for granted.”

There have been many changes for Hospice through the years.

Now they receive payments for their services from Medicare, Medicaid and private insurance companies. In the early years, there was no Medicare or Medicaid reimbursement.

It was such a new concept that education of the health care community—doctors, assisted living facilities, skilled-nursing homes, adult family homes and hospital social workers—was crucial so they would refer those who could benefit from the services hospice provided.

In the early years, Hospice of Spokane was the only program of its type in the region.

Now Hospice of Spokane, Northeast Washington’s only nonprofit hospice, serves Spokane, Ferry, Stevens and Pend Oreille counties.

With their comprehensive staffing, they provide a holistic approach to end-of-life care, addressing the medical, emotional, psychological and spiritual needs of patients with terminal illnesses, along with providing support to their families.

The statistics in their latest annual report reflect their services to terminally ill people and their families in whatever setting they call home.

• They served a total of 824 patients at their hospice house.

• Their team drove 824,760 miles to serve patients.

• They served 452 veterans and paid special tribute to them with a certificate honoring their service.

• Their volunteers donated 8,671 hours to Hospice of Spokane and the patients and families served.

• Their chaplains provided 2,233 visits to patients and their loved ones of all faiths and spiritual backgrounds.

• Hospice’s bereavement counselors have provided grief counseling and support to 4,407 family members and close friends of those who have been served by Hospice of Spokane during the past year.

“We still work hard to get the word out about hospice and our services,” said Gina. “We give presentations wherever people ask us.”

Gina told how she educates people she meets about Hospice.

“When I am in a group of people and asked what I do, I tell them what I do and about hospice. There is often a silence when I finish as people think about a loved one who died recently or a loved one they know who could benefit from our services,” Gina said.

The criteria for admission to hospice are clear and enable hospice to receive per diem payment from Medicare: The person must have a less than six-month prognosis, be no longer seeking progressive or curative treatment and be interested in a palliative care plan that assures their comfort.

If Gina hears that someone might qualify for hospice care, no matter where they are living—even if they are couch surfing or homeless—she encourages people to call for a visit to have the person evaluated.

Joan explained that Hospice of Spokane is weaving its 45th anniversary into all their events this year.

On Feb. 24, they will hold a fundraising event, Taste of Life, at the historic Davenport Hotel.

Later in the year, they plan a Golf Scramble and their annual picnic honoring volunteers.

Both Gina and Joan confirmed that their message on this 45th anniversary is about community.

“We have been through a lot the last few years and we are celebrating that we have just hung in there together,” they said. “We see ourselves as members of the community, working with and for the community.

“In 2023, the community is just coming out of the gloom of the pandemic and all who are in the community, especially health care partners, value our relationships and believe these are moving forward in a good way,” said Gina and Joan.

For information, call 456-0438 or toll-free at 888-459-0438, email jpoirier@hospiceofspokane.org or gdrummond@hospiceofspokane.org, or visit hospiceofspokane.org.

NEWS REPORTS

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Directory seeks advertisers, partners

It’s time for faith, nonprofit, civic, human service, advocacy, cultural and government communities and agencies to submit updates to their listings for the 2023-24 Resource Directory.

The Fig Tree staff are sending email and mail reminders, along with announcing—in this article and by other means—that updates are due March 31.

Organizations with listings and businesses in the region may now renew their ads or request new ads. Advertising revenue funds about two-thirds of the costs of publication and research.

The 2023-24 ad rate sheets are now available. They include a slight increase to cover expected increases in costs for printing and distribution.

For 2023, editors are reaching out to renew support from present and new community partners. Because the space on the front cover was filled for 2022-23, the plan is to add space inside the front cover for logos of community partners who give $500 or more and have the cover space for larger donors.

Because of high demand, few copies are left of the 2022-23 edition, so The Fig Tree will publish 2,000 more copies this year and will make consistent improvements in the online accessibility.

“We encourage leaders of congregations and agencies to mail or email in their updated information to save us postage and time,” said directory editor Malcolm Haworth. “We also welcome donations from individuals and organizations.”

For information, call 535-4112, email resourcedirectory@thefigtree.org or visit thefigtree.org/donate.html.

ALTCEW teaches fall prevention classes

“A Matter of Balance: Managing Concerns About Falls through Aging and Long Term Care,” which teaches fall prevention for those over 60 who are at greater risk of falling, is holding several training sessions for volunteer coaches from 10 a.m. to 2 p.m., Monday, Feb. 27 and Wednesday, March 1, at 1222 N. Post St.

In eight two-hour sessions, coaches will help participants become more confident about managing falls by helping them increase their strength, learn ways to reduce falls and protect themselves if they do fall.

Sessions involve group discussion, problem-solving strategies, videos and gentle physical exercises geared towards offering older adults coping methods to reduce their fear of falling so they can remain active and independent.

“Volunteer coaches should be strong communicators, who enjoy teaching, presenting and working with older adults,” said Philip Helean, program coordinator.

Groups they present to would engage with eight to 12 people in Spokane County and beyond who are concerned about falling.

For information, call 777-1571 or email philip.helean@dshs.wa.gov.

New group helps people access basics

Not-So-Random Acts of Kindness, a new Facebook group for Spokane Helpers Network (SHN), helps people in Spokane, Spokane Valley and Airway Heights find services.

Spokane Helpers Network started during COVID to help people access the basics—food, clothing and hygiene supplies—and then to help people find resources for the long haul. They also have a Help Yourself! Facebook group to link people with needs to services in those three communities.

SHN fills orders for 400 families, with their volunteer base delivering food Monday to Friday.

They deliver three meal kits for a family of four and then upsize the bags for larger families. They have two food depots so they can respond quickly and provide people what they need, hopefully the same day.

SHN delivers hygiene products, laundry detergent and household cleaning supplies.

They also have a school sponsorship program with Stevens, Whitman and Grant Elementary schools that includes helping with winter coats or other needs.

For information, email info@SpokaneHelpersNetwork.org, follow on Facebook @SpokaneHelpers or visit spokanehelpersnetwork.org.

Habitat sets Women Build, Luncheon

Habitat for Humanity-Spokane’s 2023 Women Build will focus on empowering women for gender equity in housing as a way to address the housing crisis and transform lives through safe, decent homes in Spokane County.

Shifts for Women Build will be offered from 8:30 a.m. to noon and from 12:30 to 4:30 p.m., Wednesday to Saturday, March 8 to 11, at the building site in Deer Park.

Persons who are interested in participating may sign up for a spot on the building team by donating a minimum of $50. Participants may register at VolunteerHub for a Women Build volunteer shift.

For information, visit habitat-spokane.org/womenbuild.

The Hope Builders Luncheon Annual Fundraiser for Habitat-Spokane will be held at noon, Thursday, May 11, to raise funds that will provide affordable homeownership opportunities through partnership of volunteers and businesses with individuals and families who need safe, decent and affordable homes.

For information, visit habitat-spokane.org/HBL.

Catholic Supply now operates Kaufer’s

Catholic Supply of St. Louis Inc., a 62-year Catholic family-owned business with two locations in Missouri, purchased the two Pacific Northwest Kaufer companies in August.

The acquisition includes both Kaufer’s Seattle and Spokane locations, which were independently owned and operated. With the purchase, the two locations operate as one unified company in partnership with Catholic Supply to provide “the finest service and products in the Northwest,” said Lara Traina with Catholic Supply.

What this means for Kaufer’s customers is that the staff in the Spokane and Seattle stores will continue. There will be a new, more robust website at kaufers.shop, expanded inventories, a return of Kaufer’s delivery service for church accounts, faster delivery times and greater buying power to provide better selection and prices, she said.

“We’re excited for this new chapter in our company’s long, rich history,” Lara commented.

For information, call 326-7070 or visit kaufers.shop or catholicsupply.com

NAACP Spokane has new president

NAACP Spokane has chosen Kurtis Robinson to move into the role of branch president following Kiantha Duncan’s decision to resign.

Kurtis was first vice president and past president.

“For two years, Kiantha served our branch as president with vigor, grace, diplomacy and courage,” said Kurtis. “Under her leadership, Spokane NAACP saw exceptional growth, forged new and exciting community partnerships, and amplified our branch’s ability to be a meaningful and effective partner in new relationships. We thank Kiantha for her service and commitment to the NAACP and our Spokane Community.”

In her statement, Kiantha said, “I will continue my work in shifting culture, using organizational and leadership development that unites us.”

The branch will proceed with its commitment to advocate where needed and face challenges with diplomacy, understanding and action for the Spokane community, said the board.

The NAACP Spokane Branch has been protecting and expanding the rights of historically impacted people for more than 100 years.

Currently its committees prioritize education, criminal justice needs, civil engagement, healthcare, environmental justice, legal redress and more.

For information, follow @spokane.naacp on Facebook or visit naacpspokane.com.

Lecture addresses witness in age of polarization

The Office of Church Engagement is presenting “Christian Witness in an Age of Polarization,” at 7 p.m., Thursday, March 9, in Weyerhaeuser Hall at Whitworth University.

John Inazu, the Sally Danforth distinguished professor of law and religion at Washington University in St. Louis and the author of Confident Pluralism: Surviving and Thriving through Deep Difference, will present, said David Henreckson, directoro of the Weyerhaeuser Center.

For information, email dhenreckson@whitworth.edu.

Council on Aging needs helpers to deliver

Council on Aging in Colfax seeks volunteers for deliveries for their Meals on Wheels program.

Paige Collins, Council on Aging director, said that volunteers deliver every day of the year to 12 recipients.

Volunteers pick up the meals at the hospital at 11:15 a.m. They deliver the meals and then return the containers to Whitman Hospital.

“Meal delivery routes take just over an hour for people who know Colfax well,” said Paige.

For information, call 397-4305.

Health departments offer guidelines on COVID

Washington State Department of Health is still offering information to people who have tested positive with COVID-19.

These include guidelines for isolation—five days—and quarantine, treatment with health care providers, support—including meal and medication delivery, childcare and other services while recovering from COVID-19—and information about long COVID at doh.wa.gov/emergencies/covid-19.

In addition, Panhandle Health provides case counts and other data at panhandlehealthdistrict.org.

Girl Scouts plan Sweets Before Supper

Girl Scouts of Eastern Washington and Northern Idaho will host Sweets Before Supper, an annual fundraising event from 6 to 9 p.m., Saturday, March 11 at the Davenport Grand Hotel.

There will be tastings of Girl Scout Cookie-inspired bite-sized desserts made by six local chefs, followed by dinner and celebration showcasing Girl Scouts building “Girls of Courage, Confidence and Character.”

They will honor 11 Women of Distinction for their community commitment and leadership as role models for Girl Scouts. Honorees are Avonte Jackson of Kennewick, Cynthia Pemberton of Lewiston, Karen Lauritzen of Post Falls, Vivienne Baldassare of Pullman, Anya Guy of Pullman, Brigit Clary of Richland/Ellensburg, Kim Pearman-Gillman of Spokane, Teresa Bendito of Wenatchee and Posthumous Woman of Distinction award for Sandy Williams of Spokane.

For information, call 747-8091 or visit gsewni.org.

Franciscan sister leads Lenten retreat

Sr. Pat Novak, OSF, is planning Lenten retreat opportunities on the theme, “A Steadfast Spirit Renew within Me,” for prayer, Scripture study, guided reflection, personal quiet space and sharing with others during Lent. The in-person retreat day is 10 a.m. to 3 p.m., Saturday, March 4, at Cardinal Bea House at Gonzaga University, 1107 N. Astor St. A virtual retreat is 9:30 a.m. to 12:30 p.m., Saturday, March 11.

For information or to reserve, call 241-3180 or email pnovak.sjfc@gmail.com.

United Way North Idaho holds luncheon

United Way of North Idaho will hold its 2023 Impact Awards Luncheon from 11:30 a.m. to 1 p.m., Wednesday, March 22, at the Coeur d’Alene Resort.

They will recognize those who give back, including companies that support their work, nonprofits that have received Community Care Fund grants and individuals who support the Coeur d’Alene community nonprofits.

They will recognize the Volunteer of the Year, who has given time to a local nonprofit, and the Nonprofit Professional of the Year, who has committed their career to improve lives in North Idaho, said Jen Reynolds of United Way North Idaho.

For information, call 208-667-8112, email jen@uwnorthidaho.org or visit uwnorthidaho.org/awards.

Hate Studies Conference lists speakers

Gonzaga Center for the Study of Hate and the Community Colleges of Spokane have announced the speakers for the 7th Annual International Conference on Hate Studies on “The Challenges of Hate in the 21st Century.”

It is scheduled for Friday and Saturday, April 20 and 22 at Spokane Community College and virtually.

Gathering speakers from around the world to “address hate in any of its manifestations, it is one of the leading interdisciplinary academic forums on hate, related social problems and ways to create socially just and inclusive communities,” said Jim Mohr and Vicky Nann, conference co-chairs.

Friday Night Banquet Keynote Speaker is Charlene Teters, interim dean of the Institute of American Indian Arts in Santa Fe, N.M., and member of the Spokane Nation.

She is an artist, writer, educator and activist who gained national prominence when she was a graduate student at the University of Indiana Urbana-Champaign, spoke out against depictions of American Indian caricatures used as sport team mascots, and was the subject of an award-winning documentary, “In Whose Honor?” by Jay Rosenstein.

Other speakers include Nimmi Gowrinathan, founder of the Politics of Sexual Violence Initiative; Rae Jereza, a researcher at the Polarization and Extremism Research Lab at American University; Arun Kundnani, who writes about racial capitalism and Islamophobia, surveillance and political violence; David Neiwert, an investigative journalist with Daily Kos; Nicole Nguyen, associate professor of criminology, law and justice, and educational policies at the University of Illinois at Chicago; Zoe Samudzi, a research associate at the Center for the Study of Race, Gender and Class at the University of Johannesburg in South Africa, and Arjun Sethi, editor of American Hate: Survivors Speak Out.

For information, visit gonzaga.edu/icohs.

Faith and Reason sets two lectures

“Reading the Bible with the Church” is the theme of two lectures being presented by the Gonzaga Faith and Reason Institute from 7 to 8:30 p.m. Tuesday, Feb. 28, and Wednesday, March 1.

Speakers include Catherine Tkacz, Theology from Ukrainian Catholic University and Douglas Kries, Philosophy, Gonzaga University, who are co-editors of The Church and Her Scriptures.

Catherine will speak on “The Incarnation as the Reset of Creation” at 7 p.m., Tuesday, in Jepson Center at Gonzaga University. Douglas shares “Faith, Reason and Just War” at 7 p.m., Wednesday, in Cataldo Hall at Gonzaga University.

For information, call 313-6743 or email calhoun@gonzaga.edu.

Barton School seeks volunteers

The Barton School at First Presbyterian Church is seeking volunteers at 8 a.m. Fridays to transport elderly, homebound immigrants for English lessons. The volunteer could stay and help from 9:30 to 11:30 a.m., or return at 11:30 a.m. to take participants home by 12:30 p.m.

For information, email serviceteam@spokanefpc.org.

CALENDAR

Area code is 509 unless otherwise listed.

Feb 27, Mar 1 • A Matter of Balance coach training, Aging and Long Term Care of Eastern Washington (ALTCEW), 1222 N. Post, 10 a.m. to 2 p.m., 777-1571, philip.healean@dshs.wa.gov

Feb 28 - Mar 1 • End the Violence Conference, End the Violence Coalition, Spokane Community College, 1810 N. Greene, 9 a.m. to 4 p.m., endtheviolence.org, eventbrite.com/e/52492906387

• Faith and Reason Institute Lectures, Gonzaga University, “The Incarnation as the Reset of Creation,” Catherine Tkacz, Tues 7 p.m., Jepson; “Faith, Reason and Just War,” Douglas Kries, Wed, 7 p.m.

Mar 1 • Nominations for United Way North Idaho Nonprofit Professional/Volunteer of the Year, uwnorthidaho.org/awards

Mar 2 • Spokane Homeless Coalition, The Gathering House, 733 W. Garland, 9:30 to 10:30 a.m., spokanehc.com

To Mar 3 • Mardi Bras, Hope House Benefit, 318 S. Adams, 2 to 4 p.m. drop off at Hope House, 328-6702

Mar 3 • “Sharing Resources, Transforming Lives,” 50th year of the Resource Directory at The Fig Tree Spring Benefit Lunch, Gonzaga’s Cataldo Hall, 11:30 a.m. to 1 p.m., 535-4112, event@thefigtree.org

Mar 3-4 • 24 Hour Sacred Art Retreat, The Temptation of Christ, Hanna Charlton, Immaculate Heart Retreat Center (IHRC), 6910 S. Ben Burr, 4:30 p.m. to 4:30 p.m., ihrc.net

Mar 3-5 • Rodgers and Hammerstein’s Cinderella, Bing Crosby Theater, 901 W. Sprague, Fri. 3-7 p.m., Sat. 3 and 7 p.m., Sun. 3 p.m., 487-6540

Mar 4 • “Rise Up,” Catholic Youth Conference, Gonzaga Preparatory School, 1224 E. Euclid, 9 a.m. to 9 p.m., 358-7320, bdkraut@dioceseofspokane.org

• 1912 Center Winter Market, 412 E 3rd, Moscow, 9 a.m. to 1 p.m., 208-669-2249

• Lent Retreat Day, “A Steadfast Spirit Renew in Me,” Sr. Patricia Novak, OSF, Bea House, 10 a.m. to 3 p.m., 541-3140, pnovak.sjfc@gmail.com

• Building Brighter Futures Fundraiser, Northeast Youth Center, Northern Quest Resort & Casino, 100 N. Hayford, Airway Heights, 5:30 to 9 p.m., 482-0708

Mar 4, 5 • Spokane Symphony Masterworks 7: Welcome Back, Eckhart, The Fox Theater, 1001 W. Sprague, Sat. 7:30 p.m., Sun., 3 p.m.

Mar 6 • Gonzaga Symphony Orchestra, Rachmaninoff and Mozart Piano Concerto with Richard Goode, piano soloist, Myrtle Woldson Performing Arts Center, 211 E. Desmet ,7:30 p.m., 313-2787

Mar 6-29 • A Matter of Balance: Managing Concerns about Falls, ALTCEW, Parks and Recreation, 615 4th, Cheney, Mons & Weds 11 a.m. to 1 p.m., 777-1571

Mar 6-Apr 3 • BOLD Academy, Peace and Justice Action League of Spokane, Mons 6 to 8 p.m., pjals.org/bold

Mar 7 • Boards in Gear, Nonprofit Association of Washington (NAWA), Gladish Community Center, 115 NW State, Pullman, 8 a.m. to 12 p.m., nonprofitwa.org/event/pullman-boards-in-gear/

Mar 8 • Boards in Gear, NAWA, Walla Walla, 9 a.m. to 1 p.m. nonprofitwa.org/event/walla-walla-boards-in-gear

• Vegan Comfort Foods Cooking Class, Second Harvest, 1234 E. Front, 5 to 8 p.m., 252-6256

• Hispanic Business Professional Association Monthly Meeting, Fiesta Mexicana, 1227 S. Grand Blvd, 6 to 7:30 p.m., hbpaofspokane.org

• International Women’s Day: “My Names Is Andrea,” film and poetry, Magic Lantern Theatre, 25 W. Main, 7 to 10 p.m., 209-2383

Mar 8-11 • Habitat for Humanity-Spokane’s Women Build Event, Deer Park, habitat-spokane.org/womenbuild

Mar 9 • The Eightfold Path of the Fool, Eric Cunningham, explore Eightfold Preparatory Path in Buddhism, Christianity, Islam, Ijing and Modern Chemistry, Harmony Woods Retreat Center, 11507 S. Keeney, 993-2968, harmonywoods.org

• Cardinal Michael Czerny, “Caring for Our Common Home, in This World and with This Climate,” Myrtle Woldson Performing Arts Center, 211 E Desmet, 7 to 8:30 p.m., 719-464-5555

• “Christian Witness in an Age of Polarization,” John Inazu of Washington University in St. Louis, Weyerhaeuser Hall at Whitworth, 7 p.m., whitworth.edu/speaker-series/

• YWCA Spokane Women of Achievement Party 2023, Celebrating Every Woman, The Davenport Grand, 333 W Spokane Falls Blvd, 11 a.m. to 1 p.m., ywcaspokane.org

Mar 9, 23 • Showing Up for Racial Justice, Peace and Justice Action League of Spokane (PJALS), 5:30 p.m., slichty@pjals.org

Mar 10-12 • Worldwide Marriage Encounter Weekend, in person, IHRC, ihrc.net

To Mar 11 • Hostile Terrain 94, Undocumented Migration Project Exhibit of U.S.-Mexico border realities, Jordan Schnitzer Museum of Art, Washington State University,1535 NE Wilson, Pullman, T-F 1 to 4 p.m., Sat 10 a.m. to 4 p.m., 335-1910

• Juventino Aranda: Espere Mucho Tiempo Pa Ver, Intersection of Mexico and America mixing pre-Columbian and current affairs, Jordan Schnitzer Museum of Art, T-S, 10 a.m. to 4 p.m., 335-1910

Mar 11 • Sweets Before Supper Gala, Girl Scouts of Eastern Washington and Northern Idaho, Davenport Grand Hotel, 333 W. Spokane Falls Blvd, Celebrating Eight Women of Distinction, 6 to 9 p.m., 747-8091

• Lent Retreat Morning by Zoom, “A Steadfast Spirit Renew in Me,” Sr. Patricia Novak, OSF, 9:30 a.m. to 12:30 p.m., 241-3180, pnovak.sjfc@gmail.com

Mar 11, 20 • Spokane Jazz Orchestra: Groove Summit II, Bing Crosby Theater, 901 W. Sprague, 7:30 p.m., 227-7404

To Mar 12 • “Gift of a Moment,” Lila Shaw Girvin Art Exhibit, Museum of Arts and Culture, 2316 W. 1st, 10 a.m. to 5 p.m., 456-3931

Mar 12 • Integrating Body and Mind: Alexander Technique and Movement Awareness, Harmony Woods Center, 11507 S. Keeney 1 to 3 p.m., elainebelle.com

Mar 14 • Peace and Justice Action Committee, PJALS, zoom, 5:30 p.m., jarcher@pjals.org

Mar 15 • “Sharing Resources, Transforming Lives,” 50th Anniversary of the Resource Directory at The Fig Tree Spring Breakfast-Time Zoom Benefit, 7:45 to 8:45 a.m., 535-4112, event@thefigtree.org

• Executive Director Coffee Hour, NAWA, 9 a.m. nonprofitwa.org/calendar

• Volunteer Orientation, Thrive International, 110 E. 4th, 11 a.m. to 12 p.m., thriveint.org/events

Mar 17 • Deadline - Annual Jessica Stein Memorial Art Contest for the 2023 Community Observance of the Holocaust at Temple Beth Shalom on Apr. 20

Mar 18 • Cabin Fever Gardening Symposium, Benjamin Vogt, Master Gardeners Foundation of Spokane County, online, 9 to 11 a.m., 477-2181, mgfsc.org

• Celebrating Our Young Artists Winners, performing with Coeur d’Alene Symphony, Schuler Performing Arts Center, 1000 W. Garden, Coeur d’Alene, 7:30 p.m., 208-765-3833

• Spokane Symphony Pops 4: Cirque Musica Symphonic, The Fox Theater, 1001 W. Sprague, 7:30 p.m., 624-1200

Mar 18, 20 • MET Live in HD: Lohengrin, directed by Francois Girard at The Kenworthy, 508 S. Main, Moscow, Sat. 9 a.m., Mon, 6 p.m., Kenworthy.org

Mar 19 • Purple Ribbon Banquet, ”Empowered to Soar” and Live Auction, Women’s Healing and Empowerment Network and Cleone’s Closet Food Pantry, 6 to 8 p.m., Center Place Regional Event Center, 2426 N Discovery Pl, register by March 3, whenetwork.com

Mar 20 • NAACP Spokane General Membership Meeting, 35 W. Main or virtual, 7 p.m., spokanenaacp@gmail.com

Mar 22 • Silent Day of Prayer, Stations of the Cross, A Lenten Retreat, Sr. Sharon Bongiorno, FSPA, IHRC, 9 a.m. to 3 p.m., ihrc.net

• United Way of North Idaho Impact Awards Luncheon, Coeur d’Alene Resort, 11:30 a.m. to 1 p.m., uwnorthidaho.org/awards-luncheon-registration

Mar 24 • Mama Beans 1st Anniversary Celebration and Born to Be a Boss Book Launch, Stephy Nobles Beans, Carl Maxey Center, 3114 E 5th, 6 to 8 p.m., 879-8070, onholygrounds.com

Mar 25 • Deep Peace, A Retreat for Anxiety and Overwhelm, Wellness Therapies Spokane, Harmony Woods Center, 9:30 a.m. to 4 p.m., 481-9629, harmonywoods.org/event/deep-peace/

• Tools for Running an Effective Nonprofit, NAWA, Gonzaga University, 502 E. Boone, 9 a.m. to 3 p.m. nonprofitwa.org/event/spokane-tools-for-running-an-effective-nonprofit

• Spring Fiber Festival, NE Washington Fair Grounds, 317 W Astor, Colville, 10 a.m. to 4 p.m., 684-2585

• El Mercadito Spokane, Latinos En Spokane, West Central Community Center, 1603 W. Belt, 11 a.m. to 3 p.m., info@latinosenspokane.org

Mar 27 • Get Lit! Festival Book Club, Auntie’s Bookstore, 402 W. Main, 838-0206

Mar 28-Apr 20 • A Matter of Balance: Managing Concerns about Falls, ALTCEW, Spokane Valley Fire Department, 2120 N. Wilbur, Tues & Thurs, 2 to 4 p.m., 777-1571

Mar 30 • Uncovered: The Secrets We Hide, four docu-style films on overcoming toxic shame Leon Logothetis, Tedx Speaker and TV host, The Garland Theater, 924 W. Garland, 6 to 9 p.m., storiesuncovered.com

Apr 5 • The Fig Tree Distribution and Mailing, 10 a.m. to 1 p.m., 535-4112, kaye@thefigtree.org

Apr 6 • The Fig Tree Benefit and Board Meeting, 12 to 3 p.m., 535-4112, mary@thefigtree.org

Weds • Open Meditation, Spokane Buddhist Temple, 927 S. Perry, 5:30 to 7 a.m., (206) 979-5570

Suns • Burritos for the People, Spokane Community Against Racism, Indigenous Eats, 829 E. Boone, 5:30 p.m., scarspokane.org

To May 13 • Facing Fire: Art, Wildfire, and the End of Nature in the New West, Jundt Art Museum, 200 E. Desmet, 10 a.m. to 4 p.m., 313-6843

Feb 27, Mar 1 • A Matter of Balance: Managing Concerns about Falls, volunteer coach training, Aging and Long Term Care of Eastern Washington, 1222 N Post, 10 a.m. to 2 p.m., Philip Healean, 777-1571, Philip.healean@dshs.wa.gov

Feb 28 - Mar 1 • First Annual End the Violence Conference, with Kelsey McKay JD, expert on domestic violence and strangulation, Spokane Regional Domestic Violence Coalition, Spokane Community College, 1810 N. Greene, 9 a.m. to 4 p.m., endtheviolence.org, eventbrite.com/e/52492906387

• Faith and Reason Institute, Reading the Bible with the Church Lecture Series, Gonzaga University, “the Incarnation as the Reset of Creation,” Catherine Tkaxz, Ukrainian Catholic University, Tues 7 to 8:30 p.m., Wolff Auditorium, Jepson Center, JC114, “Faith, Reason, and Just War,” Douglas Kries, Philosophy, Gonzaga, Wed, 7 to 8:30 p.m.

Mar 1 • Deadline for Nominations for United Way North Idaho Nonprofit Professional/Volunteer of the Year, uwnorthidaho.org/awards

Mar 2 • Spokane Homeless Coalition, The Gathering House, 9:30 to 10:30 a.m., spokanehc.com

To March 3 • Mardi Bras, Benefit for Hope House, 318 S Adams, 2-4 p.m. drop off on March 3 at Hope House, 328-6702

Mon to Fri • Rafael Soldi: Mother Tongue, immigration, memory and loss, EWU Gallery of Art, 140 Art Building, Cheney, 9 a.m. to 6 p.m., 359-2494

Mar 3 • “Sharing Resources, Transforming Lives,” Celebrating the 50th Anniversary of the Resource Directory at The Fig Tree Spring Benefit Lunch, Gonzaga University, Cataldo Hall, 502 E. Boone, 11:30 a.m. to 1 p.m., 535-4112, development@thefigtree.org

• Purple Ribbon Banquet, Registration Deadline, ”Empowered to Soar” Mar 19, whenetwork.com

Mar 3 to 4 • 24 Hour Sacred Art Retreat, The Temptation of Christ, Hanna Charlton, 4:30 p.m. to 4:30 p.m., ihrc.net

Mar 3, 4, 5 • Rodgers and Hammerstein’s Cinderella, Bing Crosby Theater, 901 W. Sprague Ave., Fri. 3-7 p.m., Sat. 3 & 7 p.m., Sun. 3 p.m., 487-6540

To Mar 4 • Inlander Restaurant Week,100 restaurants serve 3 course meals with The Big Table, InlanderRestaurantWeek.com

Mar 4 • 1912 Center Winter Market, 412 E 3rd, Moscow, 9 a.m. to 1 p.m., (208) 669-2249

• Lent Retreat Day, “A Steadfast Spirit Renew in Me,” Sr. Patricia Novak at Bea House, 10 a.m. to 3 p.m., 509-241-3140, pnovak.sjfc@gmail.com

• Building Brighter Futures Fundraiser, Northeast Youth Center, Northern Quest Resort & Casino, 100 N. Hayford, Airway Heights, 5:30 to 9 p.m., 482-0708

Mar 4 & 5 • Spokane Symphony Masterworks 7: Welcome Back, Eckhart, The Fox Theater, 1001 W. Sprague, Sat. 7:30 p.m., Sun., 3 p.m.

Mar 6 • Gonzaga Symphony Orchestra, Rachmaninoff and Mozart Piano Concerto with Richard Goode, piano soloist, Myrtle Woldson Performing Arts Center, 211 E DeSmet ,7:30 p.m., 313-2787

Mar 6 to 29 Mon, Wed • A Matter of Balance: Managing Concerns about Falls, Aging and Long Term Care of Eastern Washington, Cheney Parks and Recreation, 615 4th, Cheney, 11 a.m. to 1 p.m., 777-1571

Mar 7 • Boards in Gear, Nonprofit Association of Washington, Gladish Community Center, 115 N.W. State, Pullman, 8 a.m. to 12 p.m., nonprofitwa.org/event/pullman-boards-in-gear/

Mar 8 • Boards in Gear, Nonprofit Association of Washington, Walla Walla, Location TBD, 9 a.m. to 1 p.m. nonprofitwa.org/event/walla-walla-boards-in-gear/

• Vegan Comfort Foods Cooking Class, Second Harvest, 1234 E Front, 5 to 8 pm., 252-6256

• International Women’s Day: My Names is Andrea, film screening followed by poetry performance celebration, Magic Lantern Theatre, 25 W. Main, 7 to 10 p.m., 209-2383

Mar 8 to 11 • Habitat for Humanity-Spokane’s Women Build Event, Deer Park, habitat-spokane.org/womenbuild

Mar 9 • Discover your Irish and Scots-Irish Ancestors, The Jacklin Arts & Cultural Center, 405 N William, Post Falls, 10 a.m.to 4 p.m., (208) 771-2912

• The Eightfold Path of the Fool with Prof. Eric Cunningham, exploration of Eightfold Preparatory Path, in Buddhism, Christianight, Islam, Ijing and Modern Chemistry, Harmony Woods Retreat Center, 11507 S Keeney, 993-2968, christi@harmonywoods.org, harmonywoods.org

• Cardinal Michael Czerny, “Car-ing for Our Common Home, in This World and with This Climate,” Cardinal Michael Czerny, Gonzaga University Myrtle Woldson Performing Arts Center, 211 E Desmet, 7 to 8:30 p.m., 719-464-5555

• Christian Witness in an Age of Polarization with John Inazu, law and religions scholar, Washington University, St. Louis, author of Confident Pluralism, Whitworth University, Weyerhaeuser Hall’s Robinson Teaching Theatre, 7 p.m., dhenreckson@whitworth.edu, whitworth.edu/speaker-series/

• YWCA Spokane Women of Achievement Party 2023, Celebrating Every Woman, The Davenport Grand, 333 W Spokane Falls Blvd, 11 a.m. to 1 p.m., ywcaspokane.org

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• Lent Retreat Morning by Zoom, “A Steadfast Spirit Renew in Me,” Sr. Patricia Novak, OSF, 9:30 a.m. to 12:30 p.m. 509-241-3180, pnovak.sjfc@gmail.com

• Stix Diabetes Programs Annual Dinner and Auction, Spokane Convention Center, 334 W. Spokane Falls Blvd, 5:30 to 9:30 p.m., 484-1366

Mar 11, 20 • Spokane Jazz Orchestra: Groove Summit II, Bing Crosby Theater, 901 W. Sprague, 7:30 p.m., 227-7404

To Mar 12 • “Gift of a Moment,” Lila Shaw Girvin Art Exhibit, MAC, 2316 W. 1st Ave, 10 a.m. to 5 p.m., 456-3931

Mar 12 • Integrating Body and Mind: Alexander Technique and Movement Awareness, Harmony Woods Retreat Center, 11507 S. Keeney 1 to 3 p.m., register with Elaine, 415-948-8523, elainebelle.com

Mar 14 • Peace and Justice Action Committee, Peace and Justice Action League of Spokane, zoom, 5:30 p.m., jarcher@pjals.org

Mar 15 • “Sharing Resources, Transforming Lives,” Celebrating the 50th Anniversary of the Resource Directory at The Fig Tree Spring Breakfast-Time Zoom Benefit, 7:45 to 8:45 a.m., 535-4112, development@thefigtree.org

• Executive Director Coffee Hour, Nonprofit Association of Washington, 9 to 10 a.m. nonprofitwa.org/calendar/

• Volunteer Orientation, Thrive International, 110 E. 4th, 11 a.m. to 12 p.m., thriveint.org/events

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• Celebrating Our Young Artists Winners, performing with the Coeur d’Alene Symphony, Schuler Performing Arts Center, 1000 W Garden, Coeur d’Alene, 7:30 p.m., (208) 765-3833

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Mar 24 • Mama Beans 1st Anniversary Celebration and Born to Be a Boss Book Launch with Stephy Nobles Beans, Carl Maxey Center, 3114 E 5th, 6 to 8 p.m., 879-8070, onholygrounds.com

Mar 25 • Deep Peace, A Retreat for Anxiety and Overwhelm, learn and practice meditation, breathwork and qigong (mindful movement), Wellness Therapies Spokane, Harmony Woods Retreat Center, 9:30 a.m. to 4 p.m., 481-9629, info@wellnesstherapiesspokane.com, https://harmonywoods.org/event/deep-peace/

• Tools for Running an Effective Nonprofit, Nonprofit Association of Washington, Gonzaga University, 502 E Boone, 9 a.m. to 3 p.m. nonprofitwa.org/event/spokane-tools-for-running-an-effective-nonprofit/

• Spring Fiber Festival, Northeast Washington Fair Grounds, 317 W Astor, Colville, 10 a.m. to 4 p.m., 684-2585

• El Mercadito Spokane, Latinos En Spokane, West Central Community Center, 1603 W. Belt, 11 a.m. to 3 p.m., info@latinosenspokane.org

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Mar 28 to Apr 20 T, Th • A Matter of Balance: Managing Concerns about Falls, Aging and Long Term Care of Eastern Washington, Spokane Valley Fire Department, 2120 N Wilbur, Spokane Valley, 2 to 4 p.m., 777-1571

Mar 30 • Uncovered: The Secrets We Hide, Premiere Screening of 4 short docu-style films on overcoming toxic shame and secrets we hide from those around us and sometimes even ourselves, featuring Leon Logothetis, TedX Speaker and TV host, The Garland Theater, 924 W Garland, 6 to 9 p.m., StoriesUncovered.com

Apr 6 • The Fig Tree Distribution and Mailing, 10 a.m. to 1 p.m., 535-4112, kaye@thefigtree.org

Apr 7 • The Fig Tree Benefit and Board Meeting, 12 to 3 p.m., 535-4112, mary@thefigtree.org

Weds • Open Meditation, Spokane Buddhist Temple, 927 S. Perry, 5:30 to 7 a.m., (206) 979-5570

Sats • Safar, Middle Eastern fusion and classical band and belly dancers, Lebanon Restaurant & Café, 5:30 p.m. (6:30 p.m. first Sat.) 279-2124

Suns • Burritos for the People, Spokane Community Against Racism, Compassionate Addiction Treatment, 168 S. Divison, 8:30 to 10 a.m., scarspokane.org

To May 13 • Facing Fire: Art, Wildfire, and the End of Nature in the New West, Jundt Art Museum, 200 E. Desmet Ave., 10 a.m. to 4 p.m., 313-6843